

Southern Conference Men's Outdoor Track Records

Event	Mark	Metric	Athlete	Year
100-meter Dash	10.1		Greg Hatchett, VMI	1990
200-meter Dash	20.80		Calvin Alston, East Carolina	1977
400-meter Dash	45.77		Mario Small, VMI	1991
800-meter Run	1:49.20		Phil Barker, Furman	1977
1,500-meter Run	3:40.04		Kevin Cropp, William & Mary	1977
3,000-meter Steeplechase	8:49.77		Todd Crosson, Marshall	1988
5,000-meter Run	14:13.06		Adrian Leek, East Tennessee State	1981
10,000-meter Run	29:21.30		Adrian Leek, East Tennessee State	1979
110-meter High Hurdles	14.1		Marvin Rankins, East Carolina	1977
			Tim Bridges, VMI	1979 & 1980
400-meter Intermediate Hurdles	50.70		David Anderson, Furman	1977
Long Jump	25'3"	7.62m	Michael Hanks, Appalachian State	1987
Triple Jump	52'8½"	15.85m	Mike Hanks, Appalachian State	1986
High Jump	7'1¼"	2.13m	Charles Mack, Appalachian State	1984
Shot Put	58'1.75"	17.72m	Anthony Greer, Appalachian State	2005
Discus	170'10"	51.82m	Kevin Sowers, Marshall	1995
Javelin	235'7"	71.63m	Jeff Roseme, VMI	1981
Hammer Throw	198'8"	60.35m	Sheldon Johnson, VMI	1986
Pole Vault	17'5¼"	5.18m	Todd Poremba, Appalachian State	1998
4x100-meter Relay	39.91		Appalachian State	2003
4x400-meter Relay	3:10.50		VMI	1984
Decathlon	6,287		Andrew Whitson, East Tennessee State	2000

Southern Conference Women's Outdoor Track Records

Event	Mark	Metric	Athlete	Year
100-meter	11.45		Melissa Morrison, Appalachian State	1993
200-meter	23.50		Lamonda Miller, Appalachian State	1989
400-meter Dash	53.55		Angela Rowe, Western Carolina	1995
800-meter Run	2:07.93		Mary Jayne Harrelson, Appalachian State	1999
1,500-meter Run	4:22.95		Shannon Wommack, Chattanooga	2006
3,000-meter Run	9:37.66		Whitney Ball, Appalachian State	1989
5,000-meter Run	16:49.10		Whitney Ball, Appalachian State	1989
10,000-meter Run	36:05.16		Whitney Ball, Appalachian State	1990
100-meter Hurdles	13.70		Melissa Morrison, Appalachian State	1993
400-meter Hurdles	59.72		Marlo Mincey, Georgia Southern	2004
3,000 Steeplechase	10:24.87		Shannon Wommack, Chattanooga	2006
Long Jump	20'5.25"	6.1m	Melissa Morrison, Appalachian State	1993
Triple Jump	42'6.75"	12.8m	Taneisha Robinson, East Tennessee State	1999
High Jump	5'9.75"	1.77m	Virginia LaCombe, Western Carolina	2001
Pole Vault	13' 1.5"	4.00m	Laura Tieszen	2004
Javelin	174'11"	53.04m	Meg Warren, Appalachian State	1987
Discus	152'1"	46.33m	Ayokka Green, Appalachian State	1998
Shot Put	50'10.25"	15.50m	Beverly Burnett, Appalachian State	2005
Hammer	181'04"	55.27m	Nikole Simmons, Appalachian State	2005
4x100-meter Relay	45.71		Appalachian State	1993
			Alicia Foust, Alice Vinson, Katrina Lee, Melissa Morrison	
4x400-meter Relay	3:45.16		Georgia Southern	2003
Heptathlon	5361		Tylenana Hanner, Chattanooga	2001

Southern Conference Men's Champions

Year	Site	Champion	Year	Site	Champion	Year	Site	Champion
1923	Montgomery, AL	Mississippi State	1951	Chapel Hill, NC	Maryland	1980	Charleston, SC	Appalachian State
1924N	Charlottesville, VA	Virginia	1952	Chapel Hill, NC	Maryland	1981	Boone, NC	VMI
1924S	Montgomery, AL	Mississippi State	1953	Durham, NC	Maryland	1982	Greenville, SC	VMI
1925	Sewanee, TN	Mississippi State	1954	Ft. Eustis, VA	VMI	1983	Lexington, VA	VMI
1926	Chapel Hill, NC	North Carolina	1955	Ft. Eustis, VA	VMI	1984	Huntington, WV	Appalachian State
1927	Baton Rouge, LA	Louisiana State	1956	Williamsburg, VA	Virginia Tech	1985	Boone, NC	Appalachian State
1928	Birmingham, AL	Louisiana State	1957	Williamsburg, VA	William & Mary	1986	Huntington, WV	Appalachian State
1929	Birmingham, AL	Louisiana State	1958	Williamsburg, VA	William & Mary	1987	Boone, NC	Appalachian State
1930	Birmingham, AL	North Carolina	1959	Williamsburg, VA	The Citadel	1988	Lexington, VA	VMI
1931	Birmingham, AL	Tulane	1960	Williamsburg, VA	The Citadel	1989	Huntington, WV	Appalachian State
1932	Atlanta, GA	Louisiana State	1961	Williamsburg, VA	The Citadel	1990	Boone, NC	VMI
1933	Durham, NC	North Carolina	1962	Norfolk, VA	Furman	1991	Lexington, VA	VMI
1934	Durham, NC	North Carolina	1963	Charleston, WV	Furman	1992	Huntington, WV	Appalachian State
1935	Durham, NC	North Carolina	1964	Williamsburg, VA	West Virginia	1993	Boone, NC	Appalachian State
1936	Durham, NC	Duke	1965	Greenville, SC	Furman	1994	Lexington, VA	VMI
1937	Durham, NC	Duke	1966	Ft. Eustis, VA	William & Mary	1995	Huntington, WV	Appalachian State
1938	Durham, NC	North Carolina	1967	Ft. Eustis, VA	William & Mary	1996	Johnson City, TN	Appalachian State
1939	Chapel Hill, NC	North Carolina	1968	Ft. Eustis, VA	William & Mary	1997	Boone, NC	VMI
1940	Williamsburg, VA	North Carolina	1969	Ft. Eustis, VA	William & Mary	1998	Lexington, VA	VMI
1941	Williamsburg, VA	Duke	1970	Ft. Eustis, VA	William & Mary	1999	Johnson City, TN	Western Carolina
1942	Chapel Hill, NC	North Carolina	1971	Ft. Eustis, VA	William & Mary	2000	Boone, NC	VMI
1943	Chapel Hill, NC	North Carolina	1972	Greenville, SC	William & Mary	2001	Lexington, VA	Appalachian State
1944	NO MEET		1973	Greenville, NC	William & Mary	2002	Johnson City, TN	Appalachian State
1945	NO MEET		1974	Richmond, VA	William & Mary	2003	Boone, NC	Appalachian State
1946	Chapel Hill, NC	Duke	1975	Williamsburg, VA	William & Mary	2004	Boone, NC	Appalachian State
1947	Chapel Hill, NC	North Carolina	1976	Davidson, NC	East Carolina	2005	Cullowhee, NC	Appalachian State
1948	Chapel Hill, NC	North Carolina	1977	Greenville, SC	East Carolina	2006	Statesboro, GA	Western Carolina
1949	Chapel Hill, NC	North Carolina	1978	Huntington, WV	VMI			
1950	Chapel Hill, NC	North Carolina	1979	Boone, NC	VMI			

Southern Conference Men's Honors

Coach of the Year

1978	Wade Williams, VMI
1979	Bob Pollock, ASU
1980	Bob Pollock, ASU
1981	Stan Narewski, Furman
1982	Wade Williams, VMI
1983	Wade Williams, VMI
1984	Bob Pollock, ASU
1985	Don Millwood, WCU
1986	Bob Pollock, ASU
1987	Bob Pollock, ASU
1988	Mike Bozeman, VMI
1989	Dave Walker, ETSU
1990	Danny Williamson, WCU
1991	Mike Bozeman, VMI
1992	Dennis Brachna, Marshall
1993	Al Fereshetian, ASU
1994	Mike Bozeman, VMI
1995	Danny Williamson, WCU
1996	John Weaver, ASU
1997	Mike Bozeman, VMI
1998	Mike Bozeman, VMI
1999	Danny Williamson, WCU'
2000	Mike Bozeman, VMI
2001	John Weaver, Appalachian State
2002	John Weaver, Appalachian State
2003	John Weaver, Appalachian State
2004	John Weaver, Appalachina State
2005	John Weaver, Appalachina State
2006	Gary Andrew, Davidson and Danny Williamson, Western Carolina

Outstanding Performer

1978	David Washington, VMI
1979	Adrian Leek, ETSU
1980	Lafette Jordan, ASU
1981	Robbie Mosley, ASU
	Adrian Leek, ETSU
	& David Washington, VMI
1982	Kevin Johnson, ETSU
1983	Dale Davis, VMI
	& James Barham, ETSU
1984	Sylvester Davis, VMI
1985	Curtis Handy, The Citadel
1986	Mike Hanks, ASU
1987	Mike Hanks, ASU
1988	Leigh Hawkins, ASU
1989	Leigh Hawkins, ASU
1990	James Hynes, ETSU
1991	Mario Small, VMI
1992	Shawn Miller, WCU
1993	Jason Dalton, ASU
1994	Shawn Miller, WCU
1995	Jeff Capps, WCU
1996	Robert Johnson, ASU
1997	Will Dickerson, ASU
1998	Declan Fehy, ETSU
1999	Phillip Johnson, WCU
2000	Marcus Lynch, VMI
2001	Ben Bisette, Appalachian State

2002	Ryan Linebarger, Appalachian State (T)
	Bob Smith, Appalachian State (F)
2003	Jason Green, Appalachian State (T)
	Adrien Borders (F)
2004	Steven Kocsis, Chattanooga (T)
	Bob Smith, Appalachian State (F)
2005	Michael Malone, Western Carolina (T)
	Anthony Greer, Appalachian State (F)
2006	Adam Puett, Western Carolina (T)
	Katon Bethay, Wofford (F)

Freshman of the Year

1992	Jason Dalton, ASU
1993	Holm Ankoma-Sey, VMI
1994	Danion Sidney, ETSU
1995	Seth Peoples, ASU
1996	Zach Whitmarsh, ETSU
1997	Tim Thomas, WCU
1998	Marcus Lynch, VMI
1999	Kenyon Doyle, The Citadel
2000	Kevin Solomon, VMI
2001	Nick McNeil, Western Carolina
2002	Adrien Borders, Wofford
2003	John Robertson, Western Carolina
2004	Bryan Burney, Appalachian State
2005	Zeb Johnson, Western Carolina
2006	Shaquill Smith, The Citadel

SoCon Men's NCAA Champions

Year	Event	Place	Mark	Athlete
1921	Pole Vault	1st	12'0"	Longino Welch, Georgia Tech
1927	120-yard High Hurdles	1st	14.90	Weems Baskin, Auburn
1927	Long Jump	1st	24'1"	Edward Hamm, Georgia Tech
1928	Long Jump	1st	25'0"	Edward Hamm, Georgia Tech
1948	440-yard Run	1st	47.20	Norman Rucks, South Carolina

SoCon Women's NCAA Champions

Event	Mark	Athlete	Year
1500 Meters	4:21.06	Mary Jayne Harrelson, Appalachian State	1999
1500 Meters	4:14.30	Mary Jayne Harrelson, Appalachian State	2001

Southern Conference Women's Champions

Year	Site	Champion	Year	Site	Champion	Year	Site	Champion
1987	Boone, NC	Appalachian State	1994	Lexington, VA	Appalachian State	2001	Lexington, VA	Western Carolina
1988	Lexington, VA	Appalachian State	1995	Huntington, WV	Appalachian State	2002	Johnson City, TN	Appalachian State
1989	Huntington, WV	Appalachian State	1996	Johnson City, TN	East Tennessee State	2003	Boone, NC	Appalachian State
1990	Boone, NC	Appalachian State	1997	Boone, NC	Western Carolina	2004	Boone, NC	Appalachian State
1991	Lexington, VA	Appalachian State	1998	Lexington, VA	Appalachian State	2005	Cullowhee, NC	Appalachian State
1992	Huntington, WV	Appalachian State	1999	Johnson City, TN	Western Carolina	2006	Statesboro, GA	Appalachian State
1993	Boone, N.C.	Appalachian State	2000	Boone, NC	Western Carolina			

Southern Conference Women's Honors

Coach of the Year

1987	John Weaver, Appalachian State
1988	Dennis Brachna, Marshall
1989	Tom Roberts, East Tennessee State
1990	Dennis Brachna, Marshall
1991	John Weaver, Appalachian State
1992	John Weaver, Appalachian State
1993	John Weaver, Appalachian State
1994	John Weaver, Appalachian State
1995	John Weaver, Appalachian State
1996	Michelle Byrne, East Tennessee State
1997	Danny Williamson, Western Carolina
1998	John Weaver, Appalachian State
1999	Danny Williamson, Western Carolina
2000	Danny Williamson, Western Carolina
2001	Danny Williamson, Western Carolina
2002	John Weaver, Appalachian State
2003	Todd Lane, Georgia Southern
2004	Tood Lane, Georgia Southern and John Weaver, Appalachian State
2005	Shaun Meinecke, Georgia Southern
2006	Shaun Meinecke, Georgia Southern

Outstanding Performer

1987	Meg Warren, Appalachian State
1988	Lamonda Miller, Appalachian State
1989	Whitney Ball, Appalachian State
1990	Vanessa Kosmala, Appalachian State
1991	Von Ross, Western Carolina
1992	Leigh Wallace, Appalachian State
1993	Melissa Morrison, Appalachian State
1994	Rita Roberts, Western Carolina
1995	Angela Rowe, Western Carolina
1996	Rahma Mateen, Western Carolina
1997	Daree Thompson, Western Carolina
1998	Taneisha Robinson, E. Tennessee St.
1999	Mary Jayne Harrelson, ASU
2000	Tyleanna Hanner, Chattanooga
2001	Virginia LaCombe, WCU & Tyleanna Hanner, UTC
2002	Ronda Wright, Appalachian State (T) Virginia LaCombe, Western Carolina (F)
2003	Gina Recher, Chattanooga (T) LaShana Poole, Appalachian State (F)
2004	Jennifer Claud, Appalachian State (T) Laura Tieszen, Western Carolina (F)

2005	Shannon Wommack, Chattanooga (T) Laura Tieszen, Western Carolina (F)
2006	Shannon Wommack, Chattanooga (T) Stephanie McNeill, The Citadel (F)

Freshman of the Year

1992	Meghan Morrall, Marshall
1993	Heather VandeBrake, Furman
1994	Beth Rack, Marshall
1995	Michelle Gregg, East Tennessee State
1996	Chandra Nelson, Marshall
1997	Mary Jayne Harrelson, Appalachian St.
1998	Shonte Pinkston, Appalachian State
1999	Ashley Herendon, WCU
2000	Alison Frese, Chattanooga
2001	Oddbjorg Haugen, Chattanooga
2002	Jennifer Claud, Appalachian State
2003	Reshedah Arnold, Georgia Southern
2004	Kathleen Turchin, Chattanooga11
2005	Raquel Ramseur, Western Carolina
2006	Emily King, Davidson

2006 Men's Outdoor Track & Field Championships

Team Results

Team	Points
1. Western Carolina	258.5
2. Appalachian State	244.5
3. Davidson	84
4. The Citadel	77
5. Furman	58
6. Chattanooga	51
7. Wofford	18

100 Meter Dash

1. Zeb Johnson, WCU	10.88
2. Kevon Johnson, WCU	10.96
3. Michael Malone, WCU	10.99
4. Eugene Jones, ASU	11.02
5. Charles White, ASU	11.12
6. Ryan Hubbard, Dav	11.14

200 Meter Dash

1. Zeb Johnson, WCU	21.63
2. Manteo Mitchell, WCU	21.67
3. Milton Bolton	21.94
4. Ryan Hubbard, Dav	22.13
5. Kevin Johnson, WCU	22.14
6. James Gregory, WCU	22.14

400 Meter Dash

1. Manteo Mitchell, WCU	47.20
2. Milton Bolton, WCU	47.5
3. James Gregory, WCU	49.00
4. Johnny Svoda, ASU	49.56
5. Charleton Grant, WCU	49.6
6. Jonathan Vallejo, Cit	49.90

800 Meter Run

1. Jeff Williams, UNCG	1:51.79
2. Patrick Morgan, Fur	1:52.37
3. Adam Puett, WCU	1:53.29
4. Douglas Noreen, Dav	1:54.56
5. Marcus Butler, Cit	1:54.86
6. Jordan Longstreth, UTC	1:55.98

1,500 Meter Run

1. Adam Puett, WCU	3:56.93
2. Douglas Noreen, Dav	3:58.68
3. Michael Mentz, UTC	3:59.21
4. Jeff Taylor, UTC	4:00.19
5. Andrew Mullen, Fur	4:00.71
6. Charles Kutz, Cit	4:01.43

5,000 Meter Run

1. Colin Sullivan, UTC	14:42.18
2. Tyler Johnson, Fur	14:45.55
3. Ian Mayne, UTC	14:50.19
4. Adam Puett, WCU	14:57.83
5. Jonathan Baker, Dav	14:58.77
6. Brian Deal, ASU	15:02.63

10,000 Meters

1. Jonathan Baker, Dav	31:54.27
2. Lance Harden, Dav	32:04.77
3. Blair Teal, ASU	32:06.94
4. Brian Deal, ASU	32:38.24
5. Josh Wyatt, UNCG	32:44.61
6. Asmeron Desta, ASU	32:47.69

110 Meter Hurdles

1. Charles Derrickson, ASU	14.17
2. Lawrence Briscoe, WCU	14.38
3. Josh Cox, ASU	14.97
4. Daniel Neal, ASU	15.14
5. Ashten Bennett, WCU	15.55
6. Matt Harlfinger, WCU	15.61

400 Meter Hurdles

1. Michael Malone, WCU	52.71
2. Daniel Neal, ASU	52.77
3. Lawrence Briscoe, WCU	52.78
4. David Ritchie, Dav	53.05
5. Charles Derrickson, ASU	54.17
6. Thomas Cummings, Cit	55.19

3,000 Steeplechase

1. Tyler Johnson, Fur	9:09.22
2. Ian Mayne, UTC	9:10.13
3. Linas Salkauskas, UTC	9:32.31
4. Ryan O'Keefe, ASU	9:34.99
5. Austin Mercadante, Dav	9:40.71
6. Eric Albrecht, Fur	9:43.38

4x100 Meter Relay

1. Western Carolina	40.58
2. Appalachian State	41.69
3. Davidson	42.18
4. The Citadel	42.29
5. Furman	43.44

4x400 Meter Relay

1. Western Carolina	3:14.30
2. Appalachian State	3:15.53
3. The Citadel	3:18.02
4. Davidson	3:18.48
5. Furman	3:29.36
6. Chattanooga	3:30.04

High Jump

1. Shaquill Smith, Cit	6-06.75
2. Josh Cox, ASU	6-04.75
3. Lawrence Briscoe, WCU	6-02.75
4. Chris Gaillard, WCU	6-02.75
4. Ricky Harris, ASU	6-02.75
6. Kareem Royal, Cit	6-00.75

Pole Vault

1. Barron Shell, ASU	15-07.00
2. Dan Queen, ASU	15-07.00
3. Joel Lynch, WCU	14-01.25
4. Joe Irvin, ASU	14-01.25
5. Justin Hunicutt, ASU	13-07.25
6. Justin Spormann, WCU	13-07.25

Long Jump

1. Ricky Harris, ASU	23-04.75
2. Chris Gaillard, WCU	22-10.50
3. Joel Gaddy, ASU	22-04.50
4. Tyler Ferguson, WCU	21-20.25
5. Josh Cox, ASU	21-09.00
6. Michael malone, WCU	21-08.25

Triple Jump

1. Mark Sturgis, ASU	50-01.25
2. Joel Gaddy, ASU	48-07.25
3. Josh Cox, ASU	48-00.00
4. Ricky Harris, ASU	47-09.75
5. Shaquill Smith, Cit	47-04.25
6. Chris Gaillard, WCU	46-09.50

Shot Put

1. Jim Walter, Dav	41-07.25
2. Nick DiLuzio, Dav	40-10.25
3. Daniel Fioramonti, ASU	38-01.50
4. David Bowles, WCU	37-09.25
5. Willie Sturgis, WCU	37-01.75
6. Dustin Wright, ASU	35-03.25

Discus Throw

1. Zach DiBois, Cit	142-08
2. Will Funderburg, Dav	140-10
3. Steve Adams, Fur	133-00
4. David Bowles, WCU	130-05
5. Daniel Fioramonti, ASU	130-04
6. Shaun VanRensburg, Fur	130-02

Hammer Throw

1. Grant Haun, ASU	167-00
2. Wes Kiser, ASU	163-10
3. Erick Austin, Cit	161-03
4. Daniel Fioramonti, ASU	154-07
5. Zach DiBois, Cit	150-03
6. Dusty McGuire, ASU	149-05

Javelin Throw

1. David Moseley, Fur	193-00
2. Josh Lee, WCU	187-07
3. David Bowles, WCU	175-03
4. Erick Austin, Cit	167-03
5. Ryan Russell, WCU	165-08
6. Adam Williams, ASU	165-01

Decathlon

1. Dustin Wright, ASU	6263
2. Matt Harlfinger, WCU	6068
3. Dan Queen, WCU	6063
4. Ashten Bennett, WCU	5526
5. Adam Williams, ASU	5259
6. Rod Palmer, WCU	4866

Most Outstanding Track Performer

Adam Puett, Western Carolina

Most Outstanding Field Performer

Katon Bethay, Wofford

Freshman of the Year

Shaquill Smith, The Citadel

Co-Coaches of the Year

Gary Andrew, Davidson
Danny Williamson, Western Carolina

NOTES

• Top three finishers in each event received all-conference honors

2006 Women's Outdoor Track & Field Championships

Team Results

Team	Points
1. Appalachian State	197.5
2. Georgia Southern	182.5
3. Western Carolina	144
4. Chattanooga	79
5. Elon	55
6. The Citadel	48
7. Furman	40
8. Davidson	39
9. College of Charleston	20
10. Wofford	10
11. UNC Greensboro	2

100 Meter Dash

1. Tangelia Johnson, WCU	11.69
2. Nicole Brown, GSU	11.83
3. Vonteena Knotts, ASU	12.09
4. Tierra Watts, GSU	12.15
5. Asai Davis, WCU	12.20
6. Cassie Gentry, WCU	12.42

200 Meter Dash

1. Tangelia Johnson, WCU	24.40
2. Raquel Ramseur, WCU	24.57
3. Nicole Brown, GSU	24.73
4. Shamyria Ortiz, GSU	25.37
5. Vonteena Knotts, ASU	25.75
6. Tierra Knotts, GSU	25.81

400 Meter Dash

1. Raquel Ramseur, WCU	54.15
2. Rashedah Arnold, GSU	55.64
3. Alexine Crutchfield, UTC	57.29
4. Jessica Chasen, Dav	58.08
5. Jodi Whittle, Cit	58.62
6. London Ryles, GSU	58.83

800 Meter Run

1. Caroline Jett, ASU	2:31.39
2. Brittany Whitaker, WCU	2:32.52
3. Jessica Wilkerson, WCU	2:36.79
4. Clare Goodwin, CofC	2:42.43
5. Kirsten Schumy, CofC	2:43.52
6. Kristie Boggan, ASU	2:45.10

1,500 Meter Run

1. Shannon Wommack, UTC	4:22.95
2. Alana Black, Elon	4:26.60
3. Meghan Gaffney, ASU	4:35.68
4. Allie Martin, Dav	4:36.84
5. Halcomb Nettie, UTC	4:37.19
6. Kasey Smith, ASU	4:43.84

5,000 Meter Run

1. Lanni Marchant, UTC	16:45.22
2. Sabrina LeFort, UTC	17:29.94
3. Halcomb Nettie, UTC	17:35.59
4. Meghan Gaffney, ASU	17:38.59
5. Carolina Sanker, Dav	17:45.13
6. Kasey Smith, ASU	17:50.35

10,000 Meters

1. Emily Kong, Dav	38:04.10
2. Kasey Smith, ASU	38:19.82
3. Ellen Davis, UTC	38:29.37
4. Katelyn Ealer, Elon	38:29.48
5. Ashley Arnold, CofC	38:50.47
6. Hannah Parks, ASU	39:28.79

110 Meter Hurdles

1. Brittany Chase, GSU	13.95
2. Amber Wilson, GSU	14.06
3. Dominique Price, Elon	14.20
4. Asia Davis, WCU	14.33
5. Mandi Phillips, GSU	14.44
6. Lauren Jacobs, GSU	14.76

400 Meter Hurdles

1. Asia Davis, WCU	1:00.47
2. Amber Wilson, GSU	1:01.64
3. Alice Turner, Elon	1:02.78
4. Kristin Olson, GSU	1:03.04
5. Kristen Edgar, Fur	1:04.92
6. Carla Ballard, GSU	1:05.49

3,000 Steeplechase

1. Shannon Wommack, UTC	10:07.54
2. Sabrina LeFort, UTC	10:40.56
3. Meghan Gaffney, ASU	10:44.09
4. Page Bridges, Fur	11:19.38
5. Anna Mae Flynn, Elon	11:25.29
6. Sarah Strickland, Cit	11:26.45

4x100 Meter Relay

1. Georgia Southern	46.17
2. Western Carolina	46.20
3. Appalachian State	47.16
4. Elon	49.08
5. Furman	49.89
6. Davidson	50.18

4x400 Meter Relay

1. Western Carolina	3:43.15
2. Georgia Southern	3:50.79
3. Furman	3:53.77
4. Appalachian State	3:59.45
5. Davidson	4:02.02
6. Chattanooga	4:02.70

High Jump

1. Jessika Johnson, WCU	5-05.75
2. Amber Wilson, GSU	5-03.75
3. Brittany Whitaker, WCU	5-01.75
4. Jasmine Lighning, GSU	4-11.75
5. Piper Taylor, ASU	4-11.75
6. NaShay McGrigg, WCU	4-11.75

Pole Vault

1. Jessica Clendenning, Elon	11-11.75
2. Caren Mah, ASU	10-11.75
2. Shea Snow, ASU	10-11.75
4. Summer Chambless, CofC	10-06.00
5. Kaitlyn Heeke, ASU	10-06.00
6. Bridget Robertson, ASU	10-06.00

Long Jump

1. Nicole Brown, GSU	20-07.25
2. Vonteena Knotts, ASU	19-10.25
3. Lauren Jacobs, GSU	19-08.00
4. Chibuzo Aguocha, Fur	18-06.50
5. Jessica Mayela, ASU	18-03.75
6. Rashanda Simmons, WCU	18-03.25

Triple Jump

1. Mandi Phillips, GSU	39-11.50
2. NaShay McGriff, WCU	39-03.00
3. Vonteena Knotts, ASU	39-01.75
4. Brittany Chase, GSU	38-09.50
5. Nicole Brown, GSU	38-07.75
6. Lauren Jacobs, GSU	38-07.00

Shot Put

1. Beverly Burnett, ASU	48-11.50
2. Stephanie McNeill, Cit	46-11.00
3. Brittani Williams, ASU	43-06.50
4. Emily Greeson, GSU	43-01.75
5. Kristie Boggan, ASU	42-04.00
6. Nicole Lopez, WCU	41-00.25

Discus Throw

1. Stephanie McNeill, Cit	141-02
2. Nikole Simmons, ASU	140-01
3. Kristie Boggan, ASU	139-09
4. Lily Tallent, ASU	139-08
5. Brittani Williams, ASU	137-03
6. Monique Pitts, GSU	136-00

Hammer Throw

1. Nikole Simmons, ASU	189-02
2. Crystal Miller, ASU	162-11
3. Emily Greeson, GSU	158-11
4. Monique Edwards, Cit	155-01
5. Kristie Boggan, ASU	153-06
6. Stephanie McNeill, Cit	153-06

Javelin Throw

1. Nola Belcher, Wof	127-00
2. Nicole Brown, GSU	123-07
3. Tara Tounzen, WCU	122-11
4. Allison Taylor, Cit	120-07
5. Laura Phelan, Cit	119-05
6. Kristie Boggan, ASU	117-02

Heptathlon

1. Kristie Boggan, ASU	4332
2. Serenity Thompson, GSU	3983
3. Brittany Whitaker, WCU	3952
4. Tosha Sanders, Cit	3887
5. Caroline Jett, ASU	3758
6. Jessica Wilkerson, WCU	3526

Most Outstanding Track Performer

Shannon Wommack, Chattanooga

Most Outstanding Field Performer

Stephanie McNeill, The Citadel

Freshman of the Year

Emily King, Davidson

Coach of the Year

Shaun Meinecke, Georgia Southern

NOTES

• Top three finishers in each event received all-conference honors

2005 Men's Outdoor Track & Field Championships

Team Results

Team	Points		
1. Appalachian State	292.5	5. East Tennessee State	45
2. Western Carolina	250.5	6. Furman	33
3. Chattanooga	57	7. Wofford	30
4. The Citadel	48	8. Davidson	28
		9. UNC Greensboro	26

100 Meter Dash

1. Michael Malone, WCU	10.45
2. Chris Martin, ASU	10.56
3. Quintin Wright, CIT	10.58
4. Eugene Jones, ASU	10.62
5. Charles White, ASU	10.71
6. Darius Bryson, WCU	10.77

1. Chris Harrington, UTC	52.65
2. David Ritchie, DAV	52.87
3. Thomas Cummings, CIT	53.02
4. Lawrence Briscoe, WCU	56.00
5. John Auer, CIT	57.00
6. Dan Sagmiller, CIT	57.17

1. Anthony Greer, ASU	17.72m
2. Kerry Brown, ASU	16.55m
3. Bob Smith, ASU	16.28m
4. Chris Lewis, WCU	15.36m
5. Jason Stepp, WCU	15.27m
6. Katon Bethay, WOF	15.19m

Most Outstanding Track Performer

Mike Malone, Western Carolina

Most Outstanding Field Performer

Anthony Greer, Appalachian State

Freshman of the Year

Zeb Johnson, Western Carolina

Coach of the Year

John Weaver, Appalachian State

200 Meter Dash

1. Michael Malone, WCU	21.25
2. Zeb Johnson, WCU	21.26
3. Chris Martin, ASU	21.38
4. Quintin Wright, CIT	21.47
5. James Gregory, WCU	21.72
6. James Barr, WCU	21.77

3,000 Steeplechase

1. Ian Mayne, UTC	9:23.28
2. Mark Maddox, ASU	9:28.42
3. Linas Salkauskas, UTC	9:32.82
4. Eric Albrecht, FUR	9:36.90
5. Austin Mercadante, DAV	9:36.92
6. Mike Mitchell, ASU	9:38.64

Discus Throw

1. Anthony Greer, ASU	49.73m
2. Bob Smith, ASU	46.77m
3. Danutley, ASU	45.86m
4. Wes Kiser, ASU	45.60m
5. Grant Haun, ASU	44.03m
6. Joel Bell, FUR	43.52m

400 Meter Dash

1. Zeb Johnson, WCU	48.11
2. James Gregory, WCU	48.17
3. James Barr, WCU	48.19
4. Greg McCain, ASU	48.58
5. Charleton Grant, WCU	48.69
6. Will Gillespie, ASU	49.27

4x100 Meter Relay

1. Western Carolina	40.78
2. Appalachian State	41.01
3. Furman	42.02
4. The Citadel	42.06
5. East Tennessee State	43.32
6. Davidson	43.99

Hammer Throw

1. Bob Smith, ASU	57.81m*
2. Jason Stepp, WCU	50.80m
3. Matt Decker, WCU	49.58m
4. Anthony Greer, ASU	48.77m
5. Grant Haun, ASU	47.93m
6. Daniel Fioramonti, ASU	46.86m

800 Meter Run

1. Bryan Burney, ASU	1:52.61
2. Adam VanNortwick, ASU	1:52.78
3. Jeff Williams, UNCG	1:53.85
4. Marcus Butler, CIT	1:55.59
5. Chris DeCamps, FUR	1:56.23
6. Matt Gould, ASU	2:00.68

4x400 Meter Relay

1. Western Carolina	3:15.38
2. Appalachian State	3:16.52
3. Davidson	3:18.72
4. The Citadel	3:21.23
5. UNC Greensboro	3:27.09
6. Furman	3:30.39

Javelin Throw

1. David Bowles, WCU	57.27m
2. Josh Lee, WCU	56.94m
3. David Moseley, FUR	56.64m
4. Adam Williams, ASU	55.41m
5. Dusty McGuire, ASU	50.93m
6. Jason Stepp, WCU	50.17m

1,500 Meter Run

1. Adam Puett, WCU	3:55.45
2. Adam VanNortwick, ASU	3:55.45
3. Colin Sullivan, UTC	3:56.03
4. Joshua Hicks, ETSU	3:59.68
5. Linas Salkauskas, UTC	4:00.65
6. Nathan Hernandez-Adams, ASU	4:01.60

High Jump

1. Michael Estes, ETSU	1.98m
2. Lawrence Briscoe, WCU	1.90m
3. Jeremy Snoderly, ETSU	1.90m
4. Dan Smith, ASU	1.90m
5. LaMont Reid, WCU	1.90m
6. Bobby Robinson, WCU	1.80m
6. Michael Wright, ETSU	1.80m

Decathlon

1. Dustin Wright, ASU	6021
2. Bobby Robinson, WCU	5726
3. Matt Harlfinger, WCU	5724
4. Alex Patton, WCU	5606
5. Adam Williams, ASU	5162
6. Barron Shell, ASU	4312

5,000 Meter Run

1. Steven Kocsis, UTC	14:55.55
2. Joe Halin, ASU	15:03.27
3. Colin Sullivan, UTC	15:04.69
4. Ian Mayne, UTC	15:06.64
5. Adam Puett, WCU	15:19.53
6. Jonathan Baker, DAV	15:24.41

Pole Vault

1. Wes Willoughby, WCU	4.75m
2. Dan Queen, ASU	4.60m
3. Tyler Vamadore, ASU	4.45m
4. Christian Benson, WCU	4.45m
5. Marc Ward, WCU	4.30m
6. Justin Spormann, WCU	4.15m

10,000 Meters

1. Joe Halin, ASU	32:14.49
2. Brendon Helms, ASU	32:27.01
3. Sam Robinson, FUR	32:28.83
4. Nathan Hernandez-Adams, ASU	32:32.97
5. Brian Deal, ASU	33:02.90
6. Fredrick Cameron, WCU	33:14.00

Long Jump

1. Adrien Borders, WOF	7.41m*
2. Joel Gaddy, ASU	6.93m
3. Mark Sturgis, ASU	6.90m
4. Charles Jones, UNCG	6.80m
5. Michael Malone, WCU	6.68m
6. LaMont Reid, WCU	6.57m

110 Meter Hurdles

1. Michael Malone, WCU	14.54
2. Alex Love, WOF	14.67
3. Andre Brown, WCU	15.18
4. Michael Wright, ETSU	15.26
5. Greg McCain, ASU	56.53
6. Dan Sagmiller, CIT	56.56

Triple Jump

1. Charles Jones, UNCG	15.24m*
2. Mark Sturgis, ASU	14.90m
3. Adrien Borders, WOF	14.69m
4. Chris Cutter, ASU	14.39m
5. Joel Gaddy, ASU	14.29m
6. Calvin Guinyard, WCU	14.23m

400 Meter Hurdles

Shot Put

NOTES

* Top three finishers in each event received all-conference honors

2005 Women's Outdoor Track & Field Championships

Team Results

1. Appalachian State	207.5	7. Elon	28
2. Georgia Southern	199	8. College of Charleston	21.5
3. Western Carolina	155	9. The Citadel	18
4. Chattanooga	91	10. Wofford	8
5. East Tennessee State	52	11. Davidson	4
6. Furman	33	12. UNC Greensboro	0

100 Meter Dash

1. Nicole Brown, GSU	11.50
2. Jennifer Claud, ASU	11.66
3. Christina Roberts, ASU	11.77
4. Chantelle Vernon, ETSU	11.85
5. Tangelia Johnson, WCU	11.90
6. Alexis Hoover, ASU	11.95

200 Meter Dash

1. Jennifer Claud, ASU	23.76*
2. Nicole Brown, GSU	23.98
3. Raquel Ramseuf, WCU	24.40
4. Ebonie Jones, ETSU	24.47
5. Christina Roberts, ASU	24.55
6. Giselle Cunningham, GSU	24.60

400 Meter Dash

1. Nichola Cornish, ETSU	54.59*
2. Rashedah Arnold, GSU	55.30
3. Raquel Ramseuf, WCU	55.40
4. Jennifer Spivey, WCU	56.81
5. Leslie Martin, WCU	57.00
6. Alexine Crutchfield, UTC	58.23

800 Meter Run

1. Leslie Martin, WCU	2:15.16
2. Kerrie Savery, WCU	2:16.45
3. McKenzie Sharpe, FUR	2:17.01
4. Katie Sujkowski, ASU	2:17.54
5. Tiffany Collier, ETSU	2:20.32
6. Rebecca Mullen, FUR	2:21.33

1,500 Meter Run

1. Shannon Wommack, UTC	4:32.34
2. Kathleen Turchin, UTC	4:35.50
3. Katie Sujkowski, ASU	4:36.55
4. Nettie Halcomb, UTC	4:40.42
5. Molly Mungovan, FUR	4:41.00
6. Kasey Smith, ASU	4:43.58

3,000 Meter Steeplechase

1. Shannon Wommack, UTC	10:34.87*
2. Meghan Gaffney, ASU	11:17.10
3. Nettie Halcomb, UTC	11:26.32
4. Page Bridges, FUR	11:31.79
5. Katie Poole, FUR	11:40.79
6. Jessica Kerzie, GSU	11:58.97

5,000 Meter Run

1. Kathleen Turchin, UTC	17:16.45
2. Shannon Wommack, UTC	17:20.34
3. Ashley Arnold, CofC	17:41.87
4. Ellen Davis, UTC	17:57.65
5. Christine Ward, ETSU	18:00.10
6. Kasey Smith, ASU	18:04.56

10,000 Meters

1. Ellen Davis, UTC	39:24.36
2. Jennifer Kelley, ASU	39:45.58
3. Melissa Reyes, GSU	39:58.04
4. Cailin Lyncyh, ASU	40:06.83
5. Kelly Rosborough, ASU	40:20.34
6. Noel Smith, ASU	40:20.57

100 Meter Hurdles

1. Brittany Chase, GSU	14:00
2. Amber Wilson, GSU	14:05
3. Asia Davis, WCU	14:25
4. Brittany Boda, Elon	14:40
5. Donimique Price, Elon	14:43
6. Mandi Phillips, GSU	14:52

400 Meter Hurdles

1. Asia Davis, WCU	1:00.77*
2. Amber Wilson, GSU	1:03.57
3. Carla Ballard, GSU	1:04.15
4. Rachel Glasgow, WCU	1:05.58
5. Tonya Edmonds, WCU	1:07.62
6. Jessica Summey, ASU	1:08.03

4x100 Meter Relay

1. Georgia Southern	46.32
2. Appalachian State	46.38
3. East Tennessee State	46.68
4. Western Carolina	46.96
5. Elon	48.62
6. The Citadel	49.26

4x400 Meter Relay

1. Western Carolina	3:45.72
2. Georgia Southern	3:52.47
3. East Tennessee State	3:53.09
4. Appalachian State	3:57.16
5. Furman	4:00.84
6. Chattanooga	4:01.55

High Jump

1. Brittany Whitaker, WCU	1.71m
2. Anna Riciardi, ETSU	1.67m
3. Jessika Johnson, WCU	1.62m
4. Piper Taylor, ASU	1.57m
5. Dominique Boone, CofC	1.57m
6. Alexine Crutchfield, UTC	1.52m

Pole Vault

1. Laura Tieszen, WCU	3.80m*
2. Jessica Clendenning, Elon, ASU	3.65m
3. Bridget Robertson, ASU	3.20m
4. Caren Mah, ASU	3.20m
4. Summer Chambless, CofC	3.20m
6. Jessie Wilson, WCU	3.20m
7. Megan Irwin, ASU	3.20,

Long Jump

1. Lauren Jacobs, GSU	5.81m
2. Dominique Thurman, GSU	5.77m
3. Kasola Smith, UTC	5.76m
4. Jennifer Claud, ASU	5.70m
5. Tonya Grimes, GSU	5.67m
6. Vonteena Knotts, ASU	5.63m

Triple Jump

1. Nicole Brown, GSU	13.07m
2. Paula Moore, ASU	12.37m
3. Jennifer Claud, ASU	12.16m
4. Mandi Phillips, GSU	11.95m
5. Ronda White, ASU	11.85m
6. Chibuzo Aguocha, FUR	11.81m

Shot Put

1. Beverly Burnett, ASU	15.50m
2. Nikki Slocumb, GSU	13.92m
3. Jamila Minnifield, GSU	13.02m
4. Stephanie McNeill, CIT	12.89m
5. Brittani Williams, ASU	12.87m
6. Nikole Simmons, ASU	12.60m

Discus Throw

1. Markaysa Norwood, GSU	43.64m
2. Lauren Niles, GSU	42.58m
3. Angela Carlberg, ELON	42.39m
4. Miranda Long, WCU	45.08m
5. Nikki Slocumb, GSU	40.39m
6. Kristie Boggan, ASU	40.35m

Hammer Throw

1. Nicole Simmons, ASU	55.27m
2. Crystal Miller, ASU	52.00m
3. Chakosha Lance, CofC	51.52m
4. Emily Greeson, GSU	48.45m
5. Miranda Long, WCU	47.22m
6. Nikki Slocumb, GSU	46.31m

Javelin Throw

1. Carolyn Kitchens, ASU	39.30m
2. Laura Tieszen, WCU	37.61m
3. Crystal Belcher, WOF	36.19m
4. Nikole Simmons, ASU	34.70m
5. Jenifer Moore, CIT	33.88m
6. Kelly Pesterfield, CIT	33.87m

Heptathlon

1. Laura Tieszen, WCU	4387
2. Tonya Grimes, GSU	4292
3. Kristie Boggan, ASU	4218
4. Lauren Jacobs, GSU	4188
5. Rachel Glasgow, WCU	3992
6. Serenity Thompson, GSU	3901

Most Outstanding Track Performer

Shannon Wommack, Chattanooga

Most Outstanding Field Performer

Laura Tieszen, Western Carolina

Freshman of the Year

Raquel Ramseur, Western Carolina

Coach of the Year

Shaun Meinecke, Georgia Southern

NOTES

• Top three finishers in each event received all-conference honors

*denotes Southern Conference record

2004 Men's Outdoor Track & Field Championships

Team Results

Team	Points		
1. Appalachian State	246.5	5. Furman	53
2. Western Carolina	229.5	5. East Tennessee State	53
3. Chattanooga	90	7. Wofford	34
4. The Citadel	63	8. Davidson	26
		9. UNC Greensboro	19

100 Meter Dash

1. T. Alford, WCU	10.41
2. Ernest Wiggins, ASU	10.46
3. James Rainer, ETSU	10.50
4. Chris Martin, ASU	10.57
5. Sean Jackson, ASU	10.59
6. Thomas Pressley, CIT	10.77

400 Meter Hurdles

1. Chris Harrington, UTC	51.74
2. Donald Cabbler, ETSU	53.80
3. David Ritchie, DAV	53.98
4. Thomas Cummings, CIT	54.17
5. Dan Matz, FUR	56.88
6. Michael Malone, WCU	57.03

Shot Put

1. Bob Smith, ASU	15.46m
2. Anthony Greer, ASU	14.72m
3. Kerry Brown, ASU	14.41m
4. Charles Hyder, ETSU	13.70m
5. Dan Utley, ASU	13.69m
6. Jason Stepp, WCU	13.31m

Most Outstanding Track Performer

Steven Kocsis, Chattanooga

Most Outstanding Field Performer

Bob Smith, Appalachian State

200 Meter Dash

1. Chris Martin, ASU	21.45
2. Ernest Wiggins, ASU	21.60
3. T. Alford, WCU	21.72
4. Sean Jackson, ASU	21.73
5. James Rainer, ETSU	21.87
6. Thomas Pressley, CIT	21.95

3,000 Steeplechase

1. Linas Salkauskas, UTC	9:22.87
2. Ian Mayne, UTC	9:24.10
3. Ben Watkins, WCU	9:25.21
4. Franklin Manchester, ASU	9:31.69
5. Peter Dalton, ETSU	9:40.96
6. Mike Oelz, ASU	9:42.25

Discus Throw

1. Bob Smith, ASU	45.27m
2. Anthony Greer, ASU	44.97m
3. Jason Stepp, WCU	43.87m
4. Zach DiBois, CIT	43.21m
5. Chris Franklin, CIT	41.04m
6. Jon Winkler, ASU	38.29m

Freshman of the Year

Bryan Burney, Appalachian State

Coach of the Year

John Weaver, Appalachian State

NOTES

• Top three finishers in each event received all-conference honors

400 Meter Dash

1. Milton Bolton, WCU	46.68
2. Alex Prince, CIT	47.09
3. Bryan Burney, ASU	47.70
4. Will Gillespie, ASU	48.41
5. Keith Curry, ASU	48.53
6. James Barr, WCU	48.65

4x100 Meter Relay

1. Appalachian State	40.46
2. Western Carolina	40.88
3. East Tennessee State	41.61
4. Furman	42.21
5. Davidson	43.01
6. Wofford	43.04

Hammer Throw

1. Bob Smith, ASU	58.01m
2. Jason Stepp, WCU	48.19m
3. Anthony Greer, ASU	47.37m
4. Matt Decker, WCU	46.82m
5. Jon Winkler, ASU	44.19m
6. Erick Austin, CIT	44.07m

800 Meter Dash

1. Bryan Burney, ASU	1:50.54
2. Jeff Williams, UNCG	1:53.00
3. Tyler Johnson, FUR	1:53.40
4. Jamie Bach, FUR	1:54.38
5. Robert Hatcher, UTC	1:55.75
6. Douglas Noreen, DAV	1:58.14

4x400 Meter Relay

1. Appalachian State	3:15.44
2. The Citadel	3:17.92
3. Western Carolina	3:19.63
4. Davidson	3:21.77
5. Furman	3:25.82
6. Chattanooga	3:28.84

Javelin Throw

1. Josh Lee, WCU	58.06m
2. David Moseley, FUR	51.63m
3. Tyler Ferguson, WCU	51.33m
4. Dusty McGuire, ASU	49.89m
5. Ryan Fussell, WCU	49.34m
6. Jason Stepp, WCU	49.24m

1,500 Meter Run

1. Adam Puett, WCU	3:53.59
2. Colin Sullivan, UTC	3:55.23
3. Bradley Yewer, ETSU	3:56.75
4. Greg Scott, DAV	3:57.63
5. Franklin Manchester, ASU	3:58.70
6. Linas Salkauskas, UTC	4:00.13

High Jump

1. Ugo Ihekweazu, WOF	1.95m
2. Dan Smith, ASU	1.90m
2. John Barlew, UTC	1.90m
4. LaMont Reid, WCU	1.85m
5. Brian Bratton, FUR	1.85m
4. Jeremy Snoderly, ETSU	1.85m

Decathlon

1. Dustin Wright, ASU	5957
2. Bobby Robinson, WCU	5621
3. Travis Taylor, CIT	5578
4. Matt Harlfinger, WCU	5239
5. Ryan Fussell, WCU	4776
6. Hunter Reid, CIT	4639

5,000 Meter Run

1. Steven Kocsis, UTC	15:06.93
2. Joe Halin, ASU	15:20.12
3. Ian Mayne, UTC	15:23.11
4. Gediminas Banevicius, UTC	15:26.95
5. Joe Jacobs, UNCG	15:29.06
6. Robert Killian, CIT	15:30.49

Pole Vault

1. Wes Willoughby, WCU	4.57m
2. Joe Irvin, ASU	4.25m
2. Jeff Fiorello, ASU	4.25m
2. Christian Benson	4.25m

Long Jump

1. Xavier Godard, WCU	7.30m
2. Adrien Borders, WOF	7.06m
3. Justin Davis, WCU	6.99m
4. Charles Jones, UNCG	6.84m
5. Gerald Foreman, ASU	6.76m
6. Tyler Ferguson, WCU	6.59m

10,000 Meters

1. Steven Kocsis, UTC	32:03.48
2. Kevin Crosby, FUR	32:10.73
3. Gediminas Banevicius, UTC	32:18.80
4. Carson Blackwelder, ASU	32:23.96
5. Joe Halin, ASU	32:31.30
6. Brian Deal, ASU	32:44.59

Triple Jump

1. Tyler Ferguson, WCU	14.82m
2. Adrien Borders, WOF	14.68m
3. Xavier Godard, WCU	14.56m
3. Justin Davis, WCU	14.56m
5. Gerald Foreman, ASU	14.41m
6. Issac West, FUR	13.95m

110 Meter Hurdles

1. Lawrence Briscoe, WCU	14.39
2. Xavier Godard, WCU	14.79
3. Brian Stone, FUR	14.84
4. Alex Love, WOF	14.85
5. Andre Brown, WCU	14.92
6. Michael Malone, WCU	15.50

2004 Women's Outdoor Track & Field Championships

Team Results

1. Appalachian State	231.5	7. Elon	29
2. Georgia Southern	172	8. Furman	26.5
3. Chattanooga	124	9. Davidson	13.5
4. Western Carolina	110.5	10. Wofford	11
5. East Tennessee State	60	11. UNC Greensboro	6
6. College of Charleston	30	12. The Citadel	5

100 Meter Dash

1. Jennifer Claud, ASU	11.73
2. Christina Roberts, ASU	11.74
3. Latavia Shores, UTC	11.77
4. Chantelle Vernon, ETSU	11.97
5. Nicole Brown, GSU	12.03
6. Carita Cole, UTC	12.06

100 Meter Hurdles

1. Ronda White, ASU	13.79
2. Alison Frese, UTC	14.06
3. Lindy Petteway, GSU	14.21
4. Marlo Mincey, GSU	14.22
5. Brittany Chase, GSU	14.23
6. Jessica Burgeson, ELON	14.41

Shot Put

1. Beverly Burnett, ASU	13.58m
2. Crystal Miller, ASU	12.45m
3. Nikki Slocumb, GSU	12.43m
4. Kristie Boggan, ASU	12.32m
5. Jamila Minnifield, GSU	12.23m
6. Sharhonda Bell, WCU	12.11m

Most Outstanding Track Performer

Jennifer Claud, Appalachian State

Most Outstanding Field Performer

Laura Tieszen, Western Carolina

200 Meter Dash

1. Jennifer Claud, ASU	24.42
2. Christina Roberts, ASU	24.50
3. Giselle Cunningham, GSU	24.58
4. Nicole Brown, GSU	24.94
5. Margo Mincey, GSU	25.08
6. Latavia Shores, UTC	25.47

400 Meter Hurdles

1. Marlo Mincey, GSU	59.72
2. Elisabeth Sain, UTC	1:00.60
3. Asia Davis, WCU	1:01.49
4. Alison Frese, UTC	1:02.99
5. Alice Turner, ELON	1:04.77
6. Myra Keeter, ASU	1:06.06

Discus Throw

1. Markaysa Norwood, GSU	41.53m
2. Shaletha Lightfoot, GSU	40.00m
3. Miranda Long, WCU	39.92m
4. Nikki Slocumb, GSU	38.11m
5. Chakosha Lance, CofC	37.97m
6. Angela Carlberg, ELON	37.72m

Freshman of the Year

Kathleen Turchin, Chattanooga

Coach of the Year

John Weaver, Appalachian State
and Todd Lane, Georgia Southern

400 Meter Dash

1. Nichola Cornish, ETSU	55.07
2. Jennifer Spivey, WCU	55.55
3. Margo Mincey, GSU	56.52
4. Tondra White, ASU	57.31
5. Tiffany Pointer, UTC	57.37
6. Matasha Brown, ASU	57.43

4x100 Meter Relay

1. Appalachian State	45.78
2. Georgia Southern	46.00
3. Chattanooga	46.66
4. East Tennessee State	47.56
5. Western Carolina	47.61
6. College of Charleston	48.86

Hammer Throw

1. Kosha Lance, CofC	54.23m
2. Crystal Miller, ASU	52.67m
3. Nikole Simmons, ASU	49.61m
4. Amber Tiggs, GSU	49.10m
5. Miranda Long, WCU	44.12m
6. Nikki Slocumb, GSU	44.02m

800 Meter Dash

1. Leslie Martin, WCU	2:11.94
2. Kim Simmons, ETSU	2:14.39
3. Alana Black, ELON	2:16.59
4. Megan Issacs, FUR	2:18.93
5. Jennifer Habbestad, ETSU	2:21.54
6. Brittany Thompson, FUR	2:22.79

4x400 Meter Relay

1. Georgia Southern	3:46.72
2. East Tennessee State	3:47.93
3. Western Carolina	3:48.38
4. Chattanooga	3:53.52
5. Appalachian State	4:00.50
6. Elon	4:02.23

Javelin Throw

1. Lindy Petteway, GSU	40.47m
2. Laura Tieszen, WCU	38.58m
3. Janet Rhodes, WOF	38.47m
4. Martha Skinner, CIT	36.44m
5. Bernie Sikes, WOF	35.95m
6. Nikole Simmons, ASU	35.53m

1,500 Meter Run

1. Shannon Wommack, UTC	4:38.54
2. Kathleen Turchin, UTC	4:44.16
3. Molly Mungovan, FUR	4:45.20
4. Alana Black, ELON,	4:48.43
5. Marivi Mercado, ASU	4:51.48
6. Britney Swick, GSU	4:52.36

High Jump

1. Brittany Whitaker, WCU	1.74m
2. Anna Riciardi, ETSU	1.72m
3. Alison Frese, UTC	1.60M
3. Tondra White, ASU	1.60m
3. Kellie Mitchell, GSU	1.60m

Heptathlon

1. Kellie Mitchell, GSU	4987
2. Kristin Truman, ETSU	4833
3. Tondra White, ASU	4448
4. Myra Keeter, ASU	4024
5. Kristie Boggan, ASU	3853
6. Andrea Floyd, WCU	3259

Pole Vault

1. Laura Tieszen, WCU	4.00m
2. Suzanne Makinson, ASU	3.76m
3. Chi Sawyer, WCU	3.26m
3. Jessica Fowler, ASU	3.26m
5. Bridget Robinson, ASU	3.11m
5. Natalie Sayewich, ASU	3.11m
5. Susan Shore, ELON	3.11m

3,000 Meter Steeplechase

1. Shannon Wommack, UTC	10:45.65
2. Lanni Marchant, UTC	11:11.20
3. Katie Poole, FUR	11:24.20
4. Heidi Sloop, UNCG	11:37.91
5. Alissa Short, WCU	11:43.57
6. Marivi Mercado, ASU	11:49.07

5,000 Meter Run

1. Lanni Marchant, UTC	18:02.75
2. Kyle Palmquist, CofC	18:10.04
3. Kelly Rosborough, ASU	18:28.22
4. Melanie Cooper, WCU	18:33.44
5. Alissa Short, WCU	18:48.52
6. Ehrin Irvin, ASU	18:54.50

Long Jump

1. Ronda White, ASU	6.13m
2. Kasola Smith, UTC	5.85m
3. Kellie Mitchell, GSU	5.82m
4. Nicole Brown, GSU	5.71m
5. Laura Williams, GSU	5.65m
6. Shameka Harris, WCU	5.56m

10,000 Meters

1. Kathleen Turchin, UTC	36:49.56
2. Kelly Rosborough, ASU	38:39.77
3. Melanie Cooper, WCU	38:59.25
4. Sally Stanhope, DAV	39:04.63
5. Becky Witkop, CofC	39:26.28
6. Janelle Silverman, ASU	40:18.90

Triple Jump

1. Ronda White, ASU	12.71m
2. Paula Moore, ASU	12.40m
3. Tondra White, ASU	12.27m
4. Nicole Brown, GSU	12.06m
5. Jennifer Claud, ASU	12.03m
6. Kristin Truman, ETSU	11.98m

NOTES

• Top three finishers in each event received all-conference honors

*denotes Southern Conference record

2003 Men's Outdoor Track & Field Championships

Team Results

Team	Points	5. The Citadel	70.5
1. Appalachian State	229	6. East Tennessee State	47.5
2. Western Carolina	178	7. Furman	38.5
3. Chattanooga	100	8. Wofford	38
4. VMI	97.5	9. Davidson	19

Individual Results

100 Meter Dash	
1. Jason Green, ASU	:10.42
2. Ernest Wiggins, ASU	:10.60
3. Sean Jackson, ASU	:10.62
4. Tee Alford, WCU	:10.67
5. Marcus Barnes, ETSU	:10.95
6. Isaac West, FUR	:11.04
7. Kevin McLeod, ASU	:11.05

200 Meter Dash	
1. Jason Green, ASU	:21.27
2. Ernest Wiggins, ASU	:21.38
3. Milton Bolton, WCU	:21.45
4. Chris Martin, ASU	:21.78
5. J.T. Marbury, CIT	:21.86
6. Larry Williams, VMI	:22.78
7. Patrick Mauldin, WCU	:29.64
8. Sean Jackson, ASU	:59.27

400 Meter Dash	
1. Alex Prince, CIT	:47.29
2. Milton Bolton, WCU	:47.34
3. Larry Williams, VMI	:47.83
4. John Robertson, WCU	:48.87
5. Chris Martin, ASU	:49.23
6. J.T. Marbury, CIT	:49.33
7. Will Gillespie, ASU	:49.54
8. Michael Kirk, VMI	:50.09

800 Meter Dash	
1. Caleb Bailey, WCU	1:53.15
2. Robert Hatcher, UTC	1:53.33
3. John Robertson, WCU	1:53.34
4. Colin Sullivan, UTC	1:55.19
5. Paul Reynard, UTC	1:55.87
6. Mike Reed, ASU	1:57.27
7. Johnny Johnson, VMI	1:58.80
8. Greg Scott, DAV	1:59.77

1,500 Meter Run	
1. Brad Yewer, ETSU	3:51.16
2. Caleb Bailey, WCU	3:52.49
3. Colin Sullivan, UTC	3:52.78
4. Greg Scott, DAV	3:55.06
5. Adam Puett, WCU	3:56.93
6. Tyler Johnson, FUR	3:56.98
7. Mike Reed, ASU	3:58.41
8. David Haefner, ETSU	3:59.53

5,000 Meter Run	
1. Steven Kocsis, UTC	14:48.45
2. Gediminas Banevicius, UTC	14:55.96
3. Derrick Williamson, ASU	14:56.28
4. Kevin Crosby, FUR	14:58.25
5. Lance Parker, ASU	15:01.99
6. Brad Yewer, ETSU	15:11.50
7. Franklin Manchester, ASU	15:23.45
8. Robert Killian, CIT	15:28.15

10,000 Meters	
1. Kevin Crosby, FUR	30:59.30
2. Steven Kocsis, UTC	31:08.80
3. Derrick Williamson, ASU	31:27.12
4. Lance Parker, ASU	31:30.70
5. Carson Blackwelder, ASU	31:39.14
6. James Grufferty, ETSU	31:49.69
7. Peter Dalton, ETSU	33:03.02
8. Austin Mercandante, DAV	33:06.75

110 Meter Hurdles	
1. Jeff McKelvin, VMI	:14.45
2. Chris Harrington, UTC	:14.79
3. Lawrence Briscoe, WCU	:14.81
4. Deangelo Plather, VMI	:15.15
5. Deonte Cook, WCU	:15.24
6. Alex Love, WOF	:15.25
7. Cory Blanton, UTC	:15.69

400 Meter Hurdles	
1. Chris Harrington, UTC	:52.88
2. Deangelo Plather, VMI	:52.92
3. Bryan Yerger, VMI	:54.22
4. Thomas Cummings, CIT	:55.49
5. Cory Blanton, UTC	:55.96
6. Donald Cabbler, ETSU	:58.03
7. Johannes Norling, DAV	:58.61
8. Lawrence Briscoe, WCU	1:01.38

3,000 Steeplechase	
1. Linas Salkauskas, UTC	9:21.71
2. David Haefner, ETSU	9:25.21
3. Ian Mayne, UTC	9:33.27
4. Franklin Manchester, ASU	9:35.13
5. Ben Watkins, WCU	9:37.88
6. Jimmy Swansbrough, DAV	9:38.55
7. Robert Killian, CIT	9:44.85
8. Shawn Holland, ASU	9:49.40

4x100 Meter Relay	
*1. Appalachian State	39.91
2. The Citadel	41.37
3. VMI	41.83
4. Furman	42.09
5. Wofford	42.40
6. Davidson	43.14
7. East Tennessee State	43.35

4x400 Meter Relay	
1. The Citadel	3:12.18
2. Western Carolina	3:13.85
3. VMI	3:14.66
4. Appalachian State	3:20.92
5. Chattanooga	3:22.27
6. East Tennessee State	3:23.80
7. Davidson	3:24.16
8. Furman	3:24.43

High Jump	
1. Chris Walker, VMI	2.06m
2. Garrett Brickner, VMI	2.01m
3. John Barlew, UTC	2.01m
4. Jeremy Snoderly, ETSU	1.96m
5. Jeff McKelvin, VMI	1.91m
6. Rhett Exsell, ETSU	1.91m
7. Lawrence Briscoe, WCU	1.86m
8. Brian Bratton, FUR	1.86m
Travis Taylor, CIT	1.86m

Pole Vault	
1. Jon Norman, ASU	4.60m
2. Matt Carr, ASU	4.60m
3. Ty Denby, VMI	4.45m
4. Dan Queen, ASU	4.30m
5. Stuart Makinson, ASU	4.30m
6. Christian Benson, WCU	4.15m
7. David McCall, WCU	4.15m
8. Bryan Tomlinson, ASU	4.15m

Long Jump	
1. Adrien Borders, WOF	7.23m
2. Deon Britton, ASU	7.11m
3. Holt McPherson, ASU	6.95m
4. LaMont Reid, WCU	6.64m
5. Arthur Robertson, ASU	6.57m
6. Tyler Ferguson, WCU	6.43m
7. Justin Davis, WCU	6.41m
8. James Sills, UTC	6.39m

Triple Jump	
1. Adrien Borders, WOF	14.68m
2. Gerald Foreman, ASU	14.51m
3. Arthur Robertson, ASU	14.35m
4. Issac West, FUR	13.94m
5. Tyler Ferguson, WCU	13.75m
6. Garrett Brickner, VMI	13.54m
7. Brian Graves, ASU	13.30m
8. Julius Hunter, CIT	13.03m

Shot Put	
1. Anthony Greer, ASU	15.61m
2. Dan Utley, ASU	15.36m
3. David Boyce, WCU	14.54m
4. Katon Bethay, WOF	14.24m
5. Eric Thompson, VMI	14.14m
6. Jeb Hall, WCU	13.95m
7. Ben Whitney, WOF	13.78m
8. Jason Stepp, WCU	13.41m

Discus Throw	
1. Nick McNeil, WCU	43.74m
2. Jeb Hall, WCU	43.53m
3. Jason Stepp, WCU	43.43m
4. Dan Utley, ASU	43.32m
5. Anthony Greer, ASU	41.85m
6. Katon Bethay, WOF	41.39m
7. David Boyce, WCU	41.37m
8. Chris Franklin, CIT	35.74m

Hammer Throw	
1. Jason Stepp, WCU	48.44m
2. Nick McNeil, WCU	46.57m
3. Daniel Duckworth, ASU	44.89m
4. Anthony Greer, ASU	44.83m
5. Jeb Hall, WCU	44.79m
6. Matt Decker, WCU	43.93m
7. Eric Thompson, VMI	41.40m
8. Katon Bethay, WOF	41.31m

Javelin Throw	
1. Josh Lee, WCU	51.18m
2. Marcus Carter, CIT	50.42m
3. Regan LeBlanc, FUR	49.47m
4. Daniel Duckworth, ASU	48.96m
5. Travis Taylor, CIT	46.37m
6. Erick Austin, CIT	44.20m
7. Bobby Robinson, WCU	43.41m
8. Joe Pederson, VMI	42.97m

Decathlon	
1. Dan Queen, ASU	5883
2. Travis Taylor, CIT	5306
3. Bobby Robinson, WCU	5255
4. Stuart Makinson, ASU	5005
5. Brandon Fellers, VMI	4636
6. William Pearl, VMI	4336
7. Hunter Reid, CIT	4163
8. David McCall, WCU	3732

Most Outstanding Track Performer
Jason Green, Appalachian State

Most Outstanding Field Performer
Adrien Borders, Wofford

Freshman of the Year
John Robertson, Western Carolina

Coach of the Year
John Weaver, Appalachian State

****NOTES****
• Top three finishers in each event received all-conference honors

*denotes Southern Conference record •

2003 Women's Outdoor Track & Field Championships

TeamResults

Team	Points		
1. Appalachian State	230	7. Furman	21
2. Georgia Southern	154	8. College of Charleston	17
3. Chattanooga	153	9. The Citadel	10
4. Western Carolina	111	T10. Davidson	9
5. East Tennessee State	67	T10. UNC Greensboro	9
6. VMI	31	12. Wofford	2

IndividualResults

100 Meter Dash	
1. Rashedah Arnold, GSU	:11.87
2. Jennifer Claud, ASU	:11.97
3. Latavia Shores, UTC	:12.10
4. Chantelle Vernon, ETSU	:12.12
5. Shelly Mackall, VMI	:12.25
6. Portia Taylor, ASU	:12.31
7. Ebonie Ogletree, GSU	:12.45
8. Christina Roberts, ASU	:13.58

200 Meter Dash	
1. Rashedah Arnold, GSU	:24.13
2. Shamiaka Johnson, UTC	:24.28
3. Giselle Cunningham, GSU	:24.38
4. Jennifer Claud, ASU	:24.61
5. Margo Mincey, GSU	:24.99
6. Candace Foster, UTC	:25.38
7. Portia Taylor, ASU	:26.19

400 Meter Dash	
1. Shamiaka Johnson, UTC	:53.99
2. Kim Simmons, ETSU	:54.96
3. Tiffany Pointer, UTC	:55.41
4. Margo Mincey, GSU	:55.85
5. Javonne Blackley, GSU	:57.12
6. Matasha Brown, ASU	:57.39
7. Christina Roberts, ASU	:58.36
8. Jennifer Spivey, WCU	:58.57

800 Meter Dash	
1. Leslie Martin, WCU	2:13.65
2. Katie Sujkowski, ASU	2:15.25
3. Amy Doolittle, UTC	2:16.83
4. Channel Lemon, UTC	2:18.53
5. Brittney Swick, GSU	2:19.69
6. Amber Blain, VMI	2:20.24
7. Eleanor Wilson, UNCG	2:21.59
8. Tiffany Collier, ETSU	2:24.50

1,500 Meter Run	
1. Katie Sujkowski, ASU	4:39.86
2. Amy Doolittle, UTC	4:41.25
3. Gina Recher, UTC	4:44.07
4. Allie Martin, DAV	4:48.02
5. Brittney Swick, GSU	4:51.65
6. Katie Marshall, ETSU	4:52.45
7. Deanna Kulesz, WCU	4:56.74
8. Ashley Griffith, DAV	4:57.85

3,000 Meter Steeplechase	
1. Lanni Marchant, UTC	11:28.89
2. Katie Poole, FUR	11:29.61
3. Emily Chaney, ETSU	11:41.47
4. Heidi Sloop, UNCG	11:50.54
5. Lindsey Nye, GSU	11:59.09
6. Chelsea Jacobs, ASU	12:02.83
7. Alissa Short, WCU	12:03.04
8. Kristen Trexler, ASU	12:11.08

5,000 Meter Run	
1. Gina Recher, UTC	17:34.45
2. Sarah Primeau, ASU	17:42.06
3. Janelle Silverman, ASU	17:47.45
4. Noel Smith, ASU	18:01.24
5. Lanni Marchant, UTC	18:14.08
6. Amy Doolittle, UTC	18:21.22
7. Melanie Cooper, WCU	18:22.44
8. Molly Mungovan, FUR	18:34.90

10,000 Meters	
1. Gina Recher, UTC	37:23.81
2. Sarah Primeau, ASU	37:29.32
3. Janelle Silverman, ASU	37:33.41
4. Noel Smith, ASU	37:37.00
5. Whitney Sharp, FUR	39:05.51
6. Melanie Cooper, WCU	39:38.09
7. Whitney Woods, WCU	39:50.83
8. Rebekah Potts, FUR	39:52.62

100 Meter Hurdles	
1. Ronda White, ASU	:13.98
2. Michelle Velez, WCU	:14.00
3. Tondra White, ASU	:14.36
4. Elisabeth Sain, UTC	:14.59
5. Alison Frese, UTC	:14.76
6. Mandi Phillips, GSU	:14.79
7. Shamiaka Johnson, UTC	:15.22

400 Meter Hurdles	
*1. Marlo Mincey, GSU	1:00.16
2. Dawn Harden, UTC	1:01.81
3. Elisabeth Sain, UTC	1:02.16
4. Michelle Velez, WCU	1:03.49
5. Kim Simmons, ETSU	1:03.62
6. Pearl Griggs, GSU	1:06.21
7. Rasheeda Ghaffar, UTC	1:06.28
8. Tondra White, ASU	1:10.84

4x100 Meter Relay	
1. Georgia Southern	:45.83
2. Appalachian State	:46.18
3. East Tennessee State	:47.39
4. Western Carolina	:47.40
5. Chattanooga	:47.90
6. Furman	:49.52
7. VMI	:49.76
8. The Citadel	:50.40

4x400 Meter Relay	
1. Georgia Southern	3:45.16
2. East Tennessee State	3:50.42
3. Chattanooga	3:50.90
4. Western Carolina	3:51.35
5. Furman	4:07.30
6. The Citadel	4:12.48
7. VMI	4:12.60
8. Appalachian State	4:15.39

High Jump	
1. Cheryl Howard, ETSU	1.65m
T2. Kellie Mitchell, GSU	1.65m
T2. Tondra White, ASU	1.65m
4. Suzanne Makinson, ASU	1.60m
5. Alison Frese, UTC	1.60m
6. Amanda Yeck, DAV	1.55m
7. Laura Tieszen, WCU	1.50m
8. Shannon Meadows, ASU	1.50m

Pole Vault	
1. Laura Tieszen, WCU	3.81m
2. Suzanne Makinson, ASU	3.66m
3. Dana Anglin, WCU	3.51m
4. Michelle Velez, WCU	3.51m
5. Nadia Wendlandt, VMI	3.36m
6. Alexis Gonzalez, CIT	2.76m

Long Jump	
1. Ronda White, ASU	5.82m
2. Kellie Mitchell, GSU	5.79m
3. Kasola Smith, UTC	5.74m
4. Kelia Thomas, GSU	5.37m
5. Paula Moore, ASU	5.21m
6. Shameka Harris, WCU	5.20m
7. Candace Foster, UTC	5.19m
8. Jacqueline Allen, GSU	5.16m

Triple Jump	
1. Ronda White, ASU	12.70m
2. Jennifer Claud, ASU	12.10m
3. Tondra White, ASU	11.97m
4. Jacqueline Allen, GSU	11.52m
5. Paula Moore, ASU	11.03m
6. Tiffany Mack, WCU	10.77m
7. Marlo Mincey, GSU	10.71m
8. Mandi Phillips, GSU	10.68m

Shot Put	
1. Mildred Cooper, VMI	13.25m
2. LaShana Poole, ASU	12.70m
3. Beverly Burnett, ASU	12.67m
4. K. Williams-Rogers, WCU	12.62m
5. Amber Tiggs, GSU	12.49m
6. Jamila Minnfield, GSU	12.21m
7. Kristie Boggan, ASU	11.90m
8. Nikole Simmons, ASU	11.36m

Discus Throw	
1. LaShana Poole, ASU	45.31m
2. Lindsay Baber, CofC	43.62m
3. Shaileth Lightfoot, GSU	43.25m
4. Chakosha Lance, CofC	39.84m
5. K. Williams-Rogers, WCU	38.97m
6. Mildred Cooper, VMI	38.05m
7. Kristie Boggan, ASU	37.75m
8. Markaysa Norwood, GSU	36.33m

Hammer Throw	
*1. LaShana Poole, ASU	51.78m
2. Amber Tiggs, GSU	50.33m
3. K. Williams-Rogers, WCU	46.61m
4. Quilletta Dunston, WCU	43.95m
5. Chakosha Lance, CofC	42.66m
6. Mildred Cooper, VMI	41.31m
7. Michele Proctor, UNCG	40.26m
8. Shaileth Lightfoot, GSU	40.00m

Javelin Throw	
1. K. Williams-Rogers, WCU	36.74m
2. Kristin Truman, ETSU	34.92m
3. Laura Tieszen, WCU	33.76m
4. Margo Mincey, GSU	32.80m
5. Kellie Mitchell, GSU	31.10m
6. Catrina Moore, CIT	30.83m
7. Janet Rhodes, WOF	30.75m
8. Nikole Simmons, ASU	30.64m

Heptathlon	
1. Tondra White, ASU	4388
2. Kristin Truman, ETSU	4094
3. Alison Frese, UTC	3940
4. Kristie Boggan, ASU	3780
5. Kelia Thomas, GSU	3736
6. Rasheeda Ghaffar, UTC	3561
7. Myra Keeter, ASU	3368
8. Cristel Kirkpatrick, WCU	3097

Most Outstanding Track Performer

Gina Recher, Chattanooga

Most Outstanding Field Performer

Lashana Poole, Appalachian State

Freshman of the Year

Rashedah Arnold, Georgia Southern

Coach of the Year

Todd Lane, Georgia Southern

NOTES

• Top three finishers in each event received all-conference honors

*denotes Southern Conference record •

2002 Southern Conference Men's Outdoor Track & Field Championships

Liberty Bell Complex, Johnson City, TN

Final Team Results

Team	Points	Team	Points
1. Appalachian State	224	5. East Tennessee State	63
2. Western Carolina	188	6. Chattanooga	61
3. VMI	112.5	7. Davidson	31
4. The Citadel	83.5	8. Furman	27
		9. Wofford	16

Individual Results

100 Meter Dash	
1. Ernest Wiggins, ASU	:10.69
2. Jason Green, ASU	:10.77
3. Kenyon Doyle, CIT	:10.89
4. Reggie Williams, ASU	:10.90
5. James Rainer, WCU	:10.92
T6. Quez Smith, VMI	:11.14
T6. Darius Bryson, WCU	:11.14
8. Kevin McLeod, ASU	:11.24

200 Meter Dash	
1. Reggie Williams, ASU	:21.50
2. Jason Green, ASU	:21.56
3. Kenyon Doyle, CIT	:21.62
4. Ernest Wiggins, ASU	:22.06
5. J.T. Marbury, CIT	:22.17
6. Milton Bolton, WCU	:22.19
7. Jeff Witherspoon, CIT	:22.26
8. Larry Williams, VMI	:22.43

400 Meter Dash	
1. Milton Bolton, WCU	:47.63
2. Alex Prince, CIT	:47.84
3. Darrus Cofield, WCU	:47.90
4. Bola Oyegunwa, WCU	:47.93
5. Larry Williams, VMI	:48.57
6. J.T. Marbury, CIT	:49.31
7. Marcus Cohen, CIT	:49.54

800 Meter Dash	
1. Caleb Bailey, WCU	1:53.93
2. Dan Gibson, DAV	1:54.58
3. Chris Green, VMI	1:54.59
4. Jay Jahnes, DAV	1:56.21
5. Mike Reed, ASU	1:57.13
6. Tony Kimbrough, CIT	1:57.45
7. James Irwin, WCU	1:57.70
8. Nick Battle, VMI	1:59.98

1,500 Meter Run	
1. Dan Gibson, DAV	3:54.44
2. Caleb Bailey, WCU	3:55.75
3. Brad Yewer, ETSU	3:56.58
4. Mike Reed, ASU	3:58.89
5. Grady Powell, FUR	4:03.23
6. Jay Jahnes, DAV	4:03.90
7. Ben Schowe, ASU	4:04.52
8. William Holland, ASU	4:05.12

5,000 Meter Run	
1. Steve Kocsis, UTC	15:10.51
2. Curtis Gadula, UTC	15:13.07
3. James Grufferty, ETSU	15:14.72
4. Bret Burns, UTC	15:24.23
5. Lance Parker, ASU	15:30.84
6. Kevin Crosby, FUR	15:33.44
7. Robert Killian, CIT	15:37.01
8. Brad Ferguson, ASU	15:39.28

10,000 Meters	
1. Curtis Gadula, UTC	32:25.56
2. James Grufferty, ETSU	32:32.36
3. Lance Parker, ASU	32:40.78
4. Kevin Crosby, FUR	32:45.20
5. Joe Halin, ASU	32:50.75
6. Ryan Toler, ASU	33:03.02
7. Jesse Norman, WCU	33:07.08
8. Carson Blackwelder, ASU	33:10.51

110 Meter Hurdles	
1. Ryan Linebarger, ASU	:14.93
2. Deangelo Plather, VMI	:15.44
3. Kevin Solomon, VMI	:15.57
4. Andre Brown, WCU	:15.93
5. Jared Maliska, WCU	:16.02
6. Hercules Collins, FUR	:16.10
7. Donnie Bryant, WCU	:16.37
8. Seajae Hartness, WCU	:16.47

400 Meter Hurdles	
1. Ryan Linebarger, ASU	:51.97
2. Chris Harrington, UTC	:52.62
3. Marcus Littlejohn, ASU	:55.20
4. Jared Maliska, WCU	:55.50
5. Holt McPherson, ASU	:56.10
6. Greg Scherneck, DAV	:57.31
7. Donte Cook, WCU	:59.02

3,000 Steeplechase	
1. Bret Burns, UTC	9:23.87
2. David Haefner, ETSU	9:30.61
3. Ben Schowe, ASU	9:36.42
4. Ben Watkins, WCU	9:41.09
5. Shawn Evans, ASU	9:45.23
6. Brad Ferguson, ASU	9:46.07
7. William Holland, ASU	9:47.66
8. Robert Killian, CIT	9:53.17

4x100 Meter Relay	
1. Appalachian State	:40.51
2. The Citadel	:40.79
3. Western Carolina	:41.10
4. East Tennessee State	:42.90

4x400 Meter Relay	
1. Citadel	3:12.70
2. Western Carolina	3:14.37
3. Appalachian State	3:17.25
4. VMI	3:21.10
5. Chattanooga	3:22.36
6. East Tennessee State	3:26.66
7. Furman	3:27.13
8. Davidson	3:28.83
9. UNC Greensboro	3:29.48

High Jump	
1. Steve Kocsis, UTC	15:10.51
2. Curtis Gadula, UTC	15:13.07
3. James Grufferty, ETSU	15:14.72
4. Bret Burns, UTC	15:24.23
5. Lance Parker, ASU	15:30.84
6. Kevin Crosby, FUR	15:33.44
7. Robert Killian, CIT	15:37.01
8. Brad Ferguson, ASU	15:39.28

1. Kelvin Wylie, WCU	6-08.00
2. Garrett Brickner, VMI	6-06.00
3. Teddy Burgis, WCU	6-06.00
4. Travis Taylor, CIT	6-04.75
5. J.B. Rosson, VMI	6-04.75
6. Kamau Hull, VMI	6-02.00
6. Ryan Linebarger, ASU	6-02.00
8. Bobby Robinson, WCU	6-02.00

Pole Vault	
1. Charles Rice, WCU	15'08.25"
2. Wes Pickens, ASU	15'08.25"
3. Jon Norman, ASU	15'02.25"
T4. J.B. Rosson, VMI	14'08.25"
T4. Seajae Hartness, WCU	14'08.25"
6. Ty Denby, VMI	14'02.50"
7. Matt Carr, ASU	14'02.50"
8. Sean Heaton, WCU	14'02.50"

Long Jump	
1. Charvin Clark, ETSU	23-11.50
2. Adrien Borders, WOF	23-10.75
3. Holt McPherson, ASU	23-08.00
4. Deon Britton, ASU	23-06.00
5. Kevin Solomon, VMI	22-09.75
6. Doug Petway, WCU	22-09.75
7. Quez Smith, VMI	22-07.00
8. John Leverett, DAV	22-02.25

Triple Jump	
1. Kevin Solomon, VMI	50'01.25"
2. Adrien Borders, WOF	49'10.50"
3. Michael Dodd, UTC	49'02.25"
4. Quez Smith, VMI	46'11.00"
T5. Derik Screen, VMI	46'06.75"
T5. Gerald Foreman, ASU	46'06.75"
7. Justin Davis, WCU	46'01.25"
8. Doug Petway, WCU	44'03.50"

Shot Put	
1. Quentin Armstrong, CIT	51-00.75
2. Jeb Hall, WCU	50-09.25
3. Chad Hyder, ETSU	48-00.00
4. Josh Artau, ETSU	47-09.75
5. Travis Crittendon, VMI	47-03.00
6. Bob Smith, ASU	46-09.00
7. Eric Thompson, VMI	46-08.75
8. Tyler Burke, ASU	45-06.50

Discus Throw	
1. Bob Smith, ASU	153'03"
2. Tyler Burke, ASU	147'02"
3. Austin Wakefield, VMI	145'05"
4. Nick McNeil, WCU	143'02"
5. Jeb Hall, WCU	141'09"
6. Chris Franklin, CIT	137'07"
7. Jason Stepp, WCU	136'05"
8. Troy Kelley, WCU	131'11"

Hammer Throw	
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1. Bob Smith, ASU	172-03.00
2. Nick McNeil, WCU	156-06.00
3. Eric Thompson, VMI	142-03.00
4. Austin Wakefield, VMI	139-10.00
5. Travis Crittendon, VMI	137-10.00
6. Tyler Burke, ASU	129-00.00
7. Jeb Hall, WCU	127-03.00
8. Jamie Lyda, ASU	126-03.00

Javelin Throw	
1. Regan LeBlanc, FUR	187'07"
2. Marcus Carter, CIT	184'01"
3. Josh Artau, ETSU	180'01"
4. Eric Wimpey, WCU	179'07"
5. Josh Langley, WCU	168'01"
6. Seth Ostlund, VMI	158'06"
7. Jeb Hall, WCU	157'02"
8. Jason Stepp, WCU	156'00"

Decathlon	
1. Chad Michael, ASU	6162
2. Jared Maliska, WCU	5746
3. Garrett Brickner, VMI	5610
4. Daniel Queen, ASU	5591
5. Josh Langley, WCU	5391
6. Travis Taylor, CIT	5354
6. Ty Denby, VMI	5354
8. Robert Brookshire, ASU	5327

MOST OUTSTANDING TRACK PERFORMER

Ryan Linebarger, Appalachian State

MOST OUTSTANDING FIELD PERFORMER

Bob Smith, Appalachian State

FRESHMAN-OF-THE-YEAR

Adrien Borders, Wofford

COACH-OF-THE-YEAR

John Weaver, Appalachian State

NOTES

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- Field events converted from metric to English measurements.
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2002 Southern Conference Women's Outdoor Track & Field Championships

Liberty Bell Complex, Johnson City, TN

Final Team Results

Team	Points	Team	Points
1. Appalachian State	216	6. Furman	35
2. Western Carolina	201.5	7. UNC Greensboro	23
3. Georgia Southern	122	8. The Citadel	18
4. Chattanooga	100.5	9. VMI	17
5. East Tennessee State	79	10. Davidson	4

Individual Results

100 Meter Dash		5,000 Meter Run		4x400 Meter Relay		Discus Throw	
1. Jennifer Claud, ASU	:12.29	1. Sarah Primeau, ASU	17:59.60	1. East Tennessee State	3:48.17	1. LaShana Poole, ASU	141'6"
2. Tondra White, ASU	:12.59	2. Ellen Davis, UTC	18:38.19	2. Appalachian State	3:50.65	2. Shaletha Lightfoot, GSU	135'0"
3. Ronda White, ASU	:12.61	3. Gina Recher, UTC	18:49.77	3. Georgia Southern	3:50.69	3. Kiley Wright, WCU	125'9"
4. Ronetta Burgess, WCU	:12.64	4. Jennifer Honeycutt, ASU	18:54.68	4. Western Carolina	3:50.76	4. Nikki Slocumb, GSU	125'3"
T5. Kamata Potts, WCU	:12.67	5. Holly Bright, WCU	19:04.58	5. Furman	4:02.45	5. Markaysa Norwood, GSU	122'2"
T5. Javonne Blackley, GSU	:12.67	6. Emily Furr, UNCG	19:14.11	6. VMI	4:07.77	6. Kineta Williams, WCU	121'10"
7. Candii Woodson, FUR	:12.68	7. Emily Chaney, ETSU	19:18.38	7. Davidson	4:17.93	7. Anisha Strouble, GSU	120'5"
		8. Mary Nero, UNCG	19:23.78	8. UNC Greensboro	4:24.51	8. Pam Truman, FUR	113'8"
200 Meter Dash		10,000 Meters		High Jump		Hammer Throw	
1. Jennifer Claud, ASU	:24.76	1. Sarah Primeau, ASU	38:08.78	1. Virginia LaCombe, WCU	5'08.00"	1. Amber Tiggs, GSU	162'0.0"
2. Ronda White, ASU	:25.10	2. Ellen Davis, UTC	39:36.02	2. Cheryl Howard, ETSU	5'06.00"	2. LaShana Poole, ASU	156'6.0"
3. Javonne Blackley, GS	:25.12	3. Jennifer Honeycutt, ASU	39:42.70	T3. Alison Frese, UTC	5'04.25"	3. Niki Ash, UNCG	138'10.0"
4. Jennifer Howard, ETSU	:25.15	4. Emily Chaney, ETSU	40:31.06	T3. Suzanne Makinson, ASU	5'04.25"	4. Nancy Hinson, ASU	136'3.0"
5. Ronetta Burgess, WCU	:25.22	5. Emily Furr, UNCG	40:47.49	5. Altavise Franklin, WCU	5'04.25"	5. Michelle Proctor, UNCG	131'3.0"
6. Margo Mincey, GSU	:25.72	6. Kim Roush, FUR	41:12.17	6. Tara Stevenson, CIT	5'04.25"	6. Kineta Williams, WCU	126'0.0"
7. Ashelyn Little, WCU	:27.39	7. Holly Bright, WCU	41:21.26	T7. Leigh Anne Rank, ASU	5'02.25"	7. Carol Hamlin, CIT	125'11.0"
400 Meter Dash		8. Kristin Irwin, UNCG	41:26.22	T7. Kellie Mitchell, GSU	5'02.25"	8. Mildred Cooper, VMI	122'11.0"
1. Jennifer Howard, ETSU	:55.01	100 Meter Hurdles		Pole Vault		Javelin Throw	
2. Kim Simmons, ETSU	:55.94	1. Ronda White, ASU	:14.07	*1. Dana Anglin, WCU	12'0.50"	1. Altavise Franklin, WCU	121'11"
3. Kellie Mitchell, GSU	:57.16	2. Lindy Petteway, GSU	:14.09	2. Suzanne Makinson, ASU	12'0.50"	2. Lindy Petteway, GSU	115'10"
4. Benetta Boyd, WCU	:57.62	3. Michelle Velez, WCU	:14.39	T3. Michelle Velz, WCU	11'5.75"	3. Kineta Williams, WCU	112'2"
5. Tiffany Collier, ETSU	:57.76	4. Dawn Harden, UTC	:14.50	T3. Laura Tieszen, WCU	11'5.75"	4. Kristin Truman, ETSU	101'8"
6. Matasha Brown, ASU	:57.87	5. Rosalyn Hood, WCU	:14.51	5. Tricia Shepard, WCU	10'0.0"	5. Virginia LaCombe, WCU	97'10"
7. Marlo Mincey, GSU	:58.01	6. Alison Frese, UTC	:14.61	6. Heidi Gholston, GSU	9'6.25"	6. Carol Hamlin, CIT	97'9"
8. Ashelyn Little, WCU	1:01.51	7. Ronetta Burgess, WCU	:14.80	7. Kelly Hawkins, ASU	9'6.25"	7. Pam Truman, FUR	89'7"
800 Meter Dash		8. Tondra White, ASU	:15.36	8. Sara Searcy, ASU	9'6.25"	8. Laura Tieszen, WCU	87'2"
1. Julie Stackhouse, FUR	2:12.95	400 Meter Hurdles		Long Jump		Heptathlon	
2. Channel Lemon, UTC	2:13.20	*1. Elisabeth Sain, UTC	1:00.22	1. Ronda White, ASU	19'4.75"	1. Virginia Lacombe, WCU	4790
3. Katie Sujkowski, ASU	2:14.39	2. Dawn Harden, UTC	1:01.20	2. Kellie Mitchell, GSU	18'10.0"	2. Tara Stevenson, CIT	4697
4. Megan Thacker, WCU	2:15.46	3. Michelle Velez, WCU	1:01.98	3. Rosalyn Hood, WCU	18'5.0"	3. Rosalyn Hood, WCU	4603
5. Leslie Martin, WCU	2:15.83	4. Monica Hill, FUR	1:02.30	4. Kasola Smith, UTC	18'4.5"	4. Alison Frese, UTC	4507
6. Bev Roberts, FUR	2:23.25	5. Rosalyn Hood, WCU	1:04.23	5. Kamata Potts, WCU	18'3.75"	5. Altavise Franklin, WCU	4444
7. Amy Doolittle, UTC	2:23.42	6. Tondra White, ASU	1:04.30	6. Kim Simmons, ETSU	18'3.0"	6. Kelia Thomas, GSU	3772
8. Tonya Edmonds, WCU	2:25.48	7. Lindy Petteway, GSU	1:04.94	7. Jacqueline Allen, GSU	18'2.5"	7. Nancy Hinson, ASU	3762
1,500 Meter Run		8. Rasheeda Ghaffar, UTC	1:06.49	8. Cede Bowden, WCU	17'11.5"	8. Heidi Gholston, GSU	3659
1. Katie Sujkowski, ASU	4:38.85	3,000 Steeplechase		Triple Jump		MOST OUTSTANDING TRACK PERFORMER	
2. Amy Doolittle, UTC	4:42.96	1. Shannon Wommack, UTC	11:31.59	1. Ronda White, ASU	42'0.0"	Ronda Wright, Appalachian St	
3. Lauren Campbell, ETSU	4:45.93	2. Emily Chaney, ETSU	11:52.51	2. Tondra White, ASU	41'0.25"	MOST OUTSTANDING FIELD PERFORMER	
4. Missy Dock, ASU	4:47.12	3. Lindsey Nye, GSU	11:58.93	3. Jennifer Claud, ASU	40'7.0"	Virginia LaCombe, Western Carolina	
5. Holly Bright, WCU	4:47.17	4. Alisha Little, ASU	12:11.70	4. Paula Moore, ASU	40'4.0"	FRESHMAN-OF-THE-YEAR	
6. Morgan Cole, UNCG	4:51.17	5. Alissa Short, WCU	12:11.92	5. Cede Bowden, WCU	39'8.0"	Jennifer Claud, Appalachian State	
7. Shannon Wommack, UTC	4:52.14	6. Kristen Trexler, ASU	12:19.48	6. Virginia LaCombe, WCU	39'5.75"	COACH-OF-THE-YEAR	
8. Erin Howard, FUR	4:57.43	7. Olivia Perry-Smith, CIT	12:20.21	7. Jacqueline Allen, GSU	37'11.25"	John Weaver, Appalachian State	
3,000 Meter Steeplechase		8. Marivi Mercado, ASU	12:35.88	8. Altavise Franklin, WCU	37'3.25"		
1. Shannon Wommack, UTC	11:31.59	4x100 Meter Relay		Shot Put			
2. Emily Chaney, ETSU	11:52.51	1. Western Carolina	:45.99	1. Mildred Cooper, VMI	44-04.25		
3. Lindsey Nye, GSU	11:58.93	2. Georgia Southern	:47.58	2. Amber Tiggs, GSU	44-00.00		
4. Alisha Little, ASU	12:11.70	3. Chattanooga	:47.87	3. LaShana Poole, ASU	42-05.50		
5. Alissa Short, WCU	12:11.92	4. East Tennessee State	:48.07	4. Nikki Slocumb, GSU	41-06.50		
6. Kristen Trexler, ASU	12:19.48	5. Furman	:48.68	5. Altavise Franklin, WCU	39-08.50		
7. Olivia Perry-Smith, CIT	12:20.21	6. VMI	:50.22	6. Kiley Wright, WCU	39-05.00		
8. Marivi Mercado, ASU	12:35.88	7. Davidson	:52.63	7. Kineta Williams, WCU	38-06.75		
				8. Jamilla Minnifield, GSU	38-05.50		

NOTES

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2001 Southern Conference Men's Outdoor Track & Field Championships

Team Results

Team	Points	Team	Points
1. Appalachian State	221	6. Chattanooga	75
2. Western Carolina	156	7. Furman	25
3. VMI	155	8. Davidson	14
4. The Citadel	81	9. UNC Greensboro	6
5. East Tennessee State	79	10. Wofford	1

Individual Results

100 Meter Dash

1. Akaba Glaspie, WCU	:10.78
2. Jeff Witherspoon, CIT	:10.83
3. Kevin McLeod, ASU	:11.11
4. Quez Smith, VMI	:11.13
5. Donnie Bryant, WCU	:11.25
6. Charles Watson, CIT	:11.32
7. Damion McLean, ASU	:11.34
8. Evan Hawkins, ETSU	:12.07

200 Meter Dash

1. Jeff Witherspoon, CIT	:21.44
2. Evan Hawkins, ETSU	:21.60
3. Derrick High, WCU	:21.67
4. Akaba Glaspie, WCU	:21.88
5. J.T. Marbury, CIT	:22.19
6. Charles Davis, ASU	:22.39
7. Mike May, ETSU	:22.54
8. Lloyd Davis, VMI	:22.94

400 Meter Dash

1. Derrick High, WCU	:47.54
2. Evan Hawkins, ETSU	:47.56
3. Michael Lokale, VMI	:48.69
4. Tim Vaught, WCU	:49.23
5. Mike May, ETSU	:49.56
6. Michael Kirk, VMI	:49.82
7. Dale Slaughter, ASU	:51.35
8. Bola Oyegunwa, WCU	1:08.52

800 Meter Dash

1. Chris Green, VMI	1:52.78
2. Caleb Bailey, WCU	1:53.09
3. John Baldwin, UTC	1:53.19
4. Ryan Kendall, UTC	1:53.85
5. Aaron Prieur, UTC	1:54.87
6. Matt Vogel, VMI	1:55.94
7. Leonard Mitchell, UNCG	1:56.86
8. Tony Kimbrough, CIT	1:58.40

1,500 Meter Run

1. Aaron Prieur, UTC	3:52.76
2. Caleb Bailey, WCU	3:53.79
3. Ryan Kendall, UTC	3:54.76
4. Yuri Van der Heijden, FUR	3:57.38
5. Jimmy Swansbrough, DAV	3:57.73
6. Leonard Mitchell, UNCG	3:58.01
7. Chris Green, VMI	3:59.41
8. Shawn Holland, ASU	4:01.63

5,000 Meter Run

1. Ben Bisette, ASU	14:53.22
2. Curtis Gadula, UTC	15:05.99
3. Joe Halin, ASU	15:10.01
4. Franklin Manchester, ASU	15:10.14
5. Shon Grice, UTC	15:15.51
6. Dwight Thomas, UTC	15:18.83
7. Alan Marion, ASU	15:19.93
8. Tim Briles, FUR	15:26.98

10,000 Meters

1. Ben Bisette, ASU	31:18.45
2. Dwight Thomas, UTC	31:36.76
3. Curtis Gadula, UTC	31:40.67
4. Joe Halin, ASU	31:45.93
5. Alan Marion, ASU	31:46.44
6. Ryan Toler, ASU	31:47.45
7. Greg Sprowl, ETSU	32:07.94
8. Jesse Norman, WCU	32:27.32

110 Meter Hurdles

1. Omari Francis, ASU	:14.46
2. Ryan Linebarger, ASU	:14.60
3. Jeff Foy, VMI	:14.84
4. Johnny Bormar, WCU	:15.42
5. Keith Sims, ASU	:15.46
6. Donnie Bryant, WCU	:15.80
7. Kenny Moseley, VMI	:15.85
8. Hercules Collins, FUR	:17.26

400 Meter Hurdles

1. Jon-Paul Bowles, FUR	:53.06
2. Deangelo Plather, VMI	:53.47
3. Jeff Foy, VMI	:54.32
4. Johnny Bormar, WCU	:55.55
5. Ryan Linebarger, ASU	:56.44
6. Jared maliska, WCU	:56.80
7. Cory Russell, CIT	:56.81
8. Donnie Bryant, WCU	1:01.19

3,000 Steeplechase

1. Shon Grice, UTC	9:13.34
2. Tim Briles, FUR	9:22.94
3. Ben Schowe, ASU	9:26.13
4. Franklin Manchester, ASU	9:29.05
5. Shawn Evans, ASU	9:30.44
6. Jimmy Swansbrough, DAV	9:32.56
7. David Haefner, ETSU	9:37.60
8. Robert Killian, CIT	9:43.36

4x100 Meter Relay

1. Western Carolina	:41.00
2. The Citadel	:41.35
3. VMI	:41.83
4. Appalachian St	:41.88
5. Davidson	:44.19

4x400 Meter Relay

1. Western Carolina	3:15.20
2. VMI	3:15.64
3. Appalachian State	3:17.10
4. Chattanooga	3:19.64
5. The Citadel	3:20.55
6. Davidson	3:22.69
7. East Tennessee State	3:24.32
8. UNCG	3:28.76
9. Furman	3:32.34

High Jump

1. Jason Farr, ETSU	6'05.5"
2. Ken Millender, ASU	6'05.5"
3. Travis Taylor, CIT	6'03.5"
4. Jason Palmer, ASU	6'03.50"
5. Jeff McKelvin, VMI	6'01.5
6. Tim DeLaughter, ETSU	6'01.5"
7. J.B. Rosson, VMI	5'11.5"
8. Jeremy Snoderly, ETSU	5'11.5"

Pole Vault

1. Charles Rice, WCU	16'04.0"
2. J.B. Rosson, VMI	15'10.0"
T3. Wes Pickens, ASU	14'04.5"
T3. Aaron Pedrick, ASU	14'04.5"
5. Bryan Tomlinson, ASU	14'04.5"
6. Adam Woods, ETSU	13'10.5"
7. Jon Norman, ASU	13'10.5"
8. Ron Hull, VMI	13;10.5:

Long Jump

1. Damion McLean, ASU	23'10.0"
2. Kevin Solomon, VMI	23'00.5"
3. Aaron Yarbough, VMI	22'08.5"
4. Omari Francis, ASU	22'05.25"
4. Quez Smith, VMI	22'05.25"
6. Keith Jenkins, ASU	22'03.75"
7. Doug Petway, WCU	22'00.75"
8. Donnie Bryant, WCU	21'11.0"

Triple Jump

1. Kevin Solomon, VMI	14.9m
2. Damion McLean, ASU	14.86m
3. Keith Jenkins, ASU	14.44m
4. Derik Screen, VMI	14.14m
5. Doug Petway, WCU	13.93m
6. David Cabbler, ETSU	13.76m
7. Demaj Wiley, CIT	13.68m
8. Sheldon Hamilton, WOF	13.36m

Shot Put

1. Quentin Armstrong, CIT	50'02.50"
2. Josh Artau, ETSU	48'01.25"
3. Larry Brock, ASU	47'10.0"
4. John Chisholm, VMI	47'02.25"
5. Russ Touchberry, CIT	46'10.25"
6. Jeff Chambers, WCU	46'08.25"
7. Austin Wakefield, VMI	46'05.5"
8. D. Misenheimer, ASU	44'00.00"

Discus Throw

1. Larry Brock, ASU	149'04"
2. Jeff Chambers, WCU	147'10"
3. Nick McNeil, WCU	144'00"
4. Russ Touchberry, CIT	143'02"
5. Austin Wakefield, VMI	141'02"
6. Chris Franklin, CIT	139'05"
7. Tony Essig, VMI	133'07"
8. Josh Artau, ETSU	129'00"

Hammer Throw

1. John Chisholm, VMI	188'06"
2. Nick McNeil, WCU	154'04"
3. Tony Essig, VMI	150'10"
4. Russ Touchberry, CIT	149'03"
5. Daniel Duckworth, ASU	148'03"
6. Larry Brock, ASU	146'01"
7. Jeff Chambers, WCU	141'11"
8. Austin Wakefield, VMI	131'07"

Javelin Throw

1. Phil Weismiller, VMI	181'02"
2. Larry Brock, ASU	174'01"
3. Josh Artau, ETSU	172'05"
4. Chad Michael, ASU	169'08"
5. Josh Langley, WCU	162'08"
6. Devin Sweeney, WCU	156'08"
7. Daniel Duckworth, ASU	147'04"
8. Seth Ostlund, VMI	146'08"

Decathlon

1. Andrew Whitson, ETSU	6233
2. Chad Michael	5795
3. Jared Maliska, WCU	5777
4. Adam Woods, ETSU	5392
5. Josh Langley, WCU	5075
6. Scott Sutter, CIT	3918
7. Thomas Reid, CIT	2905
8. Jamie Lyda, ASU	3646

MOST OUTSTANDING PERFORMER

Ben Bisette, Appalachian State

FRESHMAN-OF-THE-YEAR

Nick McNeil, Western Carolina

COACH-OF-THE-YEAR

John Weaver, Appalachian State

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2001 Southern Conference Women's Outdoor Track & Field Championships

Team Results

Team	Points	Team	Points
1. Western Carolina	230.50	6. East Tennessee State	58
2. Appalachian State	170	7. VMI	30.5
3. Chattanooga	144	8. Davidson	22
4. Georgia Southern	81	9. The Citadel	13
5. Furman	64	10. UNC Greensboro	5

Individual Results

100 Meter Dash

1. Shonte' Pinkston, ASU	:11.83
2. Marna Moore, UTC	:12.31
3. Jacqueline Allen, GSU	:12.42
4. Candii Woodson, FUR	:12.63
5. Cede Bowden, WCU	:12.63
6. Ebonie Ogletree, GSU	:12.67
7. Ronetta Burgess, WCU	:12.98
8. Javonne Blackley, GSU	:13.11

200 Meter Dash

1. Shonte' Pinkston, ASU	:24.27
2. Marna Moore, UTC	:24.66
3. Ronetta Burgess, WCU	:24.74
4. Jennifer Howard, ETSU	:24.96
5. Roselin Addo, ETSU	:25.21
6. Jacqueline Allen, GSU	:25.36
7. Ashelyn Little, WCU	:25.50
8. Ebonie Ogletree, GSU	:26.08

400 Meter Dash

1. Roselin Addo, ETSU	:55.19
2. Jennifer Howard, ETSU	:55.43
3. Tiffany Pointer, UTC	:56.93
4. Marlo Mincey, GSU	:56.95
5. Ashelyn Little, WCU	:58.17
6. Benetta Boyd, WCU	:58.48
7. Candace Foster, UTC	:58.95
8. Shavon Neely, WCU	1:01.66

800 Meter Dash

1. Mary Jayne Harrelson, ASU	2:10.24
2. Smyth Bitter, ASU	2:13.17
3. Katie Sujkowski, ASU	2:14.52
4. Megan Thacker, WCU	2:18.24
5. Lauren Campbell, ETSU	2:19.45
6. Bev Roberts, FUR	2:20.16
7. Liz Gross, DAV	2:20.79
8. Holly Bright, WCU	2:28.71

1,500 Meter Run

1. Mary Jayne Harrelson, ASU	4:33.58
2. Lauren Campbell, ETSU	4:39.10
3. Johanna Allen, ASU	4:41.99
4. Becky Slick, UTC	4:42.03
5. Erin Howard, FUR	4:45.67
6. Kate Brunk, UTC	4:45.78
7. Whitney Woods, WCU	4:46.69
8. Holly Bright, WCU	4:53.42

3,000 Meters

*1. Mary Jayne Harrelson, ASU	9:35.92
2. Oddbjorg Haugen, UTC	9:54.51
3. Becky Slick, UTC	10:01.03
4. Jill Braley, FUR	10:01.85
5. Johanna Allen, ASU	10:09.52
6. Lory Gray, FUR	10:28.76
7. Emily Campbell, ETSU	10:33.63
8. Whitney Woods, WCU	10:38.80

5,000 Meter Run

1. Oddbjorg Haugen, UTC	16:58.93
2. Jill Braley, FUR	17:05.53
3. Andrea Davis, UTC	17:27.60
4. Gina Recher, UTC	17:54.14
5. Lory Gray, FUR	18:07.90
6. Sarah Primeau, ASU	18:17.19
7. Melanie Cooper, WCU	18:39.46
8. Whitney Woods, WCU	18:43.86

10,000 Meters

1. Jill Braley, FUR	37:30.01
2. Andrea Davis, UTC	37:32.13
3. Dana Smith, FUR	38:04.17
4. Sarah Primeau, ASU	38:16.51
5. Heather Needham, ASU	38:50.85
6. Jennifer Honeycutt, ASU	39:51.69
7. Emily Eades, FUR	40:04.84
8. Melanie Cooper, WCU	40:35.95

110 Meter Hurdles

1. Marna Moore, UTC	:14.25
2. Ronetta Burgess, WCU	:14.46
3. Virginia LaCombe, WCU	:15.28
4. Jennifer McCalla, GSU	:15.36
5. Rosalyn Hood, WCU	:15.38
6. Tondra White, ASU	:15.39
7. Kirsten Bowden, ASU	:15.68
8. Lindy Petteway, GSU	:16.95

400 Meter Hurdles

1. Monica Hill, FUR	1:02.55
2. Elisabeth Sain, UTC	1:03.35
3. Melissa Millar, DAV	1:03.83
4. Marlo Mincey, GSU	1:05.73
5. Tondra White, ASU	1:05.92
6. Virginia LaCombe, WCU	1:06.00
7. Lei Nitia Williams, GSU	1:06.66
8. Pearl Griggs, GSU	1:11.91

4x100 Meter Relay

1. Chattanooga	:46.74
2. Western Carolina	:46.81
3. Appalachian State	:46.97
4. Georgia Southern	:47.18
5. Furman	:48.51
6. VMI	:51.06
7. Davidson	:51.80
8. The Citadel	:54.47

4x400 Meter Relay

1. East Tennessee State	3:48.26
2. Georgia Southern	3:52.00
3. Appalachian State	3:53.19
4. Western Carolina	3:58.44
5. Chattanooga	4:03.00
6. Davidson	4:03.12
7. Furman	4:05.94
8. VMI	4:10.89

High Jump

*1. Virginia LaCombe, WCU	5'09.75"
2. Jennifer Carroll, VMI	5'07.75"
3. Anna Hutcherson, UTC	5'05.75"
4. Tyleana Hanner, UTC	5'03.75"
5. Cheryl Howard, ETSU	5'03.75"
6. Suzanne Makinson, ASU	5'01.75"
7. Leslie Atalese, ASU	4'11.75"
8. Amanda Yeck, DAV	4'11.75"

Pole Vault

*1. Valerie Jalajas, WCU	11'11.25"
2. Michelle Velz, WCU	11'05.25"
3. Suzanne Makinson, ASU	10'11.5"
T4. Nadia Wendlandt, VMI	10'05.5"
T4. Tricia Shepard, WCU	10'05.5"
6. Dana Anglin, WCU	10'05.5"
7. Kallie Kocourek, ASU	10'05.5"
8. Kate Minser, ASU	10'05.5"

Long Jump

1. Tyleana Hanner, UTC	19'06.75"
2. Cede Bowden, WCU	19'01.25"
3. Star Lingo, GSU	18'05.25"
4. Angela Pryor, ASU	18'04.50"
T5. Rosalyn Hood, WCU	17'11.75"
T5. Tanika Griffith, CUT	17'11.75"
T7. Jennifer Carroll, VMI	17'10.25"
T7. Ronetta Burgess, WCU	17'10.25"

Triple Jump

1. Kirsten Bowden, ASU	12.97m
2. Tondra White, ASU	12.44m
3. Tyleana Hanner, UTC	12.42m
4. Virginia LaCombe, WCU	11.84m
5. Cede Bowden, WCU	11.36m
6. Rosalyn Hood, WCU	11.12m
7. Kristin Truman, ETSU	10.96m
8. Cheryl Howard, ETSU	10.64m

Shot Put

1. Ashley Herendon, WCU	44'00.0"
2. Amber Tiggs, GSU	41'10.5"
3. LaShana Poole, ASU	41'08.50"
4. Barbara Palmer, WCU	40'00.75"
5. Kineta Williams, WCU	37'06.5"
6. Catrina Moore, CIT	36'07.5"
7. Kiley Wright, WCU	36'02.25"
8. Niki Ash, UNCG	36'00.75"

Discus Throw

1. LaShana Poole, ASU	135'06"
2. Ashley Herendon, WCU	129'01"
3. Shaletha Lightfoot, GSU	119'10"
4. Kiley Wright, WCU	118'05"
5. Kelly Sullivan, VMI	117'00"
6. Quilletta Dunston, WCU	115'09"
7. Kineta Williams, WCU	113'10"
8. Barbara Palmer, WCU	111'08"

Hammer Throw

1. Barbara Palmer, WCU	151'02.0"
2. Quilletta Dunston, WCU	145'02.0"
3. Kelly Sullivan, VMI	144'10.0"
4. Ashley Herendon, WCU	144'10.0"
5. Niki Ash, UNCG	143'08.0"
6. LaShana Poole, ASU	142'06.0"

Javelin Throw

1. Ashley Herendon, WCU	128'08"
2. Rolanda Mallory, ASU	108'04"
3. Elizabeth Nobles, GSU	105'06"
4. Roslyn Bingley, WCU	103'04"
5. Kineta Williams, WCU	99'08"
6. Carol Hamlin, CIT	96'02"
7. Catrina Moore, CIT	94'07"
8. Alexis Abrams, VMI	93'11"

Heptathlon

*1. Tyleana Hanner, UTC	5361
2. Virginia LaCombe, WCU	4627
3. Roslyn Bingley, WCU	4310
4. Rosalyn Hood, WCU	4170
5. Kelia Thomas, GSU	3894
6. Lindy Petteway, GSU	3859
7. Leslie Atalese, ASU	3448

MOST OUTSTANDING PERFORMER

Virginia LaCombe, Western
Carolina and Tyleana Hanner,
Chattanooga

FRESHMAN-OF-THE-YEAR

Oddbjorg Haugen, Chattanooga

COACH-OF-THE-YEAR

Danny Williamson, Western
Carolina

NOTES

- Top three finishers in each event receive all-conference honors
- Field events converted from metric to English measurements.

*denotes Southern Conference record • ^denotes NCAA Provisional

2000 Southern Conference Men's Outdoor Track & Field Championships

Team Results

Team	Points
1. VMI	217
2. Western Carolina	182
3. Appalachian State	145
4. The Citadel	68
5. ETSU	67
6. Chattanooga	51
7. Furman	46
8. Davidson	27
9. Wofford	5
10. UNCG	3

Individual Results

100 Meter Dash

1. Marcus Lynch, VMI	10.65
2. Quiz Smith, VMI	10.72
3. Johnnie Morrison, WCU	10.77
4. Carlos Frank, CIT	10.95
5. Martin Cortese, ETSU	10.96
6. Donnie Bryant, WCU	11.05
7. Kevin McLeod, ASU	11.06

200 Meter Dash

1. Marcus Lynch, VMI	21.32
2. Joe Hyman, WCU	21.37
3. Akaba Glaspie, WCU	21.45
4. Jason McGhinnis, ASU	21.65
5. Martin Cortese, ETSU	21.67
6. Evan Hawkins, ETSU	21.67
7. Derrick High, WCU	22.74

400 Meter Dash

1. Joe Hyman, WCU	47.66
2. Evan Hawkins, ETSU	48.14
3. Kenneth Carmichael, VMI	48.44
4. Akaba Glaspie, WCU	48.58
5. Nate Haley, VMI	48.67
6. Rob Nichols, CIT	49.90
7. Nick Crowe, Chattanooga	50.96
8. Derrick High, WCU	56.03

800 Meter Run

1. John Baldwin, Chattanooga	1:56.93
2. Caleb Bailey, WCU	1:57.09
3. Nic Crider, Chattanooga	1:57.30
4. Aaron Prier, Chattanooga	1:57.64
5. Michael Lokale, VMI	1:58.22
6. Dale Slaughter, ASU	1:58.29
7. Keith Chapman, Davidson	1:58.61
8. Dan Gibson, Davidson	2:00.15

1,500 Meter Run

1. Nic Crider, UTC	3:55.34
2. Dan Gibson, Davidson	3:56.58
3. Aaron Prier, UTC	3:58.21
4. Caleb Bailey, WCU	3:59.38
5. Grady Powell, Furman	4:01.31
6. Yuri Vanderheijden, Furman	4:02.01
7. Curtis Gadula, UTC	4:03.98
8. Alan Marion, ASU	4:05.17

5,000 Meter Run

1. Shane Austin, ASU	14:53.43
2. Brent Ferrell, Davidson	15:12.54
3. Daniel Welsh, ETSU	15:14.48
4. Ben Bissette, ASU	15:19.74
5. Mitchell Jones, ETSU	15:25.24
6. Timothy Briles, Furman	15:33.30
7. Joe Smith, VMI	15:35.12
8. Jesse Norman, WCU	15:35.22

10,000 Meter Run

1. Joe Smith, VMI	32:11.14
2. Ben Bissette, ASU	32:30.36
3. Jesse Norman, WCU	32:37.50
4. Daniel Welsh, ETSU	32:43.11
5. Robert Stephens, WCU	32:48.87
6. Greg Sprowl, ETSU	33:02.78
7. Rob Ball, UNCG	33:12.47
8. Brian St Onge, UNCG	33:33.56

110 Meter High Hurdles

1. Jeff McKelvin, VMI	14.48
2. Jeff Foy, VMI	14.65
3. Kenny Moseley, VMI	14.83
4. Johnny Bomar, WCU	15.24
5. Karl Willis, WCU	15.44
6. Warren Evans, ASU	15.61
7. Hercules Collins, Furman	16.02
8. Ryan Linebarger, ASU	24.11

400-Meter Intermediate Hurdles

1. Nate Haley, VMI	52.55
2. Kenneth Carmichael, VMI	53.09
3. Jason McGhinnis, ASU	53.13
4. Jon Paul Bowles, Furman	53.17
5. Glenn Hicks, ASU	54.87
6. Derek LeMay, WCU	56.72
7. Randy Marion, ASU	58.46
8. D'Angelo Plaether, VMI	59.36

Steeplechase

1. Timothy Briles, Furman	9:25.81
2. Shane Austin, ASU	9:25.85
3. Patrick Dillon, Furman	9:42.62
4. Shon Grice, UTC	9:44.37
5. Franklin Manchester, ASU	9:51.33
6. Ben Bissette, ASU	9:51.46
7. Ben Schave, ASU	9:52.64
8. Shawn Evans, ASU	9:54.29

4x100-meter Relay

1. VMI	41.48
2. CIT	41.54
3. Western Carolina	41.79
4. Appalachian State	42.30
5. Furman	42.90
6. Davidson	44.97

4x400-meter Relay

1. Western Carolina	3:17.73
2. Appalachian State	3:18.26
3. VMI	3:18.56
4. Chattanooga	3:20.58
5. CIT	3:21.24
6. ETSU	3:25.21
7. Furman	3:26.56
8. Davidson	3:26.88

High Jump

1. Eric McClary, CIT	6-8
2. Rob Waddington, CIT	6-6
3. Jason Farr, ETSU	6-4
4. Ken Millender, ASU	6-2
5. Jeff McKelvin, VMI	6-2
6. Karl Willis, WCU	6-0
7. Travis Gilliam, Furman	5-10
8. Brad Berry, WCU	5-8

Pole Vault

1. Wes Pickens, ASU	15-5.5
2. Charles Rice, WCU	14-11.5
3. Tim Thomas, WCU	14-11.5
4. Ron Hull, VMI	14-05.5
5. Aaron Pedrick, ASU	13-11.75
6. John Hardy, VMI	12-11.75

Long Jump

1. Kevin Solomon, VMI	25-0.5
2. Marcus Lynch, VMI	24-4.25
3. Damion McLean, ASU	24-2.5
4. Rayshon Carthen, WCU	23-11.75
5. Aaron Yarbough, VMI	23-7.5
6. Doug Petway, WCU	23-2
7. Charles Mahatha, ASU	23-0
8. Quiz Smith, VMI	22-10.5

Triple Jump

1. Quiz Smith, VMI	47-1
2. Rayshon Carthen, WCU	46-8.75
3. Kevin Solomon, VMI	46-7.5
4. Ernest Moss, WCU	46-6
5. Ade Artis, Davidson	45-5.75
6. Elliot Barton, ETSU	45-5.25
7. Damion McLean, ASU	44-6
8. Doug Petway, WCU	44-2.75

Shot Put

1. Jeb Hall, WCU	51-11
2. John Chisholm, VMI	50-5.5
3. Quentin Armstrong, CIT	49-6.25
4. Anthony Jones, Wofford	46-8.25
5. Larry Brock, ASU	45-1.75
6. Russ Touchberry, CIT	44-9.5
7. Tom Hite, ETSU	44-5.5
8. Chris Stewart, Furman	43-3.25

Discus Throw

1. Larry Brock, ASU	152-0
2. Tony Essig, VMI	146-5
3. Jeb Hall, WCU	144-4
4. Russ Touchberry, CIT	141-2
5. Chris Stewart, Furman	136-3
6. John Carelton, VMI	133-6
7. Matt Roten, ASU	128-9
8. Jeff Chambers, WCU	126-3

Hammer Throw

1. John Chisholm, VMI	185-2
2. Adam Gilbert, ASU	163-3
3. Jeff Chambers, WCU	149-8
4. Russ Touchberry, CIT	137-3
5. Kelly Underwood, VMI	134-7
6. Jeb Hall, WCU	133-1
7. Tony Essig, VMI	123-3
8. John Carelton, VMI	118-8

Javelin Throw

1. Kris Kut, The Citadel	196-5
2. Tony Liberato, VMI	181-1
3. Jeb Hall, WCU	167-1
4. Larry Brock, ASU	166-2
5. Josh Langley, WCU	163-9
6. Jason Nave, ETSU	153-4
7. Brad Berry, WCU	146-0
8. Russ Touchberry, CIT	145-4

Decathlon

*1. Andrew Whitson, ETSU	6287
2. Jeff Foy, VMI	5558
3. Ben Yocum, ASU	5498
4. Donnie Bryant, WCU	5472
5. Brad Berry, WCU	5384
6. Adam Woods, ETSU	5095
7. Jared Maliska, WCU	5088
8. Seth Ostlund, VMI	3579
*Meet record	

Most Outstanding Performer

Marcus Lynch, VMI

Freshman of the Year

Kevin Solomon, VMI

Coach of the Year

Mike Bozeman, VMI

****NOTE**** Top three finishers in each event receive all-conference honors.

2000 Southern Conference Women's Outdoor Track & Field Championships

Team Results

Team	Points
1. Western Carolina	250
2. Chattanooga	191
3. Appalachian State	106
4. ETSU	77
5. Furman	68.5
6. Georgia Southern	31
7. The Citadel	27
8. VMI	26.5
9. UNC Greensboro	20
10. Wofford	12
11. Davidson	8

Individual Results

100 Meter Dash

1. Shonte Pinkston, ASU	11.80
2. Tyleana Hanner, UTC	11.98
3. Jacqueline Allen, GSU	12.14
4. Marna Moore, UTC	12.15
5. Cedea Bowden, WCU	12.27
6. Angela Pryor, ASU	12.32
7. Andrea Matthews, ASU	12.36
8. Javonne Blackely, GSU	12.44

200 Meter Dash

1. Tyleana Hanner, UTC	24.40
2. Shonte Pinkston, ASU	24.57
3. Marna Moore, UTC	24.63
4. Jennifer Howard, ETSU	24.95
5. Angie Highbaugh, Furman	24.98
6. Rosline Addo, ETSU	25.01
7. Ashelyn Little, WCU	25.36
8. Javonne Blackely, GSU	25.49

400 Meter Dash

1. Roseline Addo, ETSU	55.98
2. Jennifer Howard, ETSU	56.46
3. Angie Highbaugh, Furman	57.43
4. Ashelyn Little, WCU	58.38
5. Tiffany Pointer, UTC	59.14
6. Tiffani Bonds, UTC	1:00.33
7. Shevon Neely, WCU	1:00.51
8. Maira Rivas, Furman	1:00.77

800 Meter Run

1. Julie Stackhouse, Furman	2:15.32
2. Becky Slick, UTC	2:16.01
3. Christina Smith, WCU	2:16.66
4. Lauren Campbell, ETSU	2:19.88
5. Smyth Bitter, Davidson	2:21.30
6. Channel Lemon, UTC	2:25.19
7. Erin Howard, Furman	2:26.30
8. Holly Bright, WCU	2:31.24

1,500 Meter Run

1. Becky Slick, UTC	4:44.87
2. Amanda Lynch, UTC	4:46.33
3. Erin Howard, Furman	4:49.25
4. Tanya Brown, ETSU	4:51.53
5. Holly Bright, WCU	4:53.63
6. Michelle Cooke, UTC	4:55.09
7. Kim Hemstreet, ETSU	4:58.93
8. Amy Doolittle, UTC	5:00.75

3,000 Meter Run

1. Catherine Berry, ETSU	9:53.10
2. Amanda Lynch, UTC	10:19.52
3. Becky Slick, UTC	10:35.17
4. Tanya Brown, ETSU	10:40.17
5. Kim Hemstreet, ETSU	10:43.61
6. Melanie Cooper, WCU	10:47.66
7. Heather Needham, ASU	10:55.82
8. Lory Gray, Furman	11:02.65

5,000 Meter Run

1. Catherine Berry, ETSU	17:14.00
2. Amanda Lynch, UTC	18:02.26
3. Jenny Warfford, WCU	18:08.29
4. Jill Braley, Furman	18:11.21
5. Andrea Davis, UTC	18:22.07
6. Christy Lee, UNCG	18:41.01
7. Gina Recher, UTC	18:51.23
8. Melanie Cooper, WCU	18:53.79

10,000 Meter Run

1. Andrea Davis, UTC	38:08.38
2. Jenny Warfford, WCU	38:22.07
3. Christy Lee, UNCG	38:54.60
4. Gina Recher, UTC	39:39.66
5. Emily Eades, Furman	39:55.57
6. Emily Furr, UNCG	40:56.74
7. Jennifer Honeycutt, ASU	41:16.65
8. Whitney Woods, WCU	41:29.83

110 Meter High Hurdles

1. Marna Moore, UTC	14.02
2. Tyleana Hanner, UTC	14.15
3. Rosalyn Hood, WCU	14.74
4. Ronetta Burgess, WCU	14.95
5. Virginia LaCombe, WCU	15.17
6. Alison Frese, UTC	15.30
7. Kristen Bowden, ASU	16.12
8. Ginger Denison, Furman	16.47

400-Meter Intermediate Hurdles

1. Rosalyn Hood, WCU	1:02.67
2. Monica Hill, Furman	1:03.32
3. Alison Frese, UTC	1:05.38
4. Ginger Denison, Furman	1:06.64
5. Peaches Hudson, CIT	1:07.12
6. Virginia LaCombe, WCU	1:07.67
7. Pearl Griggs, GSU	1:12.79
8. Markita Mackey, ASU	1:14.92

4x100-meter Relay

1. Appalachian State	47.05
2. Western Carolina	47.49
3. Furman	47.81
4. Chattanooga	50.20
5. The Citadel	50.56
6. Davidson	53.47
7. Georgia Southern	54.29

4x400-meter Relay

1. Western Carolina	3:51.14
2. Furman	3:53.72
3. Chattanooga	3:54.97
4. Appalachian State	4:00.71
5. Georgia Southern	4:04.31
6. ETSU	4:06.13
7. The Citadel	4:12.79
8. Davidson	4:18.48

High Jump

1. Anna Hutcherson, UTC	5-5
2. Virginia LaCombe, WCU	5-5
3. Alison Frese, UTC	5-3
4. Tyleana Hanner, UTC	5-3
5. Whitney Nelson, GSU	5-3
6. Karen Breeding, ETSU	5-1
7. Julie Stackhouse, Furman	4-9
Jennifer Carroll, VMI	4-9

Pole Vault

1. Valerie Jalajas, WCU	10-6
2. Page Stroup, Wofford	10-0
3. Tricia Shepard, WCU	10-0
4. Sara Searay, ASU	9-6.25
5. Altavise Franklin, WCU	9-6.25
6. Kelly Hawkins, ASU	9-6.25
7. Theresa Gilligan, ASU	8-6.25
8. Kristen Higgins, GSU	8-6.25

Long Jump

1. Tyleana Hanner, UTC	19-4
2. Rosalyn Hood, WCU	9-3.5
3. Kristen Bowden, ASU	18-10.5
4. Jacqueline Allen, GSU	18-8.5
5. Angela Pryor, ASU	18-7.25
6. Cedea Bowden, WCU	18-0.75
7. Monica Lockett, GSU	17-5.25
8. Kelia Thomas, GSU	17-4.75

Triple Jump

1. Rosalyn Hood, WCU	40-7.75
2. Kristen Bowden, ASU	40-2.25
3. Tyleana Hanner, UTC	39-8
4. Virginia LaCombe, WCU	38-11
5. Cedea Bowden, WCU	38-4.25
6. Jacqueline Allen, GSU	36-6.75
7. Yashia Wall, ASU	35-1
8. Brooke Deacon, ETSU	33-9.5

Shot Put

1. Valerie Metz, WCU	39-10.75
2. Ashely Herndon, WCU	39-5
3. Angela Vizzi, VMI	39-4.50
4. Catrina Moore, CIT	38-4.75
5. Sydney Rowland, ASU	37-10
6. La Shanna Poole, ASU	36-9.75
7. Kineta Williams, WCU	35-3.75
8. Robin Kennel, ASU	35-3.75

Discus Throw

1. Ashely Herndon, WCU	127-5
2. Valerie Metz, WCU	124-10
3. La Shanna Poole, ASU	124-6
4. Quilett Dunston, WCU	118-3
5. Kelly Sullivan, VMI	118-2
6. Misty Copas, ETSU	112-4
7. Sydney Rowland, ASU	108-6
8. Kineta Williams, WCU	106

Hammer Throw

1. Valerie Metz, WCU	163-8
2. Niki Ash, UNCG	152-5
3. Kelly Sullivan, VMI	146-11
4. Angela Myers, VMI	133-5
5. Alexis Abrams, VMI	132-1
6. La Shanna Poole, ASU	131-6
7. Carol Hamlin, CIT	124-10
8. Rolanda Malloy, ASU	120-9

Javelin Throw

1. Ashley Herndon, WCU	138-11
2. Jayna Bryant, WCU	117-3
3. Altavise Franklin, WCU	104-10
4. Rolanda Malloy, ASU	102-7
5. Carol Hamlin, CIT	100-8
6. Kathy Dollason, Wofford	99-9
7. Jennifer Etters, Wofford	88-3
8. Robin Kennel, ASU	86-9

Heptathlon

1. Virginia LaCombe, WCU	4225
2. Jayna Bryant, WCU	4090
3. Altavise Franklin, WCU	4008
4. Peaches Hudson, CIT	3894
5. Rasheeda Ghaffer, UTC	3508
6. Kelly Hawkins, ASU	3120
7. Melanie Hicks, ASU	2719

Most Outstanding Performer

Tyleana Hanner, Chattanooga

Freshman of the Year

Alison Frese, Chattanooga

Coach of the Year

Danny Williamson, Western Carolina

****NOTE**** Top three finishers in each event receive all-conference honors.

1999 Southern Conference Men's Outdoor Track & Field Championships

Team Results

1.	Western Carolina	213	6.	Chattanooga	66
2.	Appalachian State	154	7.	Furman	36
3.	VMI	121	8.	Davidson	25
4.	East Tennessee State	115	9.	Wofford	9
5.	The Citadel	70	10.	UNC Greensboro	2

MEN'S 100 METER DASH

1.	Kenyon Doyle, CIT	10.51
2.	Johnnie Morrison, WCU	10.55
3.	Jeremy Carter, WCU	10.66
4.	Kenneth White, VMI	10.70
5.	Kevin Pennycooke, ETSU	10.72
6.	Bryan Davis, WOF	10.90
7.	Aaron Wright, WCU	10.93
8.	Charvin Clark, ETSU	10.95
9.	Martin Cortese, ETSU	11.06.

MEN'S 200 METER DASH

1.	Kenyon Doyle, CIT	21.34
2.	Jeremy Carter, WCU	21.36
3.	Evan Hawkins, ETSU	21.66
4.	Kevin Pennycooke, ETSU	21.81
5.	Kenneth White, VMI	22.06
6.	Akaba Glaspie, WCU	22.41
7.	Jason McGhinnis, ASU	2.53

MEN'S 400 METER DASH

1.	Evan Hawkins, ETSU	47.85
2.	Kenneth Carmichael, VMI	48.17
3.	Keith Glenn, WCU	48.34
4.	Rob Nichols, CIT	48.86
5.	John Baldwin, UTC	49.18
6.	Derek Lemay, WCU	49.32
7.	Akaba Glaspie, WCU	49.84.

MEN'S 800 METER RUN

1.	Zack Whitmarsh, ETSU	1:51.77
2.	Nic Crider, UTC	1:53.85
3.	Dan Gibson, DAV	1:54.78
4.	Chris O'Brian, ASU	1:55.67
5.	Mitchell Jones, ETSU	1:56.01
6.	James Layne, ASU	1:56.15
7.	James Lowery, UTC	1:57.84
8.	Yurivan Der Heijden, FUR	1:58.14.

MEN'S 1,500 METER RUN

1.	Nic Crider, UTC	3:48.02
2.	Mike Leinweber, UTC	3:53.09
3.	Zack Whitmarsh, ETSU	3:56.21
4.	Dan Gibson, DAV	3:57.19;
5.	Mitchell Jones, ETSU	3:57.51
6.	James Layne, ASU	3:58.80
7.	Damiam Walsh, UTC	3:59.89
8.	Palmer Thomas, FUR	4:00.23

MEN'S 5,000 METER RUN

1.	Shane Austin, ASU	14:54.51
2.	Will Dickerson, ASU	15:01.48
3.	Rodney Stoker, UTC	15:05.97
4.	Ben Bisette, ASU	15:06.96
5.	Brent Ferrell, DAV	15:10.65
6.	Shon Grice, UTC	15:15.30
7.	Derek Murphy, ETSU	15:20.06
8.	Greg Sprowl, ETSU	15:20.98

MEN'S 10,000 METER RUN

1.	Will Dickerson, ASU	31:30.81
2.	John Welsh, ETSU	32:04.40
3.	Kyle McLean, UTC	32:54.97
4.	Brian Reinhardt, FUR	33:05.38
5.	Seth Peoples, ASU	33:18.66
6.	John Gubitosi, CIT	33:21.84
7.	Greg Sprowl, ETSU	33:22.08
8.	Robert Stephens, WCU	33:52.01

110 METER HIGH HURDLES

1.	Omari Francis, ASU	14.38
2.	Jeremy Carter, WCU	14.54
3.	Rahsaan Uldaneta, WCU	14.62
4.	Ryan Linebarger, ASU	14.75
5.	Johnny Bomar, WCU	14.99
6.	Jeffrey McKelvin, VMI	15.11
7.	Keith Sims, ASU	15.16
8.	Steve Lindsey, WOF	15.52

400 METER INT HURDLES

1.	Jon Hutchins, ETSU	52.90
2.	Kenneth Carmichael, VMI	53.06
3.	Jason McGhinnis, ASU	53.34
4.	Derek Lemay, WCU	53.58
5.	Glenn Hicks, ASU	54.43
6.	Jon Paul Bowles, FUR	55.74
7.	Johnny Bomar, WCU	55.76
8.	Ryan Linebarger, ASU	56.15

3,000 STEEPLECHASE

1.	Shon Grice, UTC	9:14.70
2.	Derek Murphy, ETSU	9:21.85
3.	Shane Austin, ASU	9:24.16
4.	Ben Bisette, ASU	9:31.19
5.	Brent Ferrell, DAV	9:39.61
6.	Jake Johnson, FUR	9:43.71
7.	Tim Briles, FUR	9:46.01
8.	Patrick Dillon, FUR	9:55.96

MEN'S 4X100 METER RELAY

1.	CIT	40.94
2.	VMI	41.64
3.	ASU	42.13
4.	FUR	43.23
5.	UTC	43.51
6.	DAV	43.72
7.	UNCG	44.62
8.	WCU	48.61
	ETSU	DQ.

MEN'S 4X400 METER RELAY

1.	ETSU	3:13.90
2.	WCU	3:14.74
3.	ASU	3:14.93
4.	CIT	3:16.46
5.	VMI	3:17.18
6.	UTC	3:22.81
7.	FUR	3:24.33
8.	DAV	3:25.42
9.	WOF	3:36.55

MEN'S HIGH JUMP

1.	Jason Farr, ETSU	6-11.50)
2.	Eric McClary, CIT	6-11.50)
3.	Tommy Mosley, WCU	6-05.50)
4.	Rob Waddington, CIT	6-05.50)
5.	Jeffrey McKelvin, VMI	6-03.50)
6.	Ben Wittkowski, ETSU	6-01.50)
7.	Scott Cargile, WCU	6-01.50)
8.	Aaron Wright, WCU	6-01.50)

MEN'S POLE VAULT

1.	Ryan Lewis, WCU	16-04.75
2.	Tim Thomas, WCU	15-07
3.	Wes Pickens, ASU	15-01
4.	Wirt Cross, VMI	15-01
5.	Charles Rice, WCU	13-11.25
6.	Zach Harris, ASU	13-05.25
7.	Ronald Hull, VMI	13-05.25
8.	Brad Berry, WCU	12-05.50

MEN'S LONG JUMP

1.	Smith Lamoytna, VMI	24-04.50
2.	Rayshon Carthen, WCU	23-11
3.	Charvin Clark, ETSU	23-08.25
4.	Jeremy Carter, WCU	7.21m
5.	Omari Francis, ASU	23-01.25
6.	Jimmy Johnson, WCU	23-00.75
7.	Damion McLean, ASU	23-0
8.	Louis Ivory, FUR	22-07.25

MEN'S TRIPLE JUMP

1.	Smith Lamoytna, VMI	14.99m
2.	Aaron Wright, WCU	48-09
3.	Jimmy Johnson, WCU	48-02
4.	Rayshon Carthen, WCU	47-07
5.	Omari Francis, ASU	46-09
6.	Scott Cargile, WCU	45-11.25
7.	Ade Artis, DAV	44-10.75
8.	Ian Chadwick, WOF	44-08.75

MEN'S SHOT PUT

1.	Phillip Johnson, WCU	51-06.50
2.	Jeb Hall, WCU	51-00.25)
3.	Sidny Brandon, VMI	49-03)
4.	Larry Brock, ASU	47-09.75
5.	Chris Stewart, FUR	46-03.50
6.	Tom Hite, ETSU	45-00.25
7.	Quentin Armstrong, CIT	45-00.25
8.	Russ Touchberry, CIT	44-03.50

MEN'S DISCUS THROW

1.	Phillip Johnson, WCU	169-03
2.	Larry Brock, ASU	156-05
3.	Jason White, VMI	146-05
4.	Jeb Hall, wcu	145-06
5.	Chris Stewart, FUR	143-04
6.	Jeff Chambers, WCU	137-05
7.	James Beverly, ETSU	135-09
8.	Russ Touchberry, CIT	135-04

MEN'S HAMMER THROW

1.	Phillip Johnson, WCU	179-03
2.	Sidny Brandon, VMI	165-06
3.	Jason White, VMI	160-01
4.	Adam Gilbert, ASU	156-02
5.	Jeff Chambers, WCU	137-11
6.	Kelly Underwood, VMI	132-06
7.	Russ Touchberry, CIT	132-01
8.	Jeb Hall, WCU	129-03

MEN'S JAVELIN THROW

1.	Philip Weismiller, VMI	187-06
2.	Kris Kut, CIT	185-10
3.	Larry Brock, ASU	182-03
4.	Dominic Liberato, VMI	178-10
5.	Tyler Milliken, FUR	170-04
6.	Tommy Woods, WOF	166-11
7.	Matt Roten, ASU	158-0)
8.	Nathan Witcamp, WOF	155-02

MEN'S DECATHLON

1.	Brad Berry, WCU	5989
2.	Daniel Duckworth, ASU	5389
3.	Martin Dickson, VMI	5332
4.	Joe Condrey, WCU	5217
5.	Josh Langley, WCU	4965

MOST OUTSTANDING PERFORMER

Phillip Johnson, Western Carolina

FRESHMAN OF THE YEAR

Kenyon Doyle, The Citadel

COACH OF THE YEAR

Danny Williamson, Western Carolina

1999 Southern Conference Women's Outdoor Track & Field Championships

Team Results

1. Western Carolina	275.5	6. Davidson	32
2. Appalachian State	191	7. VMI2	9
3. East Tennessee State	102.5	8. The Citadel	19
4. Chattanooga	94	9. Wofford	13
5. Furman	50	10. UNC Greensboro	7

100 METER DASH

1. Shonte' Pinkston, ASU	11.76
2. Angela Pryor, ASU	12.11
3. Tyleana Hanner, UTC	12.26
4. Karen Houston, ASU	12.45
5. Angela Highbaugh, FUR	12.46
6. Latrice Sales, CIT	12.47
7. Kamilah Gabriel, WCU	12.60
8. Rosalyn Hood, WCU	12.66.

5,000 METER RUN

1. Catherine Berry, ETSU	16:53.60
2. Amanda Lynch, UTC	17:18.85
3. Abby Reeder, ASU	17:20.72
4. Andrea Davis, UTC	17:33.54
5. Natalie Scruggs, UTC	18:11.11
6. Jenny Warfford, WCU	18:12.32
7. Megan Fischer, FUR	18:19.97
8. Lory Gray, FUR	18:32.68

HIGH JUMP

1. Taneisha Robinson, ETSU	5-05.75
2. Anna Hutcherson, UTC	5-03.75
2. Virginia Lacombe, WCU	5-03.75
4. Dee Mittman, WCU	5-01.75
4. Karen Breeding, ETSU	5-01.75
6. Altavise Franklin, WCU	5-01.75
7. Kirsten Bowden, ASU	5-01.75
7. Mary Engle, ASU	5-01.75

HAMMER THROW

1. Valerie Metz, WCU	142-07
2. Courtney Klitzsch, ASU	133-08
3. Angela Myers, VMI	130-04
4. Alexis Abrams, VMI	130-01
. Kelly Sullivan, VMI	126-11
6. Angela Vizzi, VMI	126-05
7. Ashley Herendon, WCU	116-11
8. Megan Gentry, CIT	111-11

200 METER DASH

1. Angela Pryor, ASU	24.55
1. Shonte' Pinkston, ASU	25.09
3. Shawnta Person, WCU	25.26
4. Tyleana Hanner, UTC	25.50
5. Angela Highbaugh, FUR	25.58
6. Jennifer Howard, ETSU	25.86
7. Roseline Addo, ETSU	26.65

10,000 METER RUN

1. Jenny Warfford, WCU	37:36.23
2. Andrea Davis, UTC	37:49.81
3. Megan Fischer, FUR	38:11.07
4. Natalie Scruggs, UTC	38:47.78
5. Dana Smith, FUR	39:03.52
6. Laura Walkup, ASU	39:32.38
7. J. Hollingsworth, UNCG	39:49.77
8. Leslie Avbel, UNCG	39:59.30

POLE VAULT

1. Valerie Jaluas, WCU	11-07.75
2. Karen Houston, ASU	10-05.50
3. Altavise Franklin, WCU	9-03.25
4. Kelly Hawkins, ASU	8-11.75
5. Lena Summers, ETSU	8-11.75
6. Page Stroup, Wofford	8-06
7. Sara Searcy, ASU	8-06
8. Virginia Lacombe, WCU	8-06

JAVELIN THROW

1. Ashley Herendon, WCU	136-05
2. Altavise Franklin, WCU	133-05
3. Yolanda Kirby, DAV	109-11
4. Kathy Dollason, WOF	100-01
5. Rolanda Malloy, ASU	94-02
6. Virginia Lacombe, WCU	92-06
7. Kate Cross, WOF	92-02
8. Carol Hamlin, CIT	88-10

400 METER DASH

1. Keeya McManus, WCU	55.46
2. Shawnta Person, WCU	55.65
3. Roseline Addo, ETSU	55.99
4. Jennifer Howard, ETSU	57.48
5. Juanita Welford, ASU	58.26
6. Maria Rivas, FUR	58.55
7. Susan Poole, ASU	59.04
8. N. Schakleford, UNCG	1:01.94

100 METER HIGH HURDLES

1. Kamilah Gabriel, WCU	14.16
2. Jamilah Sawyer, DAV	14.68
3. Erica Edmond, ETSU	14.79
4. Rosalyn Hood, WCU	15.00
5. Kirsten Bowden, ASU	15.33
6. Virginia Lacombe, WCU	15.58
7. Ginger Denison, FUR	15.83
Tyleana Hanner, UTC	DQ

LONG JUMP

1. Rosalyn Hood, WCU	19-02.50
2. Kamilah Gabriel, WCU	19-00.75
3. Tyleana Hanner, UTC	18-11.75
4. Carla McKinney, ETSU	18-10
5. Angela Pryor, ASU	18-07.75
6. Kirsten Bowden, ASU	18-03.25
7. Altavise Franklin, WCU	17-11.75
8. Angela Highbaugh, FUR	17-06.75

HEPTATHLON

1. Altavise Franklin, WCU	4292
2. Peaches Hudson, CIT	3865
3. Dee Mittman, WCU	3838
4. Jayna Bryant, WCU	3716
5. Lena Summers, ETSU	3533
6. Anna Hutcherson, UTC	3294

800 METER RUN

1. Mary Jayne Harrelson, ASU	2:07.93
2. Anne Gardner, WCU	2:10.21
3. Keeya McManus, WCU	2:11.11
4. Jennifer Croft, UTC	2:11.21
5. Smyth Bitter, DAV	2:13.89
6. Lauren Campbell, ETSU	2:16.40
7. Christina Smith, WCU	2:18.97
8. Val Urchison, ETSU	2:22.03

400 METER INT HURDLES

1. Kamilah Gabriel, WCU	1:02.16
2. Virginia Lacombe, WCU	1:03.95
3. Monica Hill, FUR	1:03.96
4. Erica Edmond, ETSU	1:05.23
5. Jamilah Sawyer, DAV	1:05.32
6. Natasha Claxton, UTC	1:06.70
7. Peaches Hudson, CIT	1:08.74
8. Ginger Denison, FUR	1:09.58

TRIPLE JUMP

1. Taneisha Robinson, ETSU	42-06.75
2. Kirsten Bowden, ASU	40-10.25
3. Tyleana Hanner, UTC	40-09
4. Kamilah Gabriel, WCU	40-08.25
5. Virginia Lacombe, WCU	38-06.75
6. Altavise Franklin, WCU	38-0
7. Dee Mittman, WCU	36-06.75
8. Mary Engle, ASU	32-10.25

1,500 METER RUN

1. Mary Jayne Harrelson, ASU	4:24.14
2. Jennifer Croft, UTC	4:26.54
3. Val Urchison, ETSU	4:31.34
4. Anne Gardner, WCU	4:38.05
5. Smyth Bitter, DAV	4:42.20
6. Jessa Brown, WCU	4:43.33
7. Karen Underwood, ASU	4:43.74
8. Holly Bright, WCU	4:47.47

4X100 METER RELAY

1. ASU	46.88
2. WCU	47.35
3. FUR	48.30
4. ETSU	48.51
5. UTC	53.68
6. CIT 5	4.38
7. UNCG	58.32
DAV	DQ

SHOT PUT

1. Valerie Metz, WCU	41-10.50
2. Ashley Herendon, WCU	40-02.25
3. Altavise Franklin, WCU	38-01.25
4. Sydney Rowland, ASU	37-02.25
5. Angela Vizzi, VMI	33-09.50
6. Mandy Stafford, WOF	32-10.25
7. Tyleana Hanner, UTC	32-09.75
8. Robin Kennel, ASU	32-04.75

3,000 METER RUN

1. Mary Jayne Harrelson, ASU	9:52.17
2. Catherine Berry, ETSU	9:54.19
3. Abby Reeder, ASU	9:58.29
4. Amanda Lynch, UTC	10:04.13
5. Lory Gray, FUR	10:34.25
6. Lucy Billingsley, DAV	10:51.43
7. Heather Needham, ASU	11:03.73
8. Corie Fuchs, ASU	11:07.19

4X400 METER RELAY

1. WCU	3:46.75
2. ASU	3:52.97
3. FUR	3:54.46
4. ETSU	3:58.98
5. UTC	4:07.19
6. DAV	4:07.57
7. VMI	4:22.13
8. UNCG	4:22.15

DISCUS THROW

1. Ashley Herendon, WCU	129-05
2. Courtney Klitzsch, ASU	119-0
3. Sydney Rowland, ASU	115-06
4. Kelly Sullivan, VMI	108-07
5. Rolanda Malloy, ASU	105-0
6. Valerie Metz, WCU	95-04
7. Robin Kennel, ASU	91-01
8. Carol Hamlin, CIT	86-01

MOST OUTSTANDING PERFORMER

Mary Jane Harrelson, Appalachian State

FRESHMAN OF THE YEAR

Ashley Herendon, Western Carolina

COACH OF THE YEAR

Danny Williamson, Western Carolina

CONFERENCE RECORDS SET: 800 Meters Mary Jane Harrelson (ASU) 2:07.93 former mark of 2:09.47 set by Harrelson in 1998 1,500 Meters Mary Jane Harrelson (ASU) 4:24.14 former record of 4:26.62 set by Harrelson in 1998 3,000 Meters Mary Jane Harrelson (ASU) 9:52.17 former record of 9:37.66 was held by Whitney Ball (ASU) in 1989 Triple Jump Taneisha Robinson (ETSU) 42'6 3/4" former record of 41'3" set by Robinson in 1998

1998 Southern Conference Men's Outdoor Track & Field Championships

Team Results

Team	Points	Team	Points
1. VMI	171	6. The Citadel	25
2. Appalachian State	125	7. Furman	22
3. East Tennessee State	116	8. Wofford	7
4. Western Carolina	107	9. Davidson	2
5. Chattanooga	45	% UNC Greensboro	NTS

Individual Results

100 Meter Dash		10,000 Meters		High Jump		Discus Throw	
1. Chris Brooks, ETSU	10.52	1. Declan Fahy, ETSU	31:25.23	1. Cory Cooper, WCU	6'08.00"	1. Phil Johnson, WCU	156'10.00"
2. Darrius Jackson, VMI	10.62	2. Collin Webster, WCU	31:30.16	2. Mike Kroeger, ASU	6'08.00"	2. Larry Brock, ASU	156'06.00"
3. Obi Ezekwe, VMI	10.65	3. Rodney Stoker, UTC	31:31.53	3. Jason Farr, ETSU	6'06.00"	3. Curtis Eason, ETSU	148'07.50"
4. Marcus Lynch, VMI	10.72	4. Joe Smith, VMI	31:32.28	4. Tyler Ashley, VMI	6'04.00"	4. Mark Spang, ETSU	148'02.00"
5. Jason McGhinnis, ASU	10.85	5. Brad Leach, ASU	31:40.22	4. Robert Waddington, CIT	6'04.00"	5. Jason White, VMI	140'04.00"
6. Leon Corpening, ASU	10.92	6. Bill Baldwin, WCU	32:00.13	6. Dan Issacs, ASU	6'02.00"	6. Tommy Woods, WOF	134'07.50"
200 Meter Dash		110 Meter Hurdles		Pole Vault		Hammer Throw	
1. Darrius Jackson, VMI	21.64	1. Joe Anwah, VMI	14.63	*^1. Todd Poremba, ASU	17'05.25"	1. Phil Johnson, WCU	178'01.00"
2. Marcus Lynch, VMI	21.74	2. Rahsaan Uldaneta, WCU	14.76	2. Jeff Fitzgerald, ASU	15'01.00"	2. John Chisolm, VMI	167'05.00"
3. Obi Ezekwe, VMI	21.84	3. Zach Harris, ASU	15.16	3. Tim Thomas, WCU	15'01.00"	3. Jordan Brandon, VMI	159'04.00"
4. Chris Brooks, ETSU	21.91	4. Steve Lindsey, WOF	15.29	4. Wirt Cross, VMI	14'07.25"	4. Adam Gilbert, ASU	158'04.50"
5. Leon Corpening, ASU	21.97	5. Chad Case, CIT	15.59	4. Errett Buis, VMI	14'07.25"	5. Jason White, VMI	145'02.00"
6. Jason McGhinnis, ASU	22.14	6. Carlton McLelland, UTC	15.96	6. Joe Condrey, WCU	14'07.25"	6. Les Gould, VMI	141'03.50"
400 Meter Dash		400 Meter Hurdles		Long Jump		Javelin Throw	
1. Warren Robertson, UTC	48.62	1. Nate Haley, VMI	53.34	1. Darrius Jackson, VMI	23'07.50"	1. Kris Kut, CIT	190'00.50"
2. John Baldwin, UTC	48.98	2. Jason McGhinnis, ASU	53.57	2. Charles Mahatha, ASU	23'04.50"	2. Phil Weismiller, VMI	176'06.00"
3. Steve Monticone, ASU	49.18	3. Randy Marion, ASU	53.67	3. Rayshon Carthen, WCU	23'03.50"	3. Tyler Milliken, FUR	171'01.50"
4. Joe Hyman, WCU	49.26	4. Glenn Hicks, ASU	55.81	4. Marcus Lynch, VMI	23'00.50"	4. Al Lester, VMI	167'04.00"
5. Evan Hawkins, ETSU	49.48	5. Johnny Bomer, WCU	56.91	5. Obi Ezekwe, VMI	22'11.00"	5. Tommy Woods, WOF	160'10.00"
6. Uche Chekwa, VMI	49.88	6. Dustin Clark, ETSU	57.01	6. Corey Williams, WCU	22'11.00"	6. Phil Johnson, WCU	145'00.00"
800 Meter Dash		Steeplechase		Triple Jump			
1. Zach Whitmarsh, ETSU	1:52.37	1. Anthony Famiglietti, ASU	9:08.06	1. Obi Ezekwe, VMI	50'00.00"		
2. Chris Wise, VMI	1:53.17	2. Declan Fahy, ETSU	9:12.90	2. Rayshon Carthen, WCU	49'09.00"		
3. Doug Gilbert, ETSU	1:53.57	3. Patrick Dillon, FUR	9:18.60	3. Derek Green, CIT	48'01.00"		
4. Andrew Lilly, CIT	1:54.54	4. Shane Austin, ASU	9:29.28	3. Jimmy Johnson, WCU	48'01.00"		
5. Andy Coker, UTC	1:54.74	5. Brian Clark, WCU	9:36.32	5. Charles Mahatha, ASU	47'09.75"		
6. Anthony Scanlon, ETSU	1:54.77	6. Turner Norris, WCU	9:40.19	6. Ernest Moss, WCU	46'03.00"		
1,500 Meter Run		4x100 Meter Relay		Shot Put			
1. Zack Whitmarsh, ETSU	3:51.11	1. VMI	40.63	1. Curtis Eason, ETSU	50'06.00"		
2. Declan Fahy, ETSU	3:51.58	2. East Tennessee State	41.76	2. Jordan Brandon, VMI	49'10.00"		
3. Yurf Vander-Heijden, FUR	3:53.12	3. Western Carolina	41.96	3. Phil Johnson, WCU	49'08.75"		
4. Mike Leinweber, UTC	3:55.78	4. Appalachian State	42.13	4. Jason White, VMI	47'05.00"		
5. Derek Murphy, ETSU	3:56.62	5. Furman	43.09	5. Mark Spang, ETSU	45'07.25"		
6. Andrew Lilly, CIT	3:56.95	6. Davidson	44.00	6. Larry Brock, ASU	45'06.00"		
5,000 Meter Run		4x400 Meter Relay					
1. Anthony Famiglietti, ASU	14:42.60	1. Appalachian State	3:16.69				
2. Rodney Stoker, UTC	14:43.74	2. East Tennessee State	3:17.05				
3. Brian Clark, WCU	14:46.34	3. Chattanooga	3:20.49				
4. Joe Smith, VMI	14:50.91	4. VMI	3:20.76				
5. Collin Webster, WCU	14:53.81	5. Furman	3:24.93				
6. Shane Austin, ASU	14:53.81	6. Davidson	3:29.40				

MOST OUTSTANDING PERFORMER
Declan Fahy, ETSU

FRESHMAN-OF-THE-YEAR
Marcus Lynch, VMI

COACH-OF-THE-YEAR
Mike Bozeman, VMI

****NOTE****

Top three finishers in each event receive all-conference honors.
Field events were converted from metric to English measurements.

%UNC Greensboro athletes compete as individuals and receive no team score

***denotes Southern Conference Record**

^denotes NCAA Provisional

1998 Southern Conference Women's Outdoor Track & Field Championships

Team Results

Team	Points		
1. Appalachian State	167	6. Davidson	14
2. Western Carolina	159	7. Wofford	8
3. Chattanooga	115	% The Citadel	NTS
4. East Tennessee State	91	% UNC Greensboro	NTS
5. Furman	34	% VMI	NTS
Team	Points		

Individual Results

100 Meter Dash		5,000 Meter Run		4x100 Meter Relay		Shot Put	
1. Shonte Pinkston, ASU	12.12	1. Anastasia Wright, UTC	17:01.79	1. Appalachian State	47.29	*1. Ayokka Green, ASU	48'01.00"
2. Karen Houston, ASU	12.39	2. Catherine Wright, UTC	17:10.37	2. Chattanooga	48.20	2. LaSha Jackson, WCU	47'01.25"
3. Angela Pryor, ASU	12.42	3. Amanda Lynch, UTC	17:19.41	3. Western Carolina	48.69	3. Valerie Metz, WCU	42'00.75"
4. Rshia Johnson, UTC	12.45	4. Mary Jane Middlekoop, UTC	17:26.08	4. Furman	48.82	4. Kelly Weaver, ETSU	40'10.50"
5. Leisa Moulton, ETSU	12.72	5. Lynn Hudson, FUR	17:32.19	5. Davidson	54.50	5. Robyn Stochunas, WCU	40'05.50"
6. Marla Hyman, WCU	12.79	6. Jenny Warford, WCU	17:41.73	6. Wofford	54.53	6. Tabatha Proffit, ASU	38'06.00"
200 Meter Dash		10,000 Meters		4x400 Meter Relay		Discus Throw	
1. Shonte Pinkston, ASU	25.01	1. Jenny Warford, WCU	37:12.65	1. Appalachian State	3:52.39	*1. Ayokka Green, ASU	152'01.00"
2. Karen Houston, ASU	25.11	2. Amanda Lynch, UTC	37:18.25	2. Western Carolina	3:56.96	2. Courtney Klitzsch, ASU	129'07.00"
3. Angela Pryor, ASU	25.34	3. Mary Jane Middlekoop, UTC	38:31.69	3. Chattanooga	4:00.40	3. LaSha Jackson, WCU	126'04.00"
4. Shawnta Person, WCU	25.58	4. Nicole Yosmali, FUR	39:35.69	4. Furman	4:00.77	4. Allison Walker, ASU	124'10.00"
5. Leisa Moulton, ETSU	26.11	5. Michelle Van Laningham, UTC	40:43.99	5. Davidson	4:14.11	5. Robyn Stochunas, WCU	124'02.00"
6. Rshia Johnson, UTC	26.18	6. Jennifer Tilley, ASU	41:36.51	6. East Tennessee State	SCR	6. Kelly Weaver, ETSU	123'01.00"
400 Meter Dash		100 Meter Hurdles		High Jump		Hammer Throw	
1. Shawnta Person, WCU	56.72	1. Kamilah Gabriel, WCU	14.80	*1. Taniesha Robinson, ETSU	5'08.00"	1. Robyn Stockhunas, WCU	154'07.00"
2. Keeya McManus, WCU	56.86	2. Jamilah Sawyer, DAV	15.00	2. Anna Hutchenson, UTC	5'06.00"	2. Ayokka Green, ASU	152'09.00"
3. Andrea Shropshire, UTC	57.99	3. Ginger Denison, FUR	15.54	3. Dee Mittman, WCU	5'06.00"	% Kelly Sullivan, VMI	140.06.00"
4. Maria Rivas, FUR	59.56	4. Dee Mitman, WCU	16.14	4. Jennifer Sluss, ETSU	5'04.00"	3. Lakeysha Lovette, WCU	139'05.50"
5. Smyth Bitter, DAV	60.26	5. Emily White, WCU	16.17	5. Mary Engle, ASU	5'02.00"	4. Danita Fletcher, ETSU	133'07.50"
6. Susan Poole, ASU	60.29	6. Crystal Turner, WCU	17.77	6. Katie Condon, FUR	5'02.00"	5. Valerie Metz, WCU	131'07.00"
800 Meter Dash		400 Meter Hurdles		Long Jump		6. Allison Walker, ASU	129'05.50"
*1. Mary Jane Harrelson, ASU	2:09.47	1. Kamilah Gabriel, WCU	64.94	1. Taniesha Robinson, ETSU	19'04.00"	Javelin Throw	
*2. Michelle Gregg, ETSU	2:09.53	2. Ginger Denison, FUR	67.71	2. Kirsten Bowden, ASU	18'00.75"	1. Christine Ziemba, ASU	123'00.00"
3. Val Urchison, ETSU	2:13.87	3. Natasha Claxton, UTC	68.45	3. Jennifer Sluss, ETSU	17'11.25"	2. LaSha Jackson, WCU	112'02.00"
4. Keeya McManus, WCU	2:15.17	4. Tami Welch, WCU	71.08	4. Angela Pryor, ASU	17'02.75"	3. Robyn Stochunas, WCU	107'06.00"
5. Abby Slack, ASU	2:15.54	5. Emily White, WCU	72.15	5. Dee Mittman, WCU	16'11.00"	4. Christine Clarke, WOF	102'08.00"
6. Cassandra Moss, UTC	2:17.14	6. Crystal Turner, WCU	73.42	6. Kamilah Gabriel, WCU	16'10.00"	5. Amy Greenwood, WOF	90'10.00"
1,500 Meter Run				Triple Jump		6. Kate Cross, WOF	87'08.50"
*1. Mary Jane Harrelson, ASU	4:26.62			*1. Taniesha Robinson, ETSU	41'03.00"		
*2. Jennifer Eckard-Kroft, UTC	4:29.59			2. Jennifer Sluss, ETSU	38'11.50"		
3. Catherine Wright, UTC	4:32.30			3. Kamilah Gabriel, WCU	38'10.25"		
4. Catherine Berry, ETSU	4:33.64			4. Kirsten Bowden, ASU	38'05.25"		
5. Val Urchison, ETSU	4:39.65			5. Dee Mittman, WCU	37'11.00"		
6. Cassandra Moss, UTC	4:40.43			6. Mary Engle, ASU	33'01.00"		
3,000 Meters							
1. Catherine Wright, UTC	9:40.35						
2. Catherine Berry, ETSU	9:50.32						
3. Anastasia Wright, UTC	9:52.46						
4. Corie Fuchs, ASU	10:29.27						
5. Emily Campbell, ETSU	10:34.27						
6. Lory Gray, FUR	10:44.72						

MOST OUTSTANDING
PERFORMER
Taneisha Robinson, ETSU

FRESHMAN-OF-THE-YEAR
Shonte Pinkston, ASU

COACH-OF-THE-YEAR
John Weaver, ASU

****NOTE****

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***denotes Southern Conference Record
% The Citadel, UNC Greensboro, VMI compete as individuals
and receive no team points**

1997 Southern Conference Men's Outdoor Track & Field Championships

Team Results

Team	Points	Team	Points
1. VMI	132.33	6. Chattanooga	44
2. Western Carolina	103	7. The Citadel	34.33
3. Marshall	102	8. Furman	15
4. Appalachian State	94.33	9. Davidson	4
5. East Tennessee State	91		

Individual Results

100 Meter Dash		5,000 Meter Run		400 Meter Relay		Discus	
1. Darrius Jackson, VMI	10.88	1. Will Dickerson, ASU	15:00.91	1. VMI	41.65	1. Philip Johnson, WCU	160'9"
2. Carlos Frank, CIT	10.99	2. Seth Peoples, ASU	15:05.20	2. Western Carolina	41.91	2. John Maynard, MAR	158'2"
3. Tobe Taylor, UTC	11.02	3. Anthony Famiglietti, ASU	15:09.61	3. East Tennessee State	42.17	3. Jason Clendenin, VMI	152'0"
4. Johnie Morrison, WCU	11.03	4. Rodney Stoker, UTC	15:16.65	4. Marshall	42.73	4. Rich Latta, ASU	144'10"
5. Corey Williams, WCU	11.14	5. Declan Fahy, ETSU	15:20.32	5. Appalachian State	42.99	5. Chris Cockerham, ASU	142'6"
6. Leon Corpening, ASU	11.87	6. John Fenton, ETSU	15:25.95	6. The Citadel	43.72	6. Vance Henry, WCU	142'4"
200 Meter Dash		10,000 Meter Run		1,600 Meter Relay		Hammer Throw	
1. James Yarborough, VMI	21.85	1. Will Dickerson, ASU	31:39.00	1. East Tennessee State	3:15.38	1. Rich Latta, ASU	194'3"
2. Darrius Jackson, VMI	21.94	2. Rodney Stoker, UTC	31:52.00	2. Marshall	3:18.63	2. Dan Hall, MAR	186'10"
3. Corey Williams, WCU	22.17	3. Seth Peoples, ASU	32:10.00	3. VMI	3:19.65	3. Jason Clendenin, VMI	184'7"
4. Akaloa Glaspie, WCU	22.34	4. Bill Baldwin, WCU	32:38.00	4. Western Carolina	3:19.66	4. Sidney Brandon, VMI	171'5"
5. Joe Allen, MAR	22.81	5. Roger Clark, ETSU	32:46.00	5. Appalachian State	3:20.52	5. Chris Botti, WCU	164'0"
6. Andre Thornton, VMI	23.66	6. Brian Clark, WCU	33:09.00	6. Furman	3:23.93	6. John Maynard, MAR	163'1"
400 Meter Dash		110 Meter Hurdles		Long Jump		Javelin	
1. Joe Restivo, MAR	48.54	1. Joe Anwah, VMI	14.67	1. Andrew Wilhite, MAR	23'8.75"	1. Kris Kut, CIT	177'4"
2. James Yarborough, VMI	48.92	2. Bernie Motte, CIT	14.85	2. Obi Ezekwe, VMI	23'4.75"	2. Tyler Milliken, FUR	175'1"
3. Joe Allen, MAR	49.04	3. William Wood, MAR	14.90	3. Floyd Johnson, MAR	22'10"	3. Demond Ferebee, VMI	169'7"
4. Steve Monticone, ASU	49.10	4. Chad Case, CIT	15.34	4. Charles Mahatha, ASU	22'10"	4. Dan Dearing, DAV	179'7"
5. Doug Gilbert, ETSU	49.24	5. Zach Harris, ASU	15.38	5. Rayshon Carthen, WCU	22'9.75"	5. Philip Johnson, WCU	167'8"
6. Randolph McCray, WCU	50.21	6. Daniel Parker, VMI	15.39	6. Corey Williams, WCU	22'6.5"	6. Brian Ballard, WCU	165'9"
800 Meter Run		400 Meter Hurdles		Triple Jump		Pole Vault	
1. Zach Whitmarsh, ETSU	1:52.49	1. Chris Upkins, UTC	53.33	1. Floyd Johnson, MAR	49'1.75"	1. Joe Condrey, WCU	14'11.5"
2. Anthony Scanlon, ETSU	1:53.03	2. Jon Hutchins, ETSU	53.87	2. Jimmy Johnson, WCU	47'7.75"	2. Tim Thomas, WCU	14'11.5"
3. Chris Wise, VMI	1:53.73	3. Nate Haley, VMI	54.37	3. Obi Ezekwe, VMI	47'2.5"	3. Dan Ritchley, MAR	14'11.5"
4. Bob Mahoney, ASU	1:56.03	4. Jason McGhinnis, ASU	54.80	4. Ernest Moss, WCU	47'2.5"	4. Wirt Cross, VMI	14'11.5"
5. Kevin Croft, UTC	1:57.57	5. Derek LeMay, WCU	54.88	5. Rayshon Carthen, WCU	46'9.5"	5. Zach Harris, ASU	14'5.5"
6. Cleven Brown, ETSU	1:59.20	6. Mike Wingler, WCU	55.22	6. Derek Green, CIT	45'22.5"	6. Chad Case, CIT	13'11.75"
1,500 Meter Run		3,000 Meter Steeplechase		High Jump		6. Paul Gray, ASU	13'11.75"
1. Anthony Scanlon, ETSU	4:00.26	1. Declan Fahy, ETSU	9:29.40	1. Ben Wittkowski, ETSU	6'8"	6. Erritt Buis, VMI	13'11.75"
2. Declan Fahy, ETSU	4:01.46	2. Anthony Famiglietti, ASU	9:29.80	2. Dan Ritchley, MAR	6'6"		
3. Mike Leinweber, UTC	4:04.00	3. Jake Johnson, FUR	9:41.90	3. Cory Cooper, WCU	6'4"		
4. Nic Crider, UTC	4:04.90	4. Shon Grice, UTC	9:44.86	4. Andrew Wilhite, MAR	6'4"		
5. Cleven Brown, ETSU	4:06.13	5. Shane Austin, ASU	9:45.65	5. Michael Kroeger, ASU	6'4"		
6. Mitchell Jones, ETSU	4:06.43	6. Collin Webster, WCU	9:51.59	6. Thomas Bock, MAR	6'4"		
				Shot Put			
				1. Jason Clendenin, VMI	55'7.75"		
				2. Derek Summerour, WCU	54'6.75"		
				3. Sidney Brandon, VMI	53'10.5"		
				4. John Maynard, MAR	53'5"		
				5. Ron Moak, CIT	50'9.5"		
				6. Rich Latta, ASU	50'2.75"		

MOST OUTSTANDING PERFORMER

Will Dickerson, Appalachian State

FRESHMAN-OF-THE-YEAR

Tim Thomas, Western Carolina

COACH-OF-THE-YEAR

Mike Bozeman, VMI

NOTE

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*denotes Southern Conference Record

1997 Southern Conference Women's Outdoor Track & Field Championships

Team Results

Team	Points	Team	Points
1. Western Carolina	165	5. Marshall	71
2. Appalachian State	118	6. Furman	43
3. Chattanooga	93	7. Davidson	7
4. East Tennessee State	91		

Individual Results

100 Meter Dash		3,000 Meter		4. Summer Ciomek, UTC 1:04.49		1. Jennifer Sluss, ETSU 5'5.75"	
1. Daree Thompson, WCU	11.94	1. Jenny Chase, ASU	10:23.63	5. Cindy Dawson, MAR	1:05.49	2. Rahma Mateen, WCU	5'3.75"
2. Reshia Johnson, UTC	12.00	2. Mary Jane Middelkoop, UTC	10:31.51	6. Lakeeva Brooks, WCU	1:06.49	3. Kendra Hornish, MAR	5'3.75"
3. Karen Houston, ASU	12.36	3. Mary Jo Ferrigan, ETSU	10:33.31	400 Meter Relay		4. Katie Condon, FUR	5'3.75"
4. Tyleana Hanner, UTC	12.46	4. Christina Olson, ASU	10:48.32	1. Chattanooga	47.05	5. Lakeeva Brooks, WCU	5'1.75"
5. Holly Arnold, ASU	12.50	5. Taylor Perin, ETSU	10:49.59	2. Western Carolina	47.18	6. Dee Mittman, WCU	5'1.75"
6. Leisa Arnold, ASU	12.66	6. Andrea Davis, UTC	10:54.93	3. Furman	49.04	Shot Put	
200 Meter Dash		5,000 Meter Run		4. East Tennessee State	49.23	1. LaSha Jackson, WCU	47'8.5"
1. Daree Thompson, WCU	24.93	1. Mary Jane Middelkoop, UTC	17:57.53	5. Marshall	54.29	2. Ayokka Green, ASU	46'10.25"
2. Salima Fountain, FUR	25.09	2. Michele Marshall, UTC	17:59.06	1,600 Meter Relay		3. Beth Reck, MAR	44'9"
3. Andrea Shropshire, UTC	25.32	3. Lynn Kepper-Hudson, FUR	18:12.04	1. East Tennessee State	3:50.19	4. Robyn Stockunas, WCU	40'8.25"
4. Shawnta Person, WCU	25.36	4. Jenny Chase, ASU	18:21.12	2. Western Carolina	3:50.29	5. Christine Ziemba, ASU	38'9.75"
5. Karen Houston, ASU	25.40	5. Christina Olson, ASU	18:36.87	3. Chattanooga	3:52.00	6. Allison Walker, ASU	37'6.5"
6. Tyleana Hanner, UTC	25.50	6. Veronica Moore, UTC	18:47.91	4. Appalachian State	3:59.58	Discus	
400 Meter Dash		10,000 Meter Run		5. Marshall	4:00.84	1. Ayokka Green, ASU	139'4"
1. Shawnta Person, WCU	55.88	1. Lynn Kepper-Hudson, FUR	37:22.78	6. Furman	4:03.91	2. Beth Reck, MAR	138'5"
2. Salima Fountain, FUR	56.28	2. Michele Marshall, UTC	38:24.08	Long Jump		3. Danielle Mall, DAV	134'0"
3. Keeya McManus, WCU	56.85	3. Veronica Moore, UTC	39:33.86	1. Taneisha Robinson, ETSU	19'0"	4. LaSha Jackson, WCU	118'5"
4. Tracie George, ETSU	57.63	4. Abby Slack, ASU	39:40.40	2. Rahma Mateen, WCU	18'11.25"	5. Robyn Stockunas, WCU	117'8"
5. Andrea Shropshire, UTC	57.91	5. Jenny Warfford, WCU	39:46.97	3. Daree Thompson, WCU	18'10"	6. Allison Walker, ASU	112'2"
6. Yabrsiel Davis, ETSU	58.42	6. Allie Curran, DAV	40:09.76	4. Tyleana Hanner, UTC	18'5.25"	Hammer Throw	
800 Meter Run		100 Meter Hurdles		5. Jennifer Sluss, ETSU	17'9"	1. *Robyn Stockunas, WCU	156'9"
1. *Mary Jayne Harrelson, ASU	2:10.69	1. Trice Roundtree, ASU	14.44	6. Tracie George, ETSU	17'7.5"	2. Lakeysha Lovette, WCU	153'6"
2. Michelle Gregg, ETSU	2:12.46	2. Adrienne Hundmeyer, MAR	14.51	Triple Jump		3. Beth Reck, MAR	143'4"
3. Emily Redman, WCU	2:14.16	3. Cindy Dawson, MAR	14.73	1. Jennifer Sluss, ETSU	39'11.5"	4. Ayokka Green, ASU	142'3"
4. Valerie Urchison, ETSU	2:15.69	4. Rahma Mateen, WCU	14.96	2. Rahma Mateen, WCU	39'5"	5. Rachel Olander, ASU	141'2"
5. Maggie Donahue, WCU	2:15.76	5. Tyleana Hanner, UTC	15.32	3. Taneisha Robinson, ETSU	39'4"	6. Allison Walker, ASU	140'6"
6. Paige Stivers, UTC	2:16.29	6. Kamilah Gabirel, WCU	15.82	4. Lisa Roberts, ASU	38'3.25"	Javelin	
1,500 Meter Run		400 Meter Hurdles		5. Kamilah Gabriel, WCU	36'11"	1. Rachel Olander, ASU	139'7"
1. Mary Jayne Harrelson, ASU	4:36.56	1. Adrienne Hundmeyer, MAR	1:03.02	6. Trice Roundtree, ASU	36'5.5"	2. LaSha Jackson, WCU	135'11"
2. Michelle Gregg, ETSU	4:38.16	2. Leona Benjamin, MAR	1:03.85	High Jump		3. Christine Ziemba, ASU	107'0"
3. Kristin Savery, WCU	4:40.47	3. Kati Pierce, MAR	1:04.35			4. Robyn Stockunas, WCU	107'0"
4. Valerie Urchison, ETSU	4:43.04					5. Rahma Mateen, WCU	99'2"
5. Jennifer Eckard, UTC	4:47.11					6. Kati Pierce, MAR	97'10"
6. Michelle Bozue, UTC	4:49.98						

MOST OUTSTANDING PERFORMER

Daree Thompson, Western Carolina

FRESHMAN-OF-THE-YEAR

Mary Jayne Harrelson, Appalachian State

COACH-OF-THE-YEAR

Danny Williamson, Western Carolina

****NOTE****

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*denotes Southern Conference Record

800 Meter Run

Hammer Throw

1996 SoCon Men's Outdoor Track Championship

Team Results

Team Finish	Points	Team Finish	Points
1. Appalachian State	138	6. UT-Chattanooga	47
2. East Tennessee	129	7. The Citadel	27
3. VMI	113	8. Furman	11
4. Western Carolina	78	9. Davidson	4
5. Marshall	73		

Individual Results

100 Meter Dash

1. Delevantie Brown, ETSU	10.66
2. Eric Gay, VMI	11.06
3. Mark Gochenour, Marshall	11.11
4. Jonathan Boyce, WCU	11.36
5. Clarence Edwards, WCU	11.48
6. Michael Lapid, ASU	11.52

200 Meter Dash

1. Delevantie Brown, ETSU	21.29
2. Robert Johnson, ASU	21.69
3. Mark Gochenour, Marshall	21.94
4. Eric Gay, VMI	22.01
5. Jonathan Boyce, WCU	22.13
6. Holm Ankoma-Sey, VMI	22.40

400 Meter Dash

1. Warren Robertson, UTC	48.53
2. Joe Restivo, Marshall	48.70
3. Albert Juan, Marshall	49.04
4. Garson Hedrick, ASU	49.35
5. Chris White, ETSU	49.42
6. Holm Ankoma-Sey, VMI	49.77

800 Meter Run

1. Zach Whitmarsh, ETSU	1:52.20
2. Casey Price, UTC	1:52.77
3. Jon Austin, ASU	1:53.44
4. Brandon Griffin, Furman	1:54.06
5. Kevin Croft, UTC	1:56.06
6. Nic Crider, UTC	1:58.51

1,500 Meter Run

1. Zach Whitmarsh, ETSU	3:58.30
2. Declan Fahy, ETSU	3:58.41
3. Chuck Margraves, UTC	3:59.12
4. Damian Walsh, UTC	4:01.51
5. Chris Huffstickler, ASU	4:02.25
6. Jud Sarver, ASU	4:02.27

5,000 Meter Run

1. Declan Fahy, ETSU	14:54.12
2. Fred Reinhardt, ETSU	14:54.28
3. Derek Murphy, ETSU	14:59.65
4. Collin Webster, WCU	15:01.81
5. Brian Clark, WCU	15:02.79
6. Jake Johnson, Furman	15:09.41

10,000 Meter Run

1. Fred Reinhardt, ETSU	31:27.37
2. Declan Fahy, ETSU	32:05.04
3. Derek Murphy, ETSU	32:05.35
4. John Fenton, ETSU	32:15.26
5. Collin Webster, WCU	32:19.56
6. Michael Murphy, Marshall	32:21.99

110 Meter Hurdles

1. Delevantie Brown, ETSU	14.40
2. Joe Anwah, VMI	14.70
3. Phil Alicea, VMI	14.89
4. Jason Gibson, ASU	14.96
5. Raymond Brewer, ASU	15.00
6. Marcus Logan, Marshall	15.45

400 Meter Hurdles

1. Joe Debose, VMI	52.77
2. Chris Upkins, UTC	52.95
3. Marcus Logan, Marshall	55.27
4. Garson Hedrick, ASU	55.66
5. Mike Wingler, WCU	57.23
6. Chad Wilson, WCU	57.42

3,000 Meter Steeplechase

1. Chris Huffstickler, ASU	9:14.04
2. Russ Sweitzer, VMI	9:22.90
3. Turner Norris, WCU	9:22.91
4. Jake Johnson, Furman	9:35.10
5. Cronan Gantley, ETSU	9:46.29
6. Brent Nicolay, ETSU	9:51.13

400 Meter Relay

1. VMI	41.55
2. Appalachian State	41.77
3. Western Carolina	41.98
4. East Tennessee State	42.52
5. Marshall	42.62
6. The Citadel	42.75

1,600 Meter Relay

1. East Tennessee State	3:13.54
2. UT-Chattanooga	3:15.99
3. VMI	3:16.36
4. Marshall	3:18.62
5. Appalachian State	3:20.27
6. Western Carolina	3:24.60

Field event results listed in meters

Long Jump

1. Darrius Jackson, VMI	7.37
2. Clarence Edwards, WCU	7.25
3. Robert Johnson, ASU	7.24
4. Donnell Brinson, WCU	6.95
5. Floyd Johnson, Marshall	6.80
6. Chad Stoneking, Marshall	6.76

Triple Jump

1. Robert Johnson, ASU	15.23
2. Jimmy Johnson, WCU	14.56
3. Floyd Johnson, Marshall	14.47
4. Andrew Wilhite, Marshall	14.07
5. Jeff Hubbard, VMI	13.72
6. Brent Taylor, VMI	13.40

High Jump

1. Robert Johnson, ASU	2.18
2. Michael Kroeger, ASU	2.03
3. Thomas Bock, Marshall	1.98
4. Cory Cooper, WCU	1.98
5. Chip Wood, Marshall	1.93
6. Jason Jackson, Furman	1.93

Shot Put

1. Ron Moak, The Citadel	16.20
2. Ryan Earley, VMI	15.91
3. Derek Summerour, WCU	15.58
4. Justin May, VMI	15.22
5. Rich Latta, ASU	15.06
6. Sidney Brandon, VMI	14.89

Discus

1. Rich Latta, ASU	45.96
2. Justin May, VMI	42.62
3. Eric Hart, ASU	42.50
4. Ryan Earley, VMI	42.16
5. Vance Henry, WCU	40.76
6. Shannon Rodden, WCU	40.40

Hammer Throw

1. Daniel Hall, Marshall	52.32
2. Tim Brock, VMI	51.60
3. Rich Latta, ASU	51.16
4. Chris Botti, WCU	48.08
5. Chris Cockerham, ASU	44.68
6. Vance Henry, WCU	43.02

Javelin

1. Scot Sanborn, The Citadel	57.68
2. Matthew Burnette, ASU	55.18
3. Jeff DeGroft, The Citadel	52.98
4. Dan Dearing, Davidson	52.18
5. Albert Juan, Marshall	50.84
6. Tyler Milliken, Furman	49.00

Pole Vault

1. Todd Poremba, ASU	4.90
2. Jarrett Foster, WCU	4.75
3. Jeff Fitzgerald, ASU	4.75
4. Erret Buis, VMI	4.45
5. Jason Stewart, ASU	4.30
6. Phil Alicea, VMI	4.30

Coach-of-the-Year: John Weaver, ASU

Outstanding Performer: Robert Johnson, ASU

Freshman-of-the-Year: Zach Whitmarsh, ETSU

1996 Women's Outdoor Track Championship

Team Results

Team Finish	Points	Team Finish	Points
1. East Tennessee State	150	5. Furman	54.5
2. Western Carolina	133.5	6. Marshall	34
3. Appalachian State	131	7. Davidson	27
4. UT-Chattanooga	55		

Individual Results

100 Meter Dash

1. Leisa Moulton, East Tennessee State	12.40
2. Nikki Harris, Appalachian State	12.40
3. Reshia Johnson, East Tennessee State	12.50
4. Trice Roundtree, Appalachian State	13.00
5. Kamilah Gabriel, Western Carolina	13.30
6. Crystal Carlton, Western Carolina	13.50

200 Meter Dash

1. Salima Fountain, Furman	24.91
2. Nikki Harris, Appalachian State	25.15
3. Tracie George, East Tennessee State	25.39
4. Leisa Moulton, East Tennessee State	25.72
5. Karen Houston, Appalachian State	25.73
6. Kendra Prather, East Tennessee State	25.91

400 Meter Dash

1. Salima Fountain, Furman	55.74
2. Shawnta Person, Western Carolina	56.34
3. Kendra Prather, East Tennessee State	57.60
3. Tracie George, East Tennessee State	57.66
5. Andrea Shropshire, UT-Chattanooga	57.73
6. Karen Houston, Appalachian State	58.23

800 Meter Run

1. Emily Redmon, Western Carolina	2:11.41
2. Michelle Gregg, East Tennessee State	2:11.62
3. Maggie Donahue, Western Carolina	2:13.11
4. Valerie Urchison, East Tennessee State	2:15.17
5. Michelle Bozue, UT-Chattanooga	2:17.28
6. Maria Stivers, UT-Chattanooga	2:21.28

1,500 Meter Run

1. Michelle Gregg, East Tennessee State	4:38.00
2. Valerie Urchison, East Tennessee State	4:40.83
3. Heather VandeBrake, Furman	4:42.24
4. Kristen Savery, Western Carolina	4:42.92
5. Jenny Chase, Appalachian State	4:44.48
6. Jennel Walby, East Tennessee State	4:50.30

3,000 Meter Run

1. Mary Jane Middlekoop, UT-Chattanooga	9:54.60
2. Heather VandeBrake, Furman	10:02.78
3. Christina Olson, Appalachian State	10:08.42
4. Jennel Walby, East Tennessee State	10:20.45
5. Kristen Savery, Western Carolina	10:26.16
6. Taylor Perin, East Tennessee State	10:35.35

5,000 Meter Run

1. Mary Jane Middlekoop, Chattanooga	17:24.46
2. Mary Jo Ferrigan, East Tennessee St	17:32.59
3. Heather VandeBrake, Furman	17:37.76
4. Christina Olson, Appalachian State	17:46.33
5. Lynn Kepper, Furman	17:55.29
6. Taylor Perin, East Tennessee State	17:59.78

10,000 Meter Run

1. Mary Jo Ferrigan, East Tennessee State	37:33.61
2. Michele Marshall, UT-Chattanooga	39:00.97
3. Lynn Kepper, Furman	39:56.02
4. Holley Cooper, Furman	40:09.78
5. Leah Moore, UT-Chattanooga	40:29.00
6. Nicole Yosmali, Furman	41:11.00

100 Meter Hurdles

1. Erica Edmond, East Tennessee State	14.70
2. Wykesha Bailey, Western Carolina	14.91
3. Rahma Mateen, Western Carolina	15.20
3. Jamil Sawyer, Davidson	15.20
5. Kendra Hornish, Marshall	16.05
6. Kamilah Gabriel, Western Carolina	16.07

400 Meter Hurdles

1. Wykesha Bailey, Western Carolina	1:04.51
2. Erica Edmond, East Tennessee State	1:05.17
3. Jodi Bailey, Marshall	1:05.49
4. Kati Pierce, Marshall	1:05.83
5. Natasha Claxton, UT-Chattanooga	1:05.87
6. Tera Pitts, Appalachian State	1:08.20

400 Meter Relay

1. East Tennessee State	47.18
2. Appalachian State	47.62
3. Davidson	51.25
4. Western Carolina	52.10

1,600 Meter Relay

1. Western Carolina	3:49.70
2. UT-Chattanooga	3:55.81
3. Appalachian State	3:59.79
4. Marshall	4:08.03
5. Davidson	4:14.04

Field event results listed in meters

Long Jump

1. Rahma Mateen, Western Carolina	5.91
2. Tracie George, East Tennessee State	5.76
3. Nikki Harris, Appalachian State	5.65
4. Audra Emery, Appalachian State	5.54
5. Lisa Roberts, Appalachian State	5.50
6. Carla McKinney, East Tennessee State	5.49

Triple Jump

1. Nikki Harris, Appalachian State	11.94
2. Rahma Mateen, Western Carolina	11.58
3. Lisa Roberts, Appalachian State	11.47
4. Jennifer Sluss, East Tennessee State	11.44
5. Trice Roundtree, Appalachian State	11.32
6. Karen Newsam, East Tennessee State	11.19

High Jump

1. Rahma Mateen, Western Carolina	1.70
2. Jennifer Sluss, East Tennessee State	1.70
3. Vanessa Sims, Davidson	1.70
4. Shalimar Folds, UT-Chattanooga	1.65
5. Kendra Hornish, Marshall	1.60
6. Lakeeva Brooks, Western Carolina	1.60
6. Katie Condon, Furman	1.60

Discus

1. Ayokka Green, UT-Chattanooga	43.20
2. Danielle Mall, Davidson	43.12
3. Allyson Blakenship, East Tennessee St	39.78
4. Meyetta Grimes, Appalachian State	39.06
5. LaSha Jackson, Western Carolina	37.16
6. Robyn Stockunas, Western Carolina	35.08

Javelin

1. Rachel Olander, Appalachian State	39.92
2. Christine Ziemba, Appalachian State	38.10
3. Erica Bahry, Appalachian State	37.94
4. Robyn Stockunas, Western Carolina	33.70
5. LaSha Jackson, Western Carolina	32.40
6. Rhoda Maron, Furman	31.88

Shot Put

1. LaSha Jackson, Western Carolina	14.58
2. Ayokka Green, UT-Chattanooga	14.01
3. Chandra Nelson, Marshall	12.40
4. Zondra Johnson, Western Carolina	11.87
5. Felicia Johnson, East Tennessee State	11.47
6. Robyn Stockunas, Western Carolina	11.18

Hammer Throw

1. Zondra Johnson, Western Carolina	29.72
2. Tabitha Proffitt, Appalachian State	27.44
3. LaSha Jackson, Western Carolina	27.20
4. Chandra Nelson, Marshall	44.04
5. Robyn Stockunas, Western Carolina	39.80
6. Allyson Blakenship, East Tennessee St	36.52

Coach-of-the-Year: Michell Byrne, East Tennessee State

Outstanding Performer: Rahma Mateen, Western Carolina

Freshman-of-the-Year: Chandra Nelson, Marshall

All-Time SoCon Men's Outdoor Track Championship Results

1923	Mississippi State	47.5	1927	Louisiana State	45		Georgia	10	1938	North Carolina	59.5			
	Louisiana State	40		Georgia Tech	44		Duke	8		Duke	50.5			
	Tennessee	14		Mississippi State	32		Tennessee	6		Maryland	44			
	Georgia Tech	13.5		North Carolina	24		Virginia Tech	5		VMI	15.5			
	Clemson	13		Auburn	21		Florida	5		Virginia Tech	14.5			
	Vanderbilt	9		Sewanee	16.5		North Carolina State	5		Washington & Lee	13			
	Virginia Tech	8		Clemson	13		Vanderbilt	4		Davidson	8.5			
	Maryland	8		Georgia	11.5		South Carolina	3.5		South Carolina	8			
	North Carolina	5		Kentucky	8		Mississippi State	3		Richmond	6.5			
	Alabama	3		Vanderbilt	5		Clemson	3		William & Mary	3			
Auburn	3	Tulane	4	Sewanee	1	North Carolina State	2							
Georgia	1					Clemson	1							
1924	NORTH		1928	Louisiana State	43.5	1932	Louisiana State	38	1939	North Carolina	65.5			
	Virginia	70		Georgia Tech	34.25		Duke	27		Duke	43			
	North Carolina	42.5		Auburn	33.75		Auburn	24		Maryland	43.5			
	Washington & Lee	33.5		North Carolina	30.75		North Carolina	23		South Carolina	22			
	VMI	31		Georgia	10		Georgia	21		Washington & Lee	22			
	North Carolina State	17.5		Mississippi State	10		Tulane	16		VMI	12			
	Maryland	9		Virginia Tech	10		Virginia	13		Richmond	7			
	Virginia Tech	7		Maryland	9		Florida	11		North Carolina State	4			
	SOUTH			Clemson	8		Georgia Tech	8		William & Mary	4			
	Mississippi State	64.5		Kentucky	8		Mississippi State	7.5		Davidson	3			
Kentucky	26.5	Vanderbilt	7	Clemson	7	Clemson	3							
Louisiana State	14.5	Tulane	6	Alabama	6.5									
Clemson	13	North Carolina State	5	Kentucky	6									
Georgia	9	Tennessee	5	Tennessee	5	1940	North Carolina	65						
Tennessee	9	Sewanee	2.75	Vanderbilt	5		Maryland	57						
Georgia Tech	8.5	Alabama	2	Virginia Tech	3		Duke	42						
Sewanee	7.5						William & Mary	14.5						
Auburn	6.5	1929	Louisiana State	35	1933		North Carolina	66	Washington & Lee	13.5				
Alabama	2		North Carolina	33			Duke	52	Richmond	11				
Mississippi	1		Auburn	28			Virginia	35.5	South Carolina	8				
			Washington & Lee	21			Clemson	17.5	North Carolina State	7				
			Georgia	20			Maryland	12.5	VMI	7				
			Mississippi State	14			South Carolina	11						
			Duke	13		Virginia Tech	10	1941	Duke	66				
			Tulane	11		VMI	9		North Carolina	59				
			Vanderbilt	10		Washington & Lee	8.5		Maryland	26				
			Tennessee	7		North Carolina State	2		Richmond	18				
		Sewanee	7			VMI	13							
		Virginia Tech	5	1934	North Carolina	69	William & Mary		10					
		North Carolina State	5				Clemson		7					
		Alabama	4		1935	North Carolina	58		Virginia Tech	7				
		South Carolina	3.5			Maryland	49.75		Washington & Lee	6				
		Clemson	3			Duke	47.5		Wake Forest	5.5				
		Georgia Tech	3			Clemson	20.25	Davidson	3					
		Kentucky	3			Virginia	19	North Carolina State	2.5					
						Washington & Lee	10	South Carolina 2						
						VMI	8							
						Virginia Tech	7	1942	North Carolina	64				
				North Carolina State		5	Duke		61.5					
				South Carolina		.5	Richmond		19.5					
				1936	Duke	67	South Carolina		19					
					North Carolina	34.5	Virginia Tech		16					
					Virginia	32	Clemson		10.5					
					Clemson	22.5	North Carolina State		10					
					Virginia Tech	20.5	Davidson		9					
					Maryland	18.5	William & Mary		9					
					VMI	18	Maryland	6						
					1937	Duke	78	1943	North Carolina	77.5				
						North Carolina	39.5		VMI	44.5				
				VMI		25	Duke		41					
				Maryland		22	South Carolina		15.5					
				Washington & Lee		11	William & Mary		15.5					
				Virginia Tech		9	Davidson		12					
				South Carolina		6	North Carolina State		10					
				Clemson		4.5	Clemson		9					
				North Carolina State		1								
1926	North Carolina	23.5	1930	North Carolina	40.5									
	Virginia	18.5		Georgia	28		Virginia Tech	7		North Carolina	64			
	Louisiana State	17		Mississippi State	25		North Carolina State	5		Duke	61.5			
	Clemson	15		Tulane	23		South Carolina	.5		Richmond	19.5			
	Auburn	13		Auburn	18									
	Kentucky	12.5		Louisiana State	18		1936	Duke		67	South Carolina	19		
	Maryland	12		Tennessee	16.5			North Carolina		34.5	Virginia Tech	16		
	Virginia Tech	8		North Carolina State	14			Virginia		32	Clemson	10.5		
	Georgia Tech	6.5		Georgia Tech	13			Clemson		22.5	North Carolina State	10		
	VMI	6		Alabama	10			Virginia Tech		20.5	Davidson	9		
	Georgia	5.5		Vanderbilt	7			Maryland		18.5	William & Mary	9		
	North Carolina State	5		Maryland	5			VMI		18	Maryland	6		
	Alabama	5		Kentucky	4									
	Vanderbilt	5		Duke	2			1937		Duke	78	1943	North Carolina	77.5
	Mississippi State	4								North Carolina	39.5		VMI	44.5
	Tulane	3		1931	Tulane		31			VMI	25		Duke	41
	Sewanee	3			Virginia		29			Maryland	22		South Carolina	15.5
	Tennessee	1.5			Alabama		28.5			Washington & Lee	11		William & Mary	15.5
Washington & Lee	1	North Carolina	25.5		Virginia Tech	9	Davidson		12					
		VMI	18		South Carolina	6	North Carolina State		10					
		Auburn	14.5		Clemson	4.5	Clemson		9					
		Louisiana State	13		North Carolina State	1								
		Kentucky	13											

All-Time SoCon Men's Outdoor Track Championship Results

1946	Duke	76	1953	Maryland	58.5	1962	Furman	72.67	1970	William & Mary	114
	North Carolina	57		Duke	41.5		The Citadel	57.5		East Carolina	79
	Maryland	26		North Carolina	41		William & Mary	36		Richmond	49
	VMI	20		Virginia Tech	27		West Virginia	24.33		Furman	25
	South Carolina	19.5		VMI	14		VMI	18.5		The Citadel	16
	William & Mary	15		South Carolina	10		Virginia Tech	16		VMI	9
	North Carolina State	9.5		North Carolina State	9		Davidson	8		Davidson	6
	Clemson	2		West Virginia	8		Richmond	7			
				Richmond	5.5				1971	William & Mary	101
1947	North Carolina	83		Clemson	4.5	1963	Furman	70		East Carolina	78
	Duke	42		Davidson	2		The Citadel	51		Furman	68
	Maryland	26.5		Furman	2		West Virginia	36		The Citadel	19
	North Carolina State	26		Washington & Lee	1		VMI	32		Richmond	17
	VMI	16					William & Mary	19		VMI	11
1948	North Carolina	55.5	1954	VMI	59		Davidson	12		Davidson	10
	Maryland	44		Virginia Tech	42		Virginia Tech	10	1972	William & Mary	108
	Duke	41		West Virginia	30		Richmond	5		East Carolina	73
	North Carolina State	31		Richmond	17	1964	West Virginia	56.5		Furman	54
	South Carolina	14		Furman	13		Furman	44.5		Richmond	44
	VMI	13		Washington & Lee	10		The Citadel	41.33		Davidson	16
	Clemson	9		Davidson	8		VMI	38		The Citadel	13
	VMI	7	1955	VMI	67		William & Mary	27.33		VMI	12
	Furman	5		William & Mary	50		Virginia Tech	27	1973	William & Mary	118.83
	Richmond	3		Virginia Tech	41		Davidson	17.33		East Carolina	97.33
	Washington & Lee	3		West Virginia	26		Richmond	3		Furman	53
	William & Mary	1		Richmond	19	1965	Furman	67		Richmond	18.5
1949	North Carolina	75		Furman	17		West Virginia	51		Appalachian State	16
	Duke	47.5		Washington & Lee	9		VMI	32		VMI	6
	Maryland	45		Davidson	8		The Citadel	28		Davidson	5.33
	Virginia Tech	22	1956	Virginia Tech	67		William & Mary	23		The Citadel	5
	William & Mary	10		VMI	55.5		Virginia Tech	18	1974	William & Mary	209
	VMI	8		West Virginia	38		Davidson	18		East Carolina	167
	Clemson	5.5		The Citadel	29		Richmond	17		Furman	119
	Furman	4		Furman	22	1966	William & Mary	71		Richmond	54
	Davidson	4		Davidson	13		The Citadel	41		The Citadel	25
	North Carolina State	2		Washington & Lee	9		West Virginia	35		VMI	20
	South Carolina	2		Richmond	6		Richmond	35		Appalachian State	18
1950	North Carolina	74	1957	William & Mary	70		Furman	34		Davidson	8
	Duke	48		Virginia Tech	48.75		East Carolina	9	1975	William & Mary	
	Maryland	36		VMI	33.75	1967	Davidson	1	1976	East Carolina	
	North Carolina State	24		West Virginia	22		William & Mary	77		East Carolina	128
	Virginia Tech	15		Davidson	22.25		VMI	48		Furman	125
	South Carolina	11		Richmond	18.25		Richmond	40	1977	East Carolina	128
	William & Mary	7		Washington & Lee	5		West Virginia	31		Furman	125
	Davidson	4		The Citadel	4		Furman	29		VMI	84.33
	Clemson	3		Furman	2		The Citadel	23		William & Mary	82
	VMI	2	1958	William & Mary			East Carolina	22		Marshall	73
1951	Maryland	63					Davidson	0		Appalachian State	67.67
	North Carolina	57	1959	The Citadel		1968	William & Mary	124.5		Western Carolina	32
	Duke	40					The Citadel	30		The Citadel	21
	North Carolina State	22	1960	The Citadel	64		East Carolina	30		Davidson	6
	VMI	17		West Virginia	52		Furman	28	1978	VMI	187
	South Carolina	13.5		Furman	45		Richmond	26		Appalachian State	116
	Clemson	10.5		William & Mary	24		West Virginia	23		Marshall	106
	Davidson	8		Richmond	13		VMI	17.5		Furman	75
	Furman	4		VMI	10		Davidson	9		Western Carolina	44
	William & Mary	3		Virginia Tech	7	1969	William & Mary	105		Davidson	43
1952	Maryland	57.5	1961	The Citadel	68		East Carolina	54		The Citadel	35
	Duke	46		Furman	55		The Citadel	44		UT-Chattanooga	13
	North Carolina	37.5		West Virginia	27		Furman	36	1979	VMI	188
	Virginia Tech	27		William & Mary	24		Davidson	23		East Tennessee	133
	VMI	21.5		VMI	15		Richmond	22		Appalachian State	123.5
	West Virginia	15		Virginia Tech	9.5		VMI	3		Marshall	73
	North Carolina State	13		Richmond	4.5					The Citadel	42.5
	South Carolina	4								Western Carolina	23
	Washington & Lee	2.5								Furman	22
	Davidson	1								Davidson	13

All-Time SoCon Men's Outdoor Track Championship Results

1980	Appalachian State	137	1987	Appalachian State	185	1995	Appalachian State	131	2002	Appalachian State	224
	East Tennessee	132		VMI	121.5		VMI	119		Western Carolina	188
	VMI	125		Marshall	106		Western Carolina	107		VMI	112.5
	Marshall	82.5		Western Carolina	79.5		East Tennessee	104		The Citadel	83.5
	Western Carolina	55		The Citadel	59		Marshall	84		East Tennessee State	63
	Furman	51		Furman	34		UT-Chattanooga	58		Chattanooga	61
	The Citadel	34.5		East Tennessee	32		Furman	8		Davidson	31
	Davidson	3		UT-Chattanooga	2		Davidson	6		Furman	27
	UT-Chattanooga	0		Davidson	1		The Citadel	2		Wofford	16
1981	VMI	161	1988	Appalachian State	263	1996	Appalachian State	138	2003	Appalachian State	229
	Appalachian State	106		Marshall	107		East Tennessee	129		Western Carolina	178
	East Tennessee	103		Western Carolina	61		VMI	113		Chattanooga	100
	Furman	82		East Tennessee	59		Western Carolina	78		VMI	97.5
	Marshall	72		UT-Chattanooga	33		Marshall	73		The Citadel	70.5
	Western Carolina	42		Furman	20		UT-Chattanooga	47		East Tennessee State	47.5
	The Citadel	41		Davidson	7		The Citadel	27		Furman	38.5
	Davidson	9					Furman	11		Wofford	38
	UT-Chattanooga	1	1989	Appalachian State	180		Davidson	4		Davidson	19
1982	VMI	158		VMI	118	1997	VMI	132.33	2004	Appalachian State	246.5
	Appalachian State	155		East Tennessee	110		Western Carolina	103		Western Carolina	229.5
	East Tennessee	121		Western Carolina	74		Marshall	102		Chattanooga	90
	Furman	46		The Citadel	65		Appalachian State	94.33		The Citadel	63
	The Citadel	42		Marshall	58		East Tennessee State	91		East Tennessee State	53
	Marshall	42		Furman	12		Chattanooga	44		Furman	53
	Western Carolina	38		UT-Chattanooga	3		The Citadel	34.33		Wofford	34
	Davidson	17	1990	VMI	144		Furman	15		Davidson	26
	UT-Chattanooga	0		Appalachian State	124		Davidson	4		UNC Greensboro	19
1983	VMI	174		Western Carolina	99	1998	VMI	171	2005	Appalachian State	292.5
	Appalachian State	152		East Tennessee	92		Appalachian State	125		Western Carolina	250.5
	East Tennessee	99		The Citadel	80		East Tennessee State	116		Chattanooga	57
	Marshall	61		Marshall	54		Western Carolina	107		The Citadel	48
	Furman	45		Furman	20		Chattanooga	45		East Tennessee State	45
	Western Carolina	42		UT-Chattanooga	3		The Citadel	25		Furman	33
	The Citadel	38	1991	VMI	203		Furman	22		Wofford	30
	Davidson	6		Appalachian State	127		Wofford	7		Davidson	28
1984	Appalachian State	201.5		Western Carolina	80		Davidson	2		UNC Greensboro	26
	VMI	127		Marshall	78	1999	UNC Greensboro	NTS	2006	Western Carolina	258.5
	East Tennessee	82		East Tennessee	68		Western Carolina	213		Appalachian State	244.5
	Western Carolina	78		The Citadel	39		Appalachian State	154		Davidson	84
	The Citadel	61		Furman	21		VMI	121		The Citadel	77
	Marshall	48.5		UT-Chattanooga	3		East Tennessee State	115		Furman	58
	Furman	20	1992	Appalachian State	161		The Citadel	70		Chattanooga	51
	Davidson	2		Marshall	143.5		Chattanooga	66		Wofford	18
1985	Appalachian State	151		Western Carolina	98		Furman	36			
	Western Carolina	124		VMI	86		Davidson	25			
	VMI	100		East Tennessee	77.5		Wofford	9			
	The Citadel	78		Furman	28		UNC Greensboro	2			
	East Tennessee	70		The Citadel	20	2000	VMI	217			
	Marshall	48		Davidson	11		Western Carolina	182			
	Furman	28	1993	Appalachian State	140.5		Appalachian State	145			
	Davidson	18		VMI	116		The Citadel	68			
1986	Appalachian State	154		East Tennessee	109		ETSU	67			
	VMI	137		Western Carolina	69.5		Chattanooga	51			
	Marshall	105		Marshall	63.5		Furman	46			
	The Citadel	94		The Citadel	40		Davidson	27			
	East Tennessee	55		Furman	35.5		Wofford	5			
	Western Carolina	42.5		Davidson	6		UNCG	3			
	Furman	25	1994	VMI	131	2001	Appalachian State	221			
	Davidson	7.5		Appalachian State	130		Western Carolina	156			
				East Tennessee	108		VMI	155			
				Western Carolina	99		The Citadel	81			
				Marshall	84		East Tennessee State	79			
				UT-Chattanooga	39		Chattanooga	75			
				The Citadel	15		Furman	25			
				Furman	13		Davidson	14			
				Davidson	1		UNC Greensboro	6			
							Wofford	1			

All-Time SoCon Women's Outdoor Track Championship Results

1987	Appalachian State	271.5	1996	East Tennessee State	150	2002	Appalachian State	216
	East Tennessee	133.5		Western Carolina	133.5		Western Carolina	201.5
	Marshall	112		Appalachian State	131		Georgia Southern	122
	Furman	13		Chattanooga	55		Chattanooga	100.5
	Western Carolina	10		Furman	54.5		East Tennessee State	79
	UT-Chattanooga	8		Marshall	34		Furman	35
	Davidson	1		Davidson	27		UNC Greensboro	23
							The Citadel	18
1988	Appalachian State	263	1997	Western Carolina	165		VMI	17
	Marshall	107		Appalachian State	118		Davidson	4
	Western Carolina	61		Chattanooga	93	2003	Appalachian State	230
	East Tennessee	59		East Tennessee State	91		Georgia Southern	154
	Chattanooga	33		Marshall	71		Chattanooga	153
	Furman	20		Furman	43		Western Carolina	111
	Davidson	7		Davidson	7		East Tennessee State	67
1989	Appalachian State	255	1998	Appalachian State	167		VMI	31
	East Tennessee	130		Western Carolina	159		Furman	21
	Marshall	82		Chattanooga	115		College of Charleston	17
	Chattanooga	52		East Tennessee State	91		The Citadel	10
	Western Carolina	23		Furman	34		Davidson	9
	Furman	13		Davidson	14		UNC Greensboro	9
1990	Appalachian State	275		Wofford	8		Wofford	2
	Marshall	112		*The Citadel	NTS	2004	Appalachian State	231.5
	Western Carolina	80		*UNC Greensboro	NTS		Georgia Southern	172
	East Tennessee	40		*VMI	NTS		Chattanooga	124
	Furman	29		*The Citadel, UNC Greensboro and			Western Carolina	110.5
	Chattanooga	21		VMI competed as individuals and			East Tennessee State	60
				received no team points			College of Charleston	30
1991	Appalachian State	256	1999	Western Carolina	275.5		Elon	29
	Western Carolina	121		Appalachian State	191		Furman	26.5
	Marshall	80		East Tennessee State	102.5		Davidson	13.5
	Chattanooga	43		Chattanooga	94		Wofford	11
	Furman	34		Furman	50		UNC Greensboro	6
	East Tennessee	20		Davidson	32		The Citadel	5
1992	Appalachian State	258		VMI	29	2005	Appalachian State	207.5
	Western Carolina	108		The Citadel	19		Georgia Southern	199
	Marshall	65		Wofford	13		Western Carolina	155
	Furman	53		UNC Greensboro	7		Chattanooga	91
	East Tennessee	52	2000	Western Carolina	250		East Tennessee State	52
	Chattanooga	14		Chattanooga	191		Furman	33
	Davidson	14		Appalachian State	106		Elon	28
1993	Appalachian State	218		ETSU	77		College of Charleston	21.5
	Western Carolina	151		Furman	68.5		The Citadel	18
	Furman	93		Georgia Southern	31		Wofford	8
	East Tennessee	47		The Citadel	27		Davidson	4
	Marshall	38		VMI	26.5		UNC Greensboro	0
	Davidson	7		UNC Greensboro	20	2006	Appalachian State	197.5
	Chattanooga	4		Wofford	12		Georgia Southern	182.5
1994	Appalachian State	189		Davidson	8		Western Carolina	144
	Western Carolina	124	2001	Western Carolina	230.50		Chattanooga	79
	Furman	94		Appalachian State	170		Elon	55
	East Tennessee	62		Chattanooga	144		The Citadel	48
	Marshall	49		Georgia Southern	81		Furman	40
	Chattanooga	36		Furman	64		Davidson	39
	Davidson	4		East Tennessee State	58		College of Charleston	20
1995	Appalachian State	148		VMI	30.5		Wofford	10
	East Tennessee	133		Davidson	22		UNC Greensboro	2
	Western Carolina	122		The Citadel	13			
	Furman	73		UNC Greensboro	5			
	Chattanooga	42						
	Marshall	28.67						
	Davidson	11.33						